

Our

## Personal Responsibility

for Living and Fulfilling Sahome





## Welcomes all of you to a Gallant Future



Our job, is the full development of the goodness in our life. To create this Gallant Future, here and now, here are some essential validities that will bring great credibility into our lives:

### Validities to Live By

- We shall live and/or acknowledge the fullest, finest truths from whatever source or resource.
- We shall live and practice moral virtues and values.
- We shall live the certainty of god's defining love.
- · We shall not defile ourself nor another.
- We shall uphold all things in righteousness.
- We shall do our own overcoming, correct our own weaknesses, and be accountable and responsible to improve our own conduct.
- We shall transcend, upend and end all ruin and abuse.
- We shall impart of our spirit and substance to unburden others and work to benefit the suffering and the poor.
- We shall nurture the independence, defend the rights and safety, and respect the freedom of choice of each and every person.
- We shall walk softly upon the earth and care for all living systems.

By living these validities we can construct a bright and Gallant Future because these form the noble quest for that noble future.

### **Flourishing**



is Building upon
Love and Mercy and Honor
to enoble
the human family
to become
as one.



### LIVE

We're only as big as our biggest reality,
So let's build upon our strengths,
Integrate, fathom, attune all aspects of
personal responsibility.
Live synchronicity.
Turn vulnerability into viability.
Turn desperation into elevation.
Turn love into compassion and gentleness.
Understanding and action are the same thing.
No longer entertain those thoughts which have
no intention of receiving discipline.

Don't Bust Self-Trust



## Life Emergence with Sahome

Sahome seeks and speaks to our common humanity.

- We do want things to come together...
- We do want things to work out...
- We do want things to make sense...
- We do want things to add up...
- We do want each of us to get it together, and share it all together.

Sahome is about making sense of it all.

Sahome is concise advice:

- Veracity is behind velocity, so let our impetus reflect integrity.
- Add to proficiency not delinquency.
- Enable each life, as being of infinite value, to be more complete.
- Help each life to become value added.

Sahome fosters structure based upon six core values known as the Diadictum of Equilibrium:

- No Tyranny
- Full Participation
- Profound Reverence and Respect
- · The Democratic Ideal
- · Human Rights
- The Free Enterprise System



May we, as a human family, live these six core values, resulting in constructive attitudes of mutual cooperation and usefullness, as realized in these words: 'I help thee and thee help me and we ascend together'.

### To that end...

Sahome nurtures us, with mutual love, mutual mercy and mutual honor, so that life holds promise and greater compassion and less stress and resentments.

Sahome wants greater opportunity for each of us, so that we are more able, and willing, to reach our full potential, individually and collectively.

"The great sadness in this world is the sadness of unrealized human potential."

## Sahome upholds competence, and self reliance.

"The work of the world is accomplished in specifics!"

Let us, all, create a better world...

- By showing the breadth of spirit to reflect graciousness, blessedness and thoughtfulness.
- By being emissaries of carefulness, helpfulness and goodness.
- By being magnanimous and generous.

May we work to bring about the greater good, to enhance the common good, worldwide.

We wish everyone Sahome

### The 7 Axes of Action

What will strengthen and lead the Arc of History to exalted heights? May we be quick studies, quick learners, receptive, responsive, and remembering of these Seven (7) Axes for Appropriate Action: they are:

- Education
- Supplication
- Accommodation
- Integration

- Acclamation
- Remediation
- Consolidation

#### **Education**

We all need to be aware of and educate ourselves to resist the co-morbid disorders of Disparagement and Dishonor. Knowing about these detractors is critical knowledge. If we don't resist the ruthless, reckless, hell-bent destructive forces that pronounce violence as an easy way out, it will shunt us downward, away from peace and order. Peace will only be achieved and maintained by being level-headed, over time. By us defending ethical values, loyalty to human decency and a keen commitment to Progressive Principles can we inform ourselves of a better tomorrow. In a better world, we are to be our brother's keeper. This high summons is to be the rung Number One on the Maturation Ladder leading us to moral maturity. We must teach it, with every subject, in school. The Arts and the Sciences need to educate us, through their mediums of expression, that the worth of souls is great. Education, built upon the refinement of human character, is what is needed to debunk the despicable, the reprehensible, and the derangements that usurp our attention in much of our discourse.

We must educate ourselves, to supplant the voracious curiosity for carnage, by a delight and fascination for the wonders of beauty and human excellence mirrored by the brilliance of our natural world, and found in peoples' lives and endeavors across the world. May we enshrine the human right of individual self determination, in progressive principled education and health care held sacred within democratic institutions world wide

### Supplication

We are responsible for the sanctity of the moment. On that high plain of self assertion and mutual assistance, we can enjoy true self empowerment. We can be spirited forward, through coassistance, to foster gracious public assistance. Our life will be more replete as we bring more edification to all those around us! Let us share courtesy and mutual respect! May we be quick to confess and forsake our wrong doings. Being repentant, correctable, teachable, receptive to admonition and adjustment is critical to achieving the critical mass for the forward momentum, in our society.

Because it takes a longer time to recognize the good in things, sometimes the bad in things takes precedence in our attention. But, "by their fruits ye shall know them". And on the way to bearing fruit, let us key our attention to the multiple indications which signal the wholesome formation and production of good fruit. Signs follow those who believer and who live the fullest finest truths that they can find, from what ever source or resource. Thereby, anyone can be bonded to best practices and best results. Persistence is pertinent. Absent-mindedness is not sufficient. Only supplication, listening, learning and fervently applying ourselves to the truth, in all it's splendor, will win out victorious.

#### Accommodation

The accommodations, that we are intended to make, are to turn extenuation, in which we are lessened, diminished and weakened, into self and mutual perpetuation. We need to develop qualities that preserve our integrity and sanctity so that we don't go down the dead ends of oblivion. We all need to accommodate ourselves to the great moral teachings and ethical standards and principles of good conduct which safeguard the dignity of human life. We are to live a plaintive compassion for all life. It is: "I help thee and thee help me and we ascend together". Life is to be saved and not expended haphazzardly, and to aspire with righteous desire, not expire. We need to help one another to be inspired to live more transcendence in every circumstance. We should not take one another for granted. When we are willing to take turns, and share best returns, international peace and order, thereby, can prevail.

#### Social Acclimation

We stylize our lives and form our relationships in response to, and as a result of, our limitations. How we reconcile ourselves to our short-comings; how we make peace with our failings, frailties and fallbacks will determine, in large measure, our mental equilibrium and spiritual health. We are to learn from our deficits, rise above our mistakes, turn our weaknesses and deficiencies into our wisdom, our humility, our empathy for other's sorrows, suffering, and struggles. We are to turn lemons into lemonade, coal into diamonds, and the dreary dredge into ultimate revitalization that surmounts any carnage and sacrilege with remediation. That will become our social vindication.

### Remediation

We are to be forgiving and forbearing with ourselves and others. As it has been so aptly observed: there can be no healing without pardon. The essence of Progress in the universe is by redemption. Each of us needs remediation and all that that implies. We are, all, meant to be salvaged. Self honesty is the antidote to addiction and desecration because it affords us an opportunity to do 'the fearless moral inventory.' Any step forward into the realm of decency, cleanliness, integrity, and compassion is a major step in the right direction. As long as we make right choices, we progress. Let our resolve resist rot and ruin. Let our

intentions be toward moral acceleration. We don't want to ensnare our own souls. Intentional self-destruction and ruthlessness against ourselves or others, is to deny our destiny with Deity. Let us be giving and forgiving.

Doing things that sabotage our own awareness of goodness can be self-defeating and self-defiling. Anything taken to hurtful extremes, can become our own worst enemy. We can be duped, if we have stooped to being our lesser self.

We can be preyed upon by Pseudo-medical testimonials and easy access to pill mills, to overly rely upon quick cures that don't involve much effort. But to become connected to ourselves with real engagement comes through self-discipline, brought about by that inner dialogue, over what is Good for us, and what Good does for us.

#### Consolidation

The accomplishment is balance: A holistic approach. It will encompass all four quadrants of human transformation: Physical health, emotional health, mental health and spiritual health. As these are combined within the four quadrants of human aspiration which are: True perspective and balance (physical health), Ultimate Belonging (Emotional health), Self-success (Mental Health), Moral maturity (Spiritual health); our lives are transformed from carnal reliance into moral compliance. When we abide good laws of health, we bask in being clean and sober, clean and virtuous, clean and tidy. We are bonded to physical and spiritual benefits. Checks and balances takes on a new meaning as we live more circumspect. We handle our decisions better. Our Freedoms, thereby, increase. The great spiritual summons comes true within us: "Abide ye in the liberty wherein ye are made free". Self-integration is the challenge of our lives. It may be realized by many random attempts. It may come by the repeated expansion and contraction of consciousness; but it does come. Sometimes we have to lose something in order to find

ourselves. That's one of the unwritten laws of the human condition. The lessons of life are learned against suffering and resistance. We have all done a lot of growing, growing up, and that is our birthright. Let us not subvert it or be undone or diverted from it.

Lust becomes ludicrous if it lies in wait to destroy us. Anything that cheats, tricks, or robs us of our better selves can be self-defiling and self-demoralizing. However, if we weren't allowed to make mistakes in this world, we wouldn't be allowed to make progress. All that is required of us, is that we learn from our downfalls and deficiencies and grow stronger, more tolerant and empathetic, of others in their sorrows and setbacks, and then become better. The best revenge is to turn our stunningly magnificent.

These Seven Axes become the 7 plebiscites for pluralism in a complex world.

This is the vision of Sahome!

## By Taking Sahome to heart...

## The victory in this world is the victory of virtue.

We aspire to live the fullest finest truths and norms from whatever source or resource.

We wish to enlarge our thinking to include everyone's best good and benefit on an equal parity with our own... that is our narrative together.

We want to instill peace, to counter the world weariness over war and conflict, which devours precious finite resources and human capital, in a sad bad way, that shrinks our national net worth and constrains peace and prosperity world wide. We do this by not terrorizing anyone.

We emphasize honorable self-direction and a culture of noncoercion and nonviolence

We respond, hopefully and earnestly, to meet the needs and foster the potential for goodness within all people. "The great sadness in this world is the sadness of unrealized human potential."

We nurture a regard for all life that reflects well on the majesty of creation.

We empower us, all, to ask Life's two great questions:

Who and What will I serve with my life?

What will I do, desire and believe with my life?

We want to minimize the recklessness, waste and ruin caused by violence. Let us not bring any regret upon our lives. May we deal justly and considerately with those around us, believing in one another's basic goodness.

Through Sahome, we are shaping the finest beginning for creating lasting friendship, by instantly regarding one another as friends, and mentors.

Because we live in a world of conflict, a dangerous world of escalation and retaliation, needing solutions, our job is to curb hostilities and turn hostility-makers into peacemakers. May we be fully engaged, in bringing peace to the earth!

## The Hope of Sahome

Sahome honors human potential, embodied in everyone's right, to achieve self-emergence and convergence with the Divine Nature, the Divine Consciousness, and the Divine Plan; which is to become the full realization and optimization of the human soul. It involves Love, Virtue, and Self-Mastery growing into full personhood.

Thereby, Sahome is creating a hopeful Futurity Foundation of Foresight, mutual fostering, and a shared faith, as a part of our public life, that espouses moral maturity. Through Sahome we are imagining a future of altruistic peace for our planet Earth...All of us, to be included.

And it will take us all to prevent provocations, irritations, and violations; so we don't and won't hinder other people's good deeds and good intentions, by any skepticisms, or hurtful intentions.

We strongly believe in one another's inherent goodness and admirableness.

The light of truth is the light we follow. We enhance light direction, light correction, light connection because we are beings of light. We carry light, and we give out light. Light gives sight. Light prepares and preserves excellence. We reward excellence by honoring it and sharing a devotion to it. We build excellence through education, through the examples of good lives, will lived, and by the unabashed optimism, passion, and positive outcomes engendered by the founders of our notable faith paths, sciences, and social commentaries throughout the ages. We now build upon their invaluable contributions to our lives.

Because we love things to go right, we are excellence waiting to happen - waiting to be attained - excellence waiting to be attended to, by all of us.

Our future will be determined by the honorable advantages we seek to create and make secure for one another. If we pursue our advantages too annoyingly, abominably, abysmally; only hurt and hazard will happen. But if we pursue everyone's advantages, and seek them amicably, amiably, and ardently, we will enjoy best outcomes with the best explanations. Yes, we will need to recoup and regroup, to some extent, continually. But, more and more, we will not succumb to delay or to being stunted, stilted, or stymied. We will move from curtailment, ailment and derailment into greater self-realization, without impairment. Our joint preservation, and optimization will not be reduced by self-entrapment, resentments, discouragement, abandonment, or estrangement.

We don't want to mar our future or lose our advantage in the end. WE want everyone's best good and best benefit to be fully realized.

P.S. We were begotten with Promise! We were made for Progress!

As we increase in knowledge, understanding, and appreciation, each of our lives will be helpful and benefiting to those around us. We have so much to offer each other in human skill and insight. May we treasure the depth of meaning and gracious sweetness that is imbued through understanding one another.

We are magnificently made and wondrously formulated to fathom the complexities and subtleties all around us.

We belong to one another and were meant to help exalt one another through the refining of our moral character. May we offer that gift of lofty moral character, to every other one of us, in order to maximize our delight in life.

Excel, Do Well!

## So Then, What are Sahome's Final Objectives?

- 1. Sahome's final objectives are to create a panoply of peace, to be enjoyed by all peoples.
- 2. Sahome wishes to create a cooperative mingling of all peoples, with all noble concepts in the pursuit of all Truth.
- 3. Sahome strives after a receptiveness to total clarity of goodness.
- 4. Sahome loves what virtue can do.
- 5. Sahome enjoys what justice and mercy look like, and move forward to, in their compassionate forms.
- 6. Sahome is ultimately the pursuit of moral maturity becoming consummate belonging, fostering world peace.
- 7. Sahome is feeling at home with all majesty and all the saving graces; by living the sanctified life!
- 8. Sahome wants to spread kindred love across the world!
- 9. Sahome wants everyone to realize and achieve their finest hope, dreams, and aspirations.
- 10. Sahome wants us, all, to live by the light of intuitive illumination, which is the light of beauty within our heart and mind.

So, let us inquire, desire, aspire, and inspire us, all, to share the fire of the Hope of Sahome!

# May We Live the Power of Love! This is Why We Love:

- Love is the aspiration of the heart.
- Love is the assumption of all goodness overcoming and outlasting any evil.
- Love is the key to rapid learning.
- Love conquers every woe!
- · Love allows us to start afresh.
- · Love most nearly completes us.
- Duty does things well, but love does things beautifully.
- It is not sufficient to know, It is only sufficient to love.
- · Love holds the Truth of all we were meant to be.
- "To be in love is to surpass oneself."
  - Oscar Wilde
- Love lingers long and is strong.
- Love is at the heart of our capacity to obey God.
- · Love can unlock every door; with love we can restore.
- We are not to offend love, but defend love and depend upon love, to provide our nurture. Love is high adventure.
- "There is no remedy for love but to love more."
  - Henry David Thoreau
- Only love keeps the peace.
- It is love, together with faith, that can move mountains.
- Our strength of character is optimized by the love in our life and how we put it to use.
- "The best and most beautiful things in the world cannot be seen or touched, but they must be felt with the heart."
  - Helen Keller.
- We are a gift when we let love be the final word.
- "At the touch of love, everyone becomes a poet."
  - —Plato

- Love helps us to arise and dissolve into every moment with delight.
- Love helps us engage our inner strengths to overcome obstacles and reach full potential... to scale new heights.
- Love is the fuel that allows common people to attain uncommon results.
- Love treats all contributions as a boon to the final outcome.
- Please, don't do anything that steals the love out of a situation. Please instill Love!
- "Life is a good idea, and love is the journey."
  - Nikki Giovanni
- Love aids the constructive dialogue for best disposition of conflict resolution.
- Love what virtue can do. Be loving of first things first.
- Love sets the pace, because, love creates the beautiful balances.
- Love works for conciliation between all our hopes and all our uncertainties.

### We Wish Everyone Love!

May our love and homage; for the worth of human life, in all it's complex and wonderous manifestations, inspire our unity and brotherhood, so that we give the good care and keeping, that we can, all, provide to one another.

### Life delights in Progress

Any self-debasement impoverishes, obstructs and handicaps our right to progress. Any affront to our partnership with ecosystems or resources will slight us and rob us of our advantage in the end. Short term gain may lead to long term pain! Let us hold ourselves and our beautiful world as a dear treasure and serve the multitude of its delights as sacrosanct. Let us put the right slant on things that matter most. Let us not put those things that matter the most at the mercy of some things that matter the least. May we not pander to the provocateurs that chide us for being thrifty, prudent and sparing. May we not slander the preservationist whose aim it is to preserve, for the thousands of generations yet unborn, the beauty, resources, and grandeur of nature as we enjoy it today.

Our combined outcome hinges on our stewardship, and the legacy of that stewardship, that we bequeath to our children. Society at large is nurtured by our devotion to making the macro dependent upon the micro, the invisible sustaining the visible. We need to take heed of the unseen world upon which our world resides. Our Earth's molten center, the micro-organisms, bacteria and all that builds upon them, combined to shape our viability, going forward into the future. The Earth survives by balance, so we must come to balance.

We must concentrate our efforts to facilitate a well operating, functional, world class commerce and have it excel in conjunction with excellence in community services, so that it will enhance and contribute to the viability of the whole community. Let each commitment we make, both personal and communal, reflect fiscal responsibility and discipline, so we are not exploiting natural resources to the detriment of our air, water, recreational, eco-ground cover and vista protection. We need to protect finite resources with moral rectitude, so that we are reassured about

their productive and constructive development and use. We are their defenders and tenders, not to be their predators. Life has given us the capacity to make choices. We can choose to plunder and squander or to safeguard life's beauty and to ponder all its wonders.

Our glutinous use of fossil fuels has made us subservient to their exploitation.

Now may we build self-respect and share self-respect by helping to develope appropriate land use plans and oversight authority, that benefits from renewable resources. Let us live the power of good intentions without the abuse of power. Do no ruin. May our drive and desire for progress be built upon good conscience. Let our tenacious intensity, not come at the expense of good conscience and peace of mind. It is up to us to combine our collegiality into a soulful affirmation of proper management that will enduringly respect the magnificence of creation.

Resource management begins with self-management. Exercise, meditation and contemplation are prerequisites to self-governance within and without our spheres of influence. They are extremely valuable components to our every day well being. If we are not polluting or contaminating our minds or bodies, we shall be less likely to do so to our environment. Fortitude comes with fostering good health habits. Let us recognize goodness. Let us be enabling of the ennobling. Let us cherish family and community life as it was meant to be: frugal and neighborhood friendly. In such a setting, determination, patience and forbearance bear fruit in balancing basic human needs with economic requirements to service everyone's needs. The victory, that begins within, is that victory of clarity of insight.

The way forward, is to continue to turn ourselves into creators. Let us show reverence for the increasing capacity of the human family to prosper and develop solutions to problems by its ingenuity. Let our efforts be meant to replenish others well being, using good judgment, discipline, personal responsibility

and due diligence. Our combined efforts can yield better outcomes if we so choose. The hope of Sahome teaches these guides for life as relapse prevention and course correction.

Let us protect our freedom to vote, to have redress of grievances, through fair jurisprudence; to give support to the wise obligation of self-support, through the free enterprise system, and the abundance of self-prerogative, well exercised.

Let us relish our rights to worship, assemble and travel as we wish.

Let our lives reflect well upon our freedom of conscience as voiced in political, philosophical and religious expression and discussion.

May we use our freedom of self-expression, to spread the rights to education and healthcare everywhere. May we and be available to help everyone, freely, to follow their dreams, hopes and aspirations the world over. We are seeing destiny in the making, through one another's good lives.

### May we Excell and Do Well!

## What's our ace in the hole? It is to live the Ace in Grace!



## Let's attain all attitudes of aptitude by Attaining the 7 A's:

1. Accountability—Accountability is at the threshold of greater opportunity for the use of our abilities.

Example: People are living lonely because they are not accountable to one another. To be accountable is to be concerned, fostering, end ennobling in order to help everyone to live honorably.

2. Attentiveness—Appreciation of aptness forms the bedrock and framework of awareness.

Example: As we get a heightened awareness of grandeur we will open our lives up to inspiration, and intercession, by lifting our instincts, insights, intuitions to form and inform attentiveness, as they compliment an alert life.

**3.** Adaptation—Life is tenuous, and there is enough fallibility to go around... therefore let us seek best suitability.

Example: Self-regulation, better self-organization, self-analysis precede fair play, common courtesy, and self-betterment. By considering other people's feelings and well being, and by being collegial, cordial comrades, we honor adaptability and adaptation, to help better us all.

**4.** Admirableness—Passiveness leads to helplessness. To be believers and achievers requires admirableness.

Example: The Great Enlightenment, awakening the human soul, is about overcoming indifference with wisdom. The Great Reputation Builder is the family. The family is the driver of health, human capacity for love and commitment and self-determination. The family is based upon a broader consideration of everyone's best good and benefit. Children become, most often, what they learn at home. What starts at home continues throughout our life. "I help thee and thee help me and we ascend together!"

5. Adjudication—Rid ourselves of injustice, Forgiveness, most often, advances Justice. Justice and Mercy become a joint accommodation.

Example: To judge generously, with all due humility, will build a wise future. It requires reconciliation.

Revile not the reviler. Choose the milestones, not the millstones. Reviling doesn't work. Rage is paralyzing. Hostility hinders us all.

Vindictiveness is meant to punish. Rancor defeats us, again and again. Accost not, accuse not. Rectification imbues society with continuity, and builds community.

**6. Accentuation**—Accentuate the positive. "Open to all openings". Let virtue blaze the trail.

Example: Accord dignity. Culture is the way people give themselves dignity. Purity puts the broadest smile on our life. Affirm renewal, refinement, repentance, reform, remorse, recovery and rejoicing.

We guard ourselves, best, against being seduced

by anything unworthy, as we relate to those around us as whole, wholesome, fully virtuous beings meant for destiny's best outcome.

May our minds be a flower garden and not a weed patch. We choose the prison or the Paradise in the mansions of the mind. "Garbage in, garbage out", as they say. Avail ourselves of the best input for the best output.

Accuracy—Veritableness becomes an astuteness to achieve.
 History refines the truth. History redownds to reducing myth to modality.

Example: We heal our wounds by our greater goodness.

Imprecision requires revision. In becoming mature, we overcome the ravages, by not bringing upon others the same harm, hindrance, or delay.

We avoid the arrogance of getting in people's way.

The great adroitness is to be careful with how we speak to and nurture one another, and by not forgetting other's favors to us. May our lives make

### Summary

great history, together.

All of these qualities build in us an adequate attentiveness to the joy that was meant for all of us. These qualities provide a strong foundation for progress by our application of approbation and appreciation, through accountability adaptation, admirableness, just adjudication and accurate accentuation.

All Seven of these A's, together with the 7 C's and 7 E's to follow, are the ways we live up to and live out Holiness in our lives.



### Let's be committed to the 7 C's.

1. Conscientiousness—Conscientiousness implies selfcontrol, a willingness to be introspective and reflective.

Example: Right incentives are important. We all need a value system, like the Scout Law, strong enough to compete with the negative impulses in our life, no matter how strong those have become. A value system helps us become clean and pure in body, mind and motives. Being specific about our values, our goals and ambitions, our hopes and dreams, determine our achievement. Our usefulness and helpfulness is built upon our self-discipline so that we can achieve our optimum self-realization.

By control of self, body, mind and passions, we coalesce around cognition. Cognition is the critical process of perception and observation; it is the faculty we have of knowing and comprehending. What we want is cognitive coaching rather than dissonance. When our life gets out of balance, out of whack, off track, getting back to "square one," back to our virtues and values, is, most surely, priority #1. To bring control into our life by ethics is job #1, and takes focus, of the first magnitude, to maintain. Having things balance at "square one" is to really find self-security, sanctity and soulful satisfaction.

**2.** Cheerful Creativity—Each moment should be a reaffirmation of our own worth and ingenuity.

Example: Every day we should add to our strength and to the creative power of our faith. Maintaining faith in ourselves and in others, not breaking faith with ourselves or others, is at the heart of the creative process. Through creativity we decide what life is supposed to be like from now on. Loving life, in all its prospects, and honoring its beauty, responding to its needs, is creation's high adventure. We come to know the ring of rightfulness as creators. By living creatively, in all the right ways, we achieve that, so called, 'inner ping' and we foster fortitude and faithfulness as the framework of sane, germane living.

**3.** Courage—To become morally courageous is a high achievement in any life.

Example: It takes tremendous courage to step into the unknown and know what we've never known before, do what we've never done before, achieve what we've never achieved before, and become what we've never become before. Courage expands our self-understanding. Courage enlarges our comfort zone to include all our potential and the virtue within our passions. Courage lifts us beyond our hurts and heartbreaks to tackle problems and setbacks with new vigor and resolve. With courage, though stricken, we are not smitten. With courage, we can see it through, and re-do and undo. Moral courage completes us.

**4.** Collaboration—What we mean to others is most likely what we mean to ourselves.

Example: Courage is collaborative because courage is about collateralizing our initiative with others to steer a solid-sighted course to productivity. Our victory, by working well with others, is all about compiling goodness. Goodwill is the key to collaboration. Just getting along goes a long way to produce good results-"I help thee and thee help me and we ascend together."

Hallmarks of collaboration are commitment, competence, cooperation, and community spiritedness, which counters impatience, impertinence, imbitterness, imposition, impropriety and immorality. Cooperation and collaboration overcome the radicalizing of unresolved conflicts, that can distort anguish into atrocities. We are, all, one another's counterparts.

**5.** Confidence—We are beings of light; we carry light.

Example: Our confidence is increased as we grow toward and express the light of all clarity. Living in the light gives us dexterity. Our talents and abilities, well expressed, gives us confidence. Through confidence we can know their majesty and our reassurance is found in their flexibility and integrity which are the gate-keepers of our self-respect, self-restraint, and self-esteem.

Let's take confidence in our hopes and dreams and aspirations. Let's do them to the Glory of Love, with an eye single to the Glory of God. Let what we aspire to become noble desire. We do conspire best with our noblest desires.

The Heavenly Promise that has been made, is that each person will eventually receive all the righteous desires of one's heart. So says our Divine Providence to all of us, in order to build everyone's self-respect and self-confidence. Say nothing demeaning or denigrating to anyone about anyone; but help everyone be more apt to be a winner. With a calm demeanor, help everyone to take heart, to get best outcomes from making right decisions, and to calculate the consequences of one's actions in order to get best results. The gift we give to others, is to increase their self-confidence.

#### 6. Curiosity—Curiosity is what cradles creativity.

Example: Curiosity helps us grow beyond hurt and sorrow in order to embrace growth and change. By constructively using our imagination we are initiators and creators of a finer future. Curiosity helps us become witnesses to eternal progress. We are called upon to step into the unknown to become what we have never become before... to seek and ask, knock and find... to fulfill the full measure of our creation and have joy therein.

Let us commence our future quest by asking Life's Two Biggest Questions:

- 1. Who and what will I serve with my life?
- 2. What will I do and desire and believe with my life? As we ask life's biggest questions, we are most likely to receive life's biggest answers. Let us remember what the apostle Paul has said: "Ye have not because Ye ask not."

Heaven loves great curiosity to bless the human family. With curiosity we overcome desensitization.

Curiosity requires ingenuity. We wish everyone creative curiosity.

Curiosity implys contemplation and communion... to contemplate our direction, even a course correction, to open a path to conviction, commitment, courage, compassion, collegiality and comradery. 7. **Compliance**—To be obedient and observant is a requisite to being responsible.

Example: 'If we don't discipline ourselves, other people are going to have to discipline us for us.'

Our freedom lies in properly using our self-determination. We all make mistakes in this world, or we wouldn't be allowed to make progress. All that is required of us is that we learn from our mistakes, turn them to our wisdom and enlightenment, to our empathy and compassion, for other people in their sorrows and sufferings, and to be more humble, correctable, charitable, repentant, and full of grace and goodwill.

Due caution comes with compliance. We must watch our footing. Being more cognizant accompanies compliance by letting critical key moments coincide with being more cogent and alert, aware and informed.

Carefulness requires compliance. By compliance, we spare ourselves disruption and distraction, which will keep us out of 'harms way,' by minding our motives, manners, and means according to a high set of values and norms.

Compliance infers composure for getting it right. Who wants to be hamstrung, a 'fish out of water', dimwitted, buffaloed, befuddled, baffled and bewildered. We don't want to end up as 'dilly dally dorks', having lost our high hopes.

The benefit of compliance is continuity. We realize more predictable results with compliance. And because we are pattern-seeking beings and we are always seeking correlations; compliance helps us to know the reliable, and helps us to live in good faith with ourselves and with others; "being true so other's can count on you." Thereby, we can all follow through admirably and competantly. Compliance completes us.

### **Summary**

Conscientiousness, cheerful creativity, courage, collaboration, and compliance compliments curiosity and confidence with co-operation and compassion. When these 7 C's are based upon love, mutual well-being and honor, we share a universal communion, of goodness and good will, in which the Golden Rule prevails: "Do unto others as you would have others do unto you!"



### Let's be edified by the 7 E's

1. Efficacy—Successful living is a journey, not a single destination.

Example:

Efficacy ends acrimony because it works to everyone's best advantage and in everyone's best interest. Efficacy undergurds the encouragement behind each and every endeavor. Efficacy sets us on a course to be better than we have here to fore been and helps us to work towards the right side of every issue. If it edifies and rectifies, we're on the right path. Anything that honors our human potential for compassion, integrity, fidelity, and forbearance shows efficacy. When we uphold and serve our potential and reserve it for best outcomes, we conserve our efficacy by expanding our sufficiency and our adequacy. (Through living gracious goodness, we can explore our potential and reserve it for best outcomes, eternally. That which has efficacy helps us identify that which will surely bring about a bright, useful, and happy sense of tomorrow's bounties.)

Efficacy, well invested, conquers frustration. The only hell there is, is to go headlong into the unresolute. Heaven's daily efficacy, upon our souls, is to help us become righteously resolute.

A life of goodness bestows benevolence upon others.

2. Effort—It takes gumption to function.

Example: Being nobly engaged helps us get our power back from wherever we have lost it. Effort, based on virtue, always helps us invent the moment for the best result. Only effort will help us develop self-control and self-betterment. We need to improve upon our deficiencies, our insufficiencies, and our dilemmas, and improve all that is deleterious about our failings and faults. Effort is the sure route to propriety and resiliency. Effort obtains, effort obviates discouragement. Effort infers engagement and involvement, not withdrawal and isolation. Effort affirms clarity and efficiency.

If we don't give anything back, we don't give anything forward. It is very difficult for God to direct our path until we move our feet.

It is never too late to reinvent ourselves.

**3.** Efficiency—We are pattern-seeking beings. Efficiency is about using patterns to find usefulness and to form good habits.

Example: Efficiency is about educating ourselves to be more able and capable, providing us with effectiveness and clarity in accomplishing the work of the world. The difference between austerity and prosperity is efficiency. Efficiency, efficacy and effort, together, make for right choices. "As long as we make right choices, we progress." — Gibson.

Connecting mental efficiency with strength of moral character shapes spiritual strength into our way forward. It is never too late to reinvest our usefulness. The power in the human heart is to keep on climbing, refining, defining ourselves after the prefect pattern of divinity. The difference between deficiency and proficiency is efficiency. We reap what we sew—the law of the harvest: "What goes down comes around." Remember, we live in a world of consequences and repercussions. Let's want best results.

**4. Education**—Literacy gives us a 'leg-up' in each and every circumstance.

To be a fully-educated person is to be educated, Example: both spiritually and physically, and to live enlightenment in body, mind and spirit. Information is not always fact, and facts are not always knowledge, and knowledge is not always understanding, and understanding is not always wisdom. The love of learning brings majesty and meaning to our lives. The love of wisdom conquers every woe and foe; bringing greater presence and reassurance, head to toe. The love of enlightenment is at the heart of our ability to obey God. That love creates the balance between our hopes and our uncertainties. Educating that love, to be most morally useful, creates the accomplishments of a joy-filled life.

Moral education helps us right-size supply and demand to best fit a positive future for society. Unknowingly, ignorance is self-defeating, because ignorance does not allow us to solve problems, spiritually, constructively and creatively. To be uneducated is to divorce ourselves from our potential—so often leaving us in dissention rather than self-reinvention. Without learning the virtues, and

protocols of grace, our behavior can, too easily, let selfishness stunt and steal our love away from grace. Embrace Grace!

'Duty does things well, but love does things beautifully.'

**5. Exploration**—An exploratory mind precedes a generous heart.

Example: Engagement, not isolation, offers us the best promise for a bright abundant future, by providing us a road map past obstructions and set-backs to find fuller self-resolution and optimal solutions. Make bridges with decisions. Finding joy, in new thresholds, is the substance of a joyous life. Life isn't about just finding our self but it is about creating ourselves.

The great sadness in this world is the sadness of unrealized human potential.

There is the seed in every setback and every reverse, of a future, forthcoming greater victory. Where much is given, much is expected, so let us all try to expand one another's horizons.

**6.** Equality—Each life is of infinite value.

Example: In our faith paths we are led to believe that we are all of equal worth and equal value to the Sire of our Souls. He is no respect of persons. He loves us and regards us, all, unequivocally and impartially. His grace is sufficient, for us, all, to regain His presence and be the recipient of His divine purpose and plan, in all it's majesty.

Each and every good deed and good character trait ends up undergurding everyone's good deeds and good character traits. Decency builds good character, and creates our finest tomorrows. We should seek the refinement of every human soul, regardless of race, nationality, religion, belief basis, economic status, age, or state of mind or body.

7. Eternal Perspective—We are works in progress, and today is just one stop along the way.

> We are living our eternal lives right this very moment, so we just as well enjoy them. In the long view, self-resolution, self-refinement, and self-determination are about righteous dominion. Life isn't just about finding how to be happy ourselves, but it is to be supportive of all mankind, so that they might be wholeheartedly happy. We are, all, to be a means, for the whole human family, to open to our spiritual quest for completeness.

We are our brother's keeper. Salvation belongs to us all, and is earned and sustained, for us all, by us all. We are all on the path to the effulgence of light and love, together.

### That's our ace in the hole:



Example:



- 2. Attentiveness
- Adaptation 3.
- 4. Admirableness
- Adjudication 5.
- Accentuation
- 7. Accuracy

6.



- Conscientiousness 1.
- 2. **Cheerful Creativity**
- 3. Courage
- 4. Collaboration
  - 5. Confidence
  - 6. Curiosity
- Compliance 7.



- Efficacy 1.
- **Effort** 2.
- 3. Efficiency
- 4. Education
- 5. **Exploration**
- 6. **Equality**
- **Eternal Perspective** 7.

## May we be Committed to Dictums of Due Discretion

These are dictums that help us to appreciate and fulfill our fullest finest destiny:

- Life isn't just about finding ourselves, but it's about creating ourselves.
- The graces of yesteryear, grace us still.
- Happy is the man who wants what he has.
- We spare life, where we lift one another out of peril.
- · Goodness flows from sacrifice.
- When we get stuck, open our heart and pray ourselves up.
- It is not sufficient to know, it is only sufficient to love. Duty does things well, but love does things beautifully.
- · Come prepared!
- · We learn our lessons from our downfalls.
- By sharing Heaven's Grace, we can earn our glory.
- What we do for our family is what lasts.
- · Good will totals up to good behavior.
- With each right comes a responsibility, with each choice comes accountability.
- People act on what they believe in.
- Leniency precedes courtesy.
- Handle complaints with restraint.
- To end strife, always go for 'quality of life.'
- We overcome the circumstance of loneliness by helping everyone to become positive, productive and grateful.
- 'Waste not, want not.' Reign in Ruin.
- Let us not shrug off Heaven's input by adapting to some scurrilous output. Let us create a flower garden in our head and not a weed patch.

- To compliment and refine community; is to extol excellence, distinction, and harmony.
- Have you thought to involve 'calm time' in your day today?
- We are all the unworthy recipients of generous grace.
- Grace is the favor of unmerited benevolence.
- When people see someone caring, they begin to care.
   There's no time to spare. It's time to care about despair, and disrepair.
- 'Life is what you make it.'
- Life is best when it builds collaboration and cooperation.
- We need to live life, creating solutions of tolerance, through honoring one another's honoring.
- · Hardship is lessened by tolerance and friendship.
- The genius of nature is that it assures survivability by diversity. We are a part of that genius.

### We Wish Everyone Fortitude

We are beings of light and we carry light and give out light. We don't want to starve off progression by disjoining our tomorrows because of the indecencies of today. Today is a prelude to our future joy and wellbeing. Let us receive virtue, not deceive ourselves. When we live our life with devotion, commitment, generosity and kindness, we will find that we are living life with gusto, anticipation, and eager spontaneity.

Life is made up of simple pleasures and delights. Let us savor each divine favor with fortitude. All of us want judgement day to go well for each one of us. We are going to be judged on what we did with our self-determination. We are going to be judged on the light we accrued to. We are going to be judged on the

light we had and had available to us and the use we put it to. "Where much is given, much is expected."

Inspiration should interest us all, because Heaven will always be illuminating truth to us. Heaven only wants us to reach the finest and the best Heaven, that our works, through our benevolence, has amplified us, to enjoy, through the spread of grace. Good works, work wonders here for hereafter. Fortitude comes from having faith in rectitude surpassing ineptitude. Fortitude speaks through our voice of confidence, and compassion.

### Fortitude turns Recovery into Discovery

When we commit, we comply. We are pattern-seeking beings. There is a system to most everything. Do what fits you right - first, best, and last.

Watch your thoughts for they become your words, which become your deeds. Choose your words wisely because they set the tone for the actions that follow. Understand your actions for they become your habits. Carefully discipline your habits because they shape your character. Nurture your character because it produces lasting consequences. Choose best consequences because they become your future life. Our future life was meant to transpose mortality into immortality, which means more and more Ability, Credibility, Efficacy. Let's ACE it.

## We Wish Everyone Clarity Seeing Clearly

In the face of ever-evolving global insecurities, we are, all, responsible to contribute to the health, well-being, and the optimization of each person's innate potential. Each life is of infinite value. So to lessen tension, ameliorate and propitiate, reduce fury from festering, over perceived insults and injustices, purge pernicious prejudices, and soften the rude and the crude, we are, all, asked to mature into becoming genuinely nice people. Yes, each life is of infinite value. But we devalue one another when we withhold patience, and forbearance, and hold on to prejudice, spite and grudges. Let's see it for what it is!

What we are continually up against is the radicalizing of unresolved conflicts. When we are truly moral, we determine to reverse prejudice and the panic of privation and we strengthen the individualization of each person. The work of the collective is to allow everyone the full pantheon of sincerity of their own soul. As people are allowed to fulfill their full-soul's-selves, we greatly reduce the strident vitriol that hurts and hinders us all.

Everyone of us holds a certain vision of reality. That is our just due. Each person has a right to their own reality and to shape it towards the greater goodness. Clarity builds authenticity. Honesty goes hand in hand with clarity. Honesty and clarity, precede morality. That clarity begins by asking: 'Who am I and what am I becoming?' How do I belong to others? What matters most?

'How well am I refining myself?' We can, all, be toppled by indiscriminate self-aggrandizing behavior. We can, all, be deceived and seduced, and go haywire, by submitting to and indulging our temptations. We can, all, fall from grace and go headstrong into hazard. Clarity means seeking best results and overcoming pitfalls. May we build, in our own choices and actions, heaven's best harvest.

## We Wish Everyone To Live Superbly!

Glorious is the balance of nature. Gorgeous are it's varieties and subtleties to be privileged upon the human soul. Ours is the joy to respond to the light, the bees, the flowers, the trees, the sky, the breeze. Oh, are we blessed or what! Deep abiding joy is mirrored in the genius of our world. This joy is our reason to be. Showing our goodness is our way of saluting the natural wonders about us. Each moment, in this marvelous world of ours, is full of delightful beauty, to be honored and cherished. The splendor in a rose, a lilac, a daisy, in the rain and the rainbow, in a child's eyes showing so much anticipation and the maturing eyes full of newfound compassion; these are marvels to behold.

Rather than easing ourselves into complacency or self-isolation, undone by our hurts and harms, which can assert or sharpen contention, let us direct our attention and action to remedying the overwhelming. Let us put to rest any operational or organized folly. Let us help to lighten the loss, lift hardship's burden, relieve other's load, and help, as best we can, all who are burdened to bear tragedy. Let us help out in the conquest over ruthless, reckless, insensitive behaviors. Let us restore order.

May our constant recovery be fresh exhilarating discovery. May we not loose the vigor of regrowth. May we grow beyond false assumptions. May we share the magnificence and transcendence of human moral demeanor and righteous good character. May we build the universal authorization to live moral and mental literacy, accountability, credibility, and kind consideration. May we delight in the fascination of discovery.

Let us lead by the inspiration from gentleness that fathoms tenderness. Though criticism has enrolled a lot of detractors, let our path forward be one of humility, providing safety and wellbeing, to all living systems. When so very much can be subject to blame, and there is certainly enough fallibility to go around, our role, in the furtherance of life, is to be found in the rebirth of each season's splendor, each miraculous sunrise, caressing sunset, and star-lit night. We belong here, and were meant to make life good here.

### Sahome's Touch Stones

#### Duty does things well but love does things beautifully.

Live in harmony with the heaven we want to believe in! The heaven we want to believe in, is absolutely committed to eventually granting us all the righteous desires of our heart. May our righteous desires be great and honoring of our best self-realization and aspiration. The heaven we want is the one that opens us to all clarity.

"Open to all openings" — the Holy Quran

That blessed state we want to cherish, is that one which helps us to know, more fully, our finest selves. Seeking beauty refines us, refreshes us, and exalts us, to receive heaven's efforts, to help us reach our zenith of awareness, and completeness.

We are crafted after a perfect pattern and we are meant to fulfill it, every bit. Our potential is the potential of light. We are beings of light and we carry light and we give out light. Light takes the form of love. The answer to each of life's dilemmas and personal challenges if found in the light of love. Love is what virtue does and all it can do. Love all that virtue can do. Love defuses the aftermath of abuse and

misuse. The soul that learns and earns love, fulfills that great need for relevance and attachment. Love transcends our folly and foibles. Love rescues us from self-mismanagement. We are not to offend love but defend love. Our challenge and opportunity is to grow into soul-caring love. Love holds the truth of all that we are and ever hope to be. Live the destiny of love, which is the destiny we are being made for.

#### ■ Heed a Creed!

Live to principle, not just to expediency. Let our needs be satisfied by doing the 'Good Deed' and not the greed. 'Grimace at malice of any kind.' We all need a value system strong enough to compete with the negative impulses in our life, no matter how bad they have been or are. What the world is looking for is something noble, through us, to believe in. Only sanctity suffices.

#### Be valiant in the saving graces!

There is always opportunity for striving to do good. Seek, ask and knock and it will be opened unto you. Seek admirable conclusions, not delusions. Through generosity, turn wealth into good fortune. Amass the energy of enlightenment, to make wise decisions, and to make revisions out of reverses.

#### Accept a Positive Course!

Don't let past injuries and violations, injustices and provocations turn us against creating the better self. Seek out best informers (reference points) for reforming us to the better way—opening the way to grace and enlightenment. Watch where we are stepping and heading. Let our conduct be honoring and respectful, and not dishonoring or spiteful. Gracious, good manners make the man into a gentleman. Courtesy gives us surefootedness and confidence.

#### Hold our head up high!

Bring about long-term best consequences. We live in a world of consequences. Let's direct our appetites towards lasting delights. To be shortsightedly impetuous, insisting on immediate gratification, is a hazard. Say "no" to self-entrapment.

Being very immature, self-centered, and self-indulgent, can become self-defeating. Circumspect self-expansion by self-discipline is a freedom which prevents self-denigrating behavior. Best self-assertion is not self-desertion.

'If we don't discipline ourselves, other people will have to discipline us for us.' That's a terrible plight for a life. The gift of goodness requires good governance. A healthy selfimage is about aspiring to become the fuller, finer self.

#### Stand up against cruelty. Stand up for civility!

Eliminate the causation of domestic violence. Try not to frustrate any one. Invigorate both body, mind, and spirit with patience, productive activities, i.e. hobbies, community service, sports, wholesome entertainment, further education, travel and exploring to expand sensitivity and patience. Take good care of loved ones with tender consideration. 'The Family is the driver of our total health and human capacity.'

## Live a compassionate, spiritual awakening to overcome hesitancy and despondency!

Depression is a plague upon our society. Compassion is the antidote to despondency. Serve and believe in one another's best good and benefit. Compassion encompasses us all with renewal. Therein lies the opportunity to develop a magnanimous cheerful disposition, that will serve our rightful destiny, without disparity.

#### Choose carefully and invest wisely!

Choices are chances we take. Invest ourselves for success. Grow in stages. Bring joy upon the future through literacy and education. Be a part of an informed electorate and a full participant in community life. To think clearly, on issues and problems that are complex, in an advantaging way, sets a constructive and creative tone. Be environmentally friendly and fiscally responsible.

#### Help out and help others to help out!

Allow everyone the right to reconcile, reconsider, reconfigure. Everyone needs someone to give them a 'heads up', sometimes a handout, but most of the time a 'hand up.' Life has many complications. Because it won't be 'straight up' or 'straight arrow' for many of us without some fits and starts, trial and error, missteps and misdeeds—we need to lean on others generosity; to speak heaven's words of wisdom, encouragement, and forbearance, as exhibited by our patience with each other. Everyone's kind example, insights and council does bless and nourish us. It was meant to be that way. We are 'our brother's keeper.'

Help others 'hold up.' Be a guiding star to those in trouble or hazard. Help people find their victory voice of witness. Help people find their positive future.

P.S. Because life moves so swiftly, know that, at times, we get ahead of our capacity and we must back track, back up a bit and get back to basics, regroup and recoup, reconstitute—refocus on a positive outcome and approach. Give people the right to a 'Pause,' to reflect, and to readjust, to get it right.

#### Build Faith in our glorious Future.

Build, into every day, a keen awareness of faith in our best life. By doing one's meditation and prayer life, we can amplify all that's noble in our disposition. We always need to know what 'we stand for' to reconfirm our moral compass, in order to do the 'fearless moral inventory,' and to reassert our moral courage, our moral courtesy, and our moral imagination. It's a great life of high adventure, and though we need to proceed with an abundance of caution, yet with faith, we can rise above apprehension, suspicion, and intrepidation to step into the unknown to know what we have never known before, do what we have never done before, and to do it with a light and buoyant eagerness of an earnest seeker. With faith, we won't settle for weakness or insufficiency, but for vision and vitality. We will draw to us heaven's dexterity. After the trial of our faith, comes the confirmation of our faith. We will know confirmation of our faith through our fresh fortitude to move forward. Moving forward, having faith in ourselves, is life at it's deluxe best. That faith helps our life to become rich, full and joyous.

We wish this joy, from these touch stones, to everyone, everywhere.

- P.S. We are living our eternal life right this very moment. We just as well enjoy it, and fully savor it, right on target, right here and now.
- P.S. No one said it would be easy, they only said it would be worth it. We can do it.

# Sahome believes in you and in the best coming to you!

## And Lastly, Let Us Remember, Our Intention Together

Though we are, all, contending with a variety of struggles and setbacks on a myriad of continuums; and though everyday our integrity will be challenged afresh:

- · Let us build deportment, refinement and improvement.
- Let us not be undone by stresses caused by one another's imperfections, qualidness or quandries.
- Let us not settle for the raw deal or the gloomy spiel.
- Let us not rub one another the wrong way or rob us of our hope.
- Let us not settle for loosing out or being left out or becoming down and out or giving out.
- Let us focus on finding out the finest good favor that favor's all of our best advantage and delight in the end.
- Let us know that common ground exists on the higher ground of moral courtesy and moral courage.
- Let our efforts magnify goodness and helpfulness and usefulness and gentleness.
- Let us be able to say: 'It has worked out remarkably well and in the best interest of our kindred kind.'
- Let us help everyone, not just to survive, but to thrive.
- Let us be that good cheer, that will help us to fearlessly persevere, to resolve and realize our fortitude of faith and commitments, undauntedly.
- Let us show an eagerness to live the moral virtues, so that helpfulness and goodness will prevail, in our words and actions.

- Let us be responsible to create a state of peace through which everyone can become happily intertwined with 'all options open.' Let us reverse mean spiritedness, tyranny, villainy, treachery, impropriety and hostility, by being subject to the saving graces.
- Let us show industry, tenacity, empathy, sympathy, sincerity, humanity that can and will foster sanity into the eternities.
- Let us liberate ourselves by gentle generosity, propriety, efficacy and virtuosity.
- Let us build our spirituality, by discipline, devotion, and determination.

#### Let Us "Aid with Staidness!"

Staidness = Sobriety, gravity, steadiness, regularity, firm, upstanding, stable, constant, loyal, calm, helpful, not easily agitated or upset, self-controlled, reliable, dependable, not frivolous or dissipated, upright, honorable, virtuous.

We wish everyone staidness and stalwartness by realizing these 4 achievements:

- 1. Doing good makes every other good, look better!
- 2. Efficacy is the bounty in each and everyone of our lives!
- 3. Our personal responsibility is to find our coefficient center of confidence and competence!
- 4. Let us each take the lead, now, to make a better world, and to bring grace to every place!

#### We wish you every best insight and blessing!

# My Mission Statement and Commitment to Myself:

# My Hopes and Dreams and Aspirations for my Life Are:



Each life
is of immeasurable
infinite value!

And they all said: Sahome!

