



# FORWARD with Sahome

# Sahome on Self Discovery

ife rewards effort and self-reliance with prosperity. We want to end trauma and deprivation. We are the makers of our future. How we build self-trust, integrity of mind and action will determine the grace we live by. All estrangements that lead to dysfunction can be rectified if we nurture our mind, body and spirit with compassion for our self and for others.

No one is immune from struggle. We all know infirmity, weakness, sorrow, and suffering. We all make our share of mistakes. Life, at its richest, gives way to refreshing us, restoring us, refining us, and reclaiming us time after time. We were not meant to be a debased disparaged people. Though times may try men's souls, inner resourcefulness gets us back on track from uncertainty when we know the truth of our purpose. Our purpose raises us up above mere subsistence. We find courage, dignity, honor and success in consistent discipline and obedience to high principles, like generosity, service, diligence and gratitude, and devotion to positive outcomes for everyone. Such consistent good habits yields to peace and profound happiness, to recognizing the good in others, to ampleness of initiative, faith and hope, to being better as a friend and as a member of our family and to seeing endless possibilities in exploring best intentions all around us. We need not give into privation or isolation or desperation when we live an honor-purpose-driven-mindfulness. Our refuge is in the faith we possess; having faith in our self and in one another, as heaven would have us have it. Our significance is measured by the exercise of our faith. We are reenergized by our faith. The simple truth is that as we compose our faith we generate the creative path we want to live by.

#### Tactics For Self Discovery

ur values are the kick-starter that helps us maintain our humility. *Humility* is a very high form of intelligence. Humility is the mood of modesty leading us to kindness, to tolerance and patience as well as veneration and respect. How we handle people's pain reveals the value we place on them by our helpfulness. *Helpfulness* helps us create the culture that we want to live by. As we are polite, contrite, upright then the social climate around us bestows benefits to us that better our contentment. It protects what we do, we have, and what we think. Thereby we lead by example. The *values* that we live by open clarity, transparency, and immediacy, to others, through our integrity. As human beings, we need to be valued. We need to be convinced of our value. We stop, look and listen for value. We are friends in what we value. We give notice, to and

recommendations about the values we perceive and believe in. Value and its observation help us avoid absent-mindedness, lurking temptations, by fostering our good fortune. Values, the values we place on all components of our life, helps us hold fast to what we know, stand strong and steadfast for in our purpose, and to hold the ground we have already won. Values represent the resolution of our intent. They are the culmination of a long hard slog that results in ones *integrity*. The art of life is to live self-approval. By our righteousness and right doing we increase the meaning in our life, the ampleness of our hope and effectiveness of our efforts. We build the value of the world. We turn away from the resentment of adversity, the deviousness of squalidness, the incorrectness of violence, that puts the terror in terrorism and conflict, to non-violence as a leadership. We formulate failure prevention by circumventing commotions with normative notions. We counter provocation with devotion to correctness. Building interconnectness, integrity and safety binds us to the mutual contrition, approval, acceptance and the admirableness that we can share together. Riot is the language of the unheard. Commendableness unacknowledged leads to religious tension. Dealing justly by acknowledging everyone's benefit, is a bravery that turns benevolence into reverence. Our values, humility, helpfulness, and integrity help us set our pace to avoid disgrace... to be fail-safe. With this diligence and devotion, our eternal destiny will be one in which we cherish one another, forever.

# Sahome on Self Protection

Iligence requires concentration. Concentration is about paying attention and noticing the details of the graces that will help us resolve the agitation of life's challenges. Our life is an ongoing opportunity to grow into this grander adaptation to grace. We need to develop our powers of moral imagination and observation, believe in them and follow where they lead. Life's fullness comes, by the thrust of the soul, into absolving, solving, resolving, overcoming and flourishing. This is done through more selflessness, earnestness, contriteness, holiness and seeking completeness. This fuller grace involves our dedication, as a work of volition, to being ambassadors of good will and good wishes. It is supported on the framework of mutual benefit. Thereby this fuller inclusion of grace underscores no tyranny, full participation, and profound reverence, as guiding principles of growth and freedom, which can allow the full flowering of joy, holiness, purity and love. In this contemplative inner quest, our outer behavior will automatically observe all divine law; and we will, ever the more, benefit from all the gifts of the spirit from heaven's grace.

Heaven can give divine principles to mortal men but mortal men can mishandle them without the introspection of a broken heart and contrite spirit. In that spirit we can console everyone with ampleness. Protection will truly be pro-creation, affirming all life in a blessed way.

Peace will come through passion with compassion, protection, power of personhood and our purpose to build dignity integrity and serenity. That is the way we are to relate to and protect our self and others. Together, in Sahome we are mutual ascenders in this life fullness and soulfulness. Sahome teaches ascendancy training because it covers all four hemispheres of human aspiration: moral maturity, ultimate belonging, self-success and true perspective and balance. Therewith we can reach our fuller self-realization, optimization and sanctity of life. This opens us to full inclusion in life's promise. We won't succumb to brutality, brazenness, besetting, bullying, or violence. We will bestow benevolence. Benevolence bestows protection. We wish protection, in this spirit of Sahome, upon everyone everywhere.

The whole world faces anguish, both by purposeful assaults and inadvertent stumbles. Our job is to combat doom and gloom, and to rise above the smuttie, insensitive, and crude and rude. They are belittling of the human condition. We all need protection. We all need to be shielded from any suppression or tyranny. We all need to be sustained in our precious freedoms. The freedom for full self-engagement, self-examination, self-reflection, self-improvement which increases our self-belief. We want the latitude for self-expression to take the form of self-sacrifice for a noble cause and righteous deed. We want no obstruction to our full prerogative. We want to be free from incapacitation, incrimination, exploitation, debilitation, provocation, privation, desperation and all violation. We want freedom to replenish our self, to revitalize our body, mind and spirit, to refine our nature, to be rescued and to be reconciled to one another, to renounce evil and respond well to goodness. We want the freedom to be truthful and virtuous so that our self worth is complimented with self esteem. Though hindrances, hassles and heartbreaks come to most all of us, we want to be measured by the methods and motives we employ to better our circumstance and right our situation ... to toe the mark as a lark. Self-patience in mind and manners reflects well upon the sorrowful, and helps us avoid the lame thinking, and the obstinent. Passive procrastination will drain our initiative for continual corrective action. Obstinence, to the adventure, the advancement and advantages of self-betterment is self-defeating after all. Being comfortable 'in our own skin' is determined by how we think and act. May we build contentment, compassion, cordiality and consensus in all our relationships. We need to be nourished through out our lives with integrity and peace of mind. We need the temperance to act for our self, to become our best self. This will be our surefootedness that puts us firmly on the future path to successful self-protection.

#### What Refuge Do We Need?

he refuge we need is to gain our inner freedom from deceit, the freedom to shelter our self from the humiliation of violence: inner freedom to know and embody a commitment to justice and to mercy. We want to be advocates of one another's freedom to full self-readiness to become the best that we can be. This freedom involves having health care, the tender sweetness of family and friends who love us unequivocally, opportunities to explore knowledge and the creative ways and means to follow where our talents, insights and inner wisdom may lead us. It is the freedom to make adaptive reuse of mistakes as lessons to be learned, traits to be mastered, mitigation and pentence to be made, and alternative solutions, to our problems and plights, to be recognized and tried. Sahome wishes us this protection and resilience.

# Sahome on Aswagaing Grief

Te want to live all the joy life can bring and was meant to bring. By sharing affection, particularly at moments of trouble and tumbles and stumbles, we can buoy up the weary life's traveler and help create a sea change of our attitude. We all need an attitude adjustment at moments of stress, duress, or aggrivation. Restorative justice is our gift to give. Change may come incrementally but if we are willing to FEEL and DEAL and HEAL life's struggles, we rebound and peace is possible. We best become a facilitator of peace by consoling, giving tender comforting, and being a guide to greater benevolence. We recover by reasserting our joy and gratitude and usefulness to build our life. We do this by acknowledging the worth and well being of one another; by acknowledging guilt or shame over loss; by our willingness to acknowledge others hurt, anxiety and suffering in a way that brings compassion, honor and mediation. This will close interruptions to a happy life flow and make life more manageable, hopeful, caring, contemplative so it turns out for the better. We need to grieve. We suffer when we are not allowed to feel our heart ache or heart break. We need to sorrow at loss. The way to regain our joy, our composure, our faith in the future is by learning from our heart a way to heal and mend, to bring an end to grief. Need the need. We need to help one another to learn from our sorrows and sufferings, all that they can teach us: the dearness of life, the dearness of loved ones, the dear worth of consoling and solace, so we will gain a salutary peace. Thereby we can grow through sorrow, using compassion, to gain an ever increasing steadiness in life, so

the majesty of moments are more treasured and not despaired about. Our reach of goodness is paramount to this healing. It embodies empathy and kind consideration for the woes, frustrations and struggles others are experiencing. It embodies a fresh start and the humility to recast ourself as a helping hand to lift others with the hope of redemption, salvation and exaltation. The goodness of compassion is the premium at the basis of human longing.

Let's remember: If from travail, we have learned to prevail, we have learned a lot in this world. May we concentrate our focus on upturns rather than pander to downturns. That is our right.

A stitch in time saves nine. Let us save our self grief by forward thinking, careful preparation and prevention so that we don't side step or misstep the needed process of readiness.

Sadness and grief can be inflicted upon us from those acting out of frustration as malcontents or from the down trodden acting out their grievances through aggression. Many such blights on society's honor and safety will only be intensified by the travesty of hunger, poverty, imprisonment, prejudice or abuse.

We all make up the opposition to deprivation, hunger, injustice, prejudice and vileness because there is nothing menial or venial about helping the dependent to become more independent, to be more self reliant, more self supporting, more integrated into flourishing for all of us.

Any reformation of morals, which can put us in proper ethical standing, depends on developing good character. Let us sure up the competitive free enterprise system by being a cooperative contributor as well as being a good conducive competitor. Don't pile on. And now, in the spirit of this plea, we invoke a healing blessing upon you. May your every move and thought contribute to your lasting wellbeing. May you take up the Sahome charter and be healers to bring unity to the community and solace to those who suffer or are troubled around you. We must become the Balm of Gilead to our kindred kind.

That is our profound purpose for the 21st century. May our manners, fair play and common courtesy set our pace, become our place. May we heal and repair grief as we change from depleting our environment to enriching every life by a sustainable lifestyle that minimizes grief. Let's conserve. Waste not, want not. Reuse, repurpose, recycle. Let us proliferate new technology that

will safeguard our air, our water, our land. Let us stop polluting our skies, our waterways, our earth. Let us give acclamation to those bringing innovation such as solid state hydrogen fuel to run our automobiles and plasma gasification to run our industry. May we continue to expand upon the premise that we live in a world of benevolent break throughs. We prove our self by discipline, by compassion, by initiative and by helpfulness thereby recovering from grief.

# Sahome on Self-Nurture, Self-Honor & Self-Respect

, see

We are the makers of our future How we build self-trust and integrity of mind and action will determine, in large part, the grace and sufficiency we will live by. All estrangements that lead to dysfunction can be remedied if we nurture our mind, body and spirit with compassion for our self and for others. Self-correction is a part of growing into self respect and self-honor. Reproving is a part of improving. How we accept kindly meant constructive advice will determine how well we advance and achieve our better life. Say what we will, we all need to be regulated. We are a mirror to one another, for building good character, by the example we set, the obedience to high principles we observe, the character strengths we foster and commend. All this is done through gentleness, meekness and love unfeigned. We're all flawed in ways we would rather not be. When we pick on people, we stunt their growth. We live with drawbacks and imperfections but they can draw us forward to greater empathy for others in their sorrows and suffering. 'I lift thee and thee lift me and we ascend together.'

Heaven's offer, to each of us, is to realize what we really want and can become. Our actions of self-honor and self-respect can best address what we really want in life. As we develop our skills, talents, hopes and respect for everyone's benefit, we increase our ability and usefulness. We all need to be nurtured, to be loved unequivocally, to be accepted and taken into one another's confidence, with honor and dignity, so we can live wholesome fulfilling lives. Thereby we can better build and nurture a healthy society all around us. We need to build and enhance everyone's value. We need to overcome, what has been called, "the globalization of indifference." We need to superimpose peace over the infatuation with weaponry. We need to turn the tide of tempestuousness into a mighty wave of patient goodwill. We nurture ourselves when we are patient. By not ignoring one another's honor or respectability, we can go down the path of brotherhood and sisterhood and

be willing to pay the price of patience with one another. Patience with ourselves and with others builds our self-confidence and completes us rather than depletes us. The outcome of patience results in greater care, greater fairness, and greater helpfulness. Patience serves our purpose best to engineer commitment into better solutions.

Impulsivity and instant self-gratification and self-justification can smother self honor and bring disrespect upon others, thus bringing disrespect upon ourselves. Patience serves the prospect of peace to resolve animosity. Too many times, some people and some nations live on a very short fuse. Short fuses can confuse the issues. We need patience to nurture us so we don't "fly off the handle," and take matters out on one another. We need to consider matters from every point of view. By so doing, we can work together to end disgruntlements that can lead to derangements of mind and disposition. Patient teamwork is based upon mutual consideration so that everyone's needs can be acknowledged and honorably met. We are incredibly grateful for everyone's efforts to spread peace, self honor and to uphold goodwill and respect throughout the world.

"What we want to build in ourselves comes as we build it in others."

# Sahome on Strengthening Everyone's Life

hat does it mean when they say that we are only as good as our last achievement, last performance, last sales tally, or last undertaking: It can be said that we are only as good as our last attempt at the visionary. A lot of Broadway shows in New York City, at great cost and time and investment, close after a short run, because they didn't live up to the imagination, involvement, and delight of the audience in a lofty attempt. The famed Herald Square and the 843 acres of Central Park in lower Manhattan have met the expectations, imagination and involvement of countless people for generations.

Every time we shrink back from owning up to crime, bullying, corruption, or the destructive effects of poverty, prejudice, pornography, poor

nutrition, food inaccessibility, cyber assault, poor literacy and underdevelopment, or war mania, we let limitation become our expectation and we shrink our common effort for improvisation, innovation and greater self expectation.

e need continual communal and personal improvement and promote actions that will constantly help to build upon out strengths and reacquaint us with our own aptitude for growth, self-development, and genius. We need to be involved commercially and civically in 'hands-on projects' that help us co-mingle our skills with other's skills, thereby sharing our knowhow and availing our self of others knowhow. Around the town and around the world may the legal system properly dispenses justice. As the shop keeper takes good care of a customer, as a teacher and one's parents nurtures and safeguards a child's development, as a civic leader or governmental office holder creates local frameworks for literacy and transparency, we uphold common decency, so productivity can prosper. Our personal improvement, increasingly, will help better everyone's worldview. To travel is to arrive back where we started from and know the place for the first time. Contrasts reacquaint us with the true meaning of life. By mutual improvement, may we help Sahome to bring greater friendship around the world.

#### How we respond makes all the difference! Our positive response to progress is crucial.

ur efforts belong to the ages. What we learn, what we do, what we recognize can come true, and will help determine the heritage that we will impart to future generations. As we surmount our shortcomings, as we express gentle blessed kindness for the helpfulness expressed to us and around us, we refine and redefine our self after goodness. The most noble virtues we conceive of becomes our initiative and our incentive to leave the world a better place than we found it. This becomes out motivation and reduces our limitation, and will under pin our attitude with gratitude. Hereby we will seek career fitness, family prosperity and longevity, community harmony, and world peace and stability.

Shortcuts will only bring us up short because cutting corners causes us to cut out vital rungs in the maturation ladder that are critical to the acquisition of life skills involved in successful living. Intermediate steps and life's experiences are required for things to fall into place. It's not usually done in one's first attempt or in one fell swoop. Skills come incrementally, bit by bit, at best. We never need to be ashamed of making mistakes. If we were not allowed to make mistakes in the world, we wouldn't be allowed to make progress. All that is required is that we learn from each of them and apply those lessons learned to our further capacity and adequacy and to our

empathy with others in their good intentions and high striving and struggles: they were meant to contribute to our greater wisdom, enlightenment, and best outcomes. *Life can't be static, it has to be dynamic!* 

May we be willing to involve a non-critical third party to council and explain correct behavior. We all have our blind sides, and are defective in one-way or another. We all need positive correction and input from caring people around us who can help us reverse course and do a course correction. Floundering is a part of life. Self-improvement means doing the best we can do while we can do it. But we don't have to fend for our self if we open our life up and share it in a considerate, helpful and useful way with those all around us.

#### The Art of Self-Reformation

assion turns intent into progress, core convictions into causes, merit into the means, urgency into immediacy, and love into a platform for collective creativity and interdisciplinary synchronicity. Passion synthesizes us to the task by getting us up and beyond our problems so that we are just plain getting along better with everyone. This happens so easily when we put purpose behind our compassion. Passion helps us build strong, bold desire into leadership. What matters are fairness, empathy, and gentleness so we prevent obstructions to healthy human relationships. Cheerful, merciful appropriate care wins out. Honoring one another's good motives, helpful intentions, and noble efforts, prevent a lot of unhelpful confrontation, confusion, and conflict. Conservative constants like good ethical conduct, goodness and virtue presuppose best outcomes and can allow even failure to lead to new lines of discovery. We were not meant to cower in the face of set backs or mistakes, but to do our best, in our own way, to bridge the differences that stand between us and ultimate break-throughs and clues. We were meant to have the heart of a champion, not to be a slave to contradiction, dissention, or pretention. Complacency shackles us to the mediocrity of the herd mentality. We were meant to go forward, yoked not to bondage but to noble outcomes, by learning the art of noble virtues that best fit us. As we are emotionally generous and look past annoyances we become more tuned to positive growth which amplifies our efforts to best be apart of the symphony of life. Everything is contextual to nourish us and cherish us if we are apart of the constant upkeep of our health and spiritual and emotional wellbeing, dignity, and self-respect. When we help sustain others in meeting their needs, in a sustaining way, our own self-renovation spills over in ways that build advantages and reforms that others can believe in. We all need to overcome the brutalization in this world, the cruelty, the hostility, the recklessness and join the throng that can sing the song of redemptive grace. That is our wish for everyone, from Sahome.

#### Turn Reproof to Our Advantage

e all are learning from our interaction with others. Our kindred kind teaches a lot about how to value ourselves and how we need to treat others. We can botch it big time, by sometimes stepping on someone else's toes or raining on their parade. We all need to be willing to be, at times, chastened and reproved. It's not easy to swallow our pride and excuse ourselves for being a klutz or say we are sorry for a harsh or hurtful word. We can all back up to square one with a decent apology and start a fresh, recognizing our error. Reconciliation comes quickly when a sincere effort is made to right a situation gone awry. We need to allow ourselves to be challenged by correction, which allows for improvement. Efficiency, earnestness, agility, and granted permission unite us as a whole. They help us produce an effective state of remorse and resolution. They help us grow together in unity and shared devotion. We are better by the process of repentance, reform, and restitution. Thereby we can turn our weakness into strengths and oversights and slights into insights that help us face our deficiencies and weaknesses to then rise above them to become the more sterling self. Co-operation and collegiality hang upon everyone being self-correcting. Positive intentionality to better ourselves reflects the divine nature in all of us. There is no cruel hoax being perpetuated on the human family. Every soul born into this world is born as an heir to glory. If we don't default on it, by our unruly, unrepentant behavior, we can make a constructive coarse correction in the face of a reprimand, and can grow wiser and more able to measure up to our expectations and aspirations. Lets remember that we all matter most when we are willing to be corrected. At such important times, saying we are sorry, can turn our contriteness and regret into sublime moral mutual respect.

#### Reevaluation Brings Revalidation

s we improve we validate our self in a positive way. We all need positive validation as to our own worth. We want to belong. We want to be taken into one another confidence. We want to share confidence with those we love. We want to be accepted, admired, and loved unequivocally, unconditionally by our fellow creatures. We ache to understand life and its marvelous meaning. We wish to know the simplicity behind all of the complexity that we see. We want social cohesion together. We want to live by the light of intuitive illumination that inspires our mind. May that illumination bring us composure, good intentions, and moral choices upon which all beauty, truth and wisdom can become one, nurturing us all. In this tentative world, we are all expendable and no one person can cover all bases. Therefore, validation requires reevaluation of how we best relate to the good intentions of others. Are we kind, helpful, forgiving, nurturing, appreciative, considerate and courteous? Have we eliminated any cranky element, anystrident or accustitory slur, any vitriol or shrill word or deed from our life? Is our impact upon others conducive to peace, prosperity, productivity individual improvement, creating here and here after blessedness?

When we are encouraging, we increase our comprehension. When we are loving to one another we increase our own self-esteem. When we gather ourselves around global initiatives for peace, we reassure one another by our common code of decency and moral perpetuity that cleanses the heart and attracts us to one another.

Arrogance denigrates and negates radiance. In the spirit of Sahome, we recognize, build and honor one another's adequacies and strengths. 'I help thee, and thee help me and we ascend together.'

# Sahome on Bettering Society

The challenge for this generation is the integration of the whole human family. We all have our differences in backgrounds, upbringing, our cultural heritage and norms, our religious instruction, rituals, observances, perspectives and political notions. However let us remember that culture is the way people give themselves dignity and worth. Ritual is meant for ascent of the soul. Meditation and self introspection are meant for inner exploration to renew our spirit and revitalize the soul. Our heritage is the result of mankind's creative noble nature to survive and thrive and is an act of human initiative, inventiveness and ingenuity. A life that lifts and preserves our virtuous intentions for transcending death and disease and despotision is noble. Different lenses give breath to our perspective. Out of the many can come one. Our severalness can inspire our progress of knowledge. Out of our cacophony and complexity, we are staging the resourcefulness to reach out to bind up the broken hearted, nurture the under trodden, the disenfranchised and to build our ultimate reality around consensus of human dignity. That is what we learn from the world's great religions: the dignity of human life. That dignity is enhanced as we learn to love unequivocally so that we will love to live. And we love life better based upon equality, wisdom, understanding, compassion and humility and their relationship to all gentleness. The great religions and faith paths teach self correction and self modification

around the Golden Rule – "do unto others as you would be done by." With this format we can live a very well settled life. Our refuge comes from one another's moral well-being. We honor one another's intrinsic worth as a result of sharing dignity, integrity and solemnity. This is the way we best relate to and protect each other. This is our meal ticket to prospering in the future as we nurture the noble aspirations of those around us. By living principles of moral courage, moral courtesy, moral confidence, we can be unified by expressing our fullest personhood; as we get better together. And we get better together, by offering forgiveness and patience to one another. Inspite of our weaknesses, oversights, and misgivings we use diversity, complexity and pluralism to deepen our devotion around service, commitment to beauty and the nobility of the human heart. Thereby we are transformed. That nobility of heart is ecumenical because it helps harmonize all of our doctrine, which lifts all of our spirits. It explains the worth of every soul. We have nothing worth fighting about when mutual respect enters the conversation. We can all be rescued from the dregs of disaffection if we are inclined to always use these qualities in our commitment to better the world: ceaselessness, earnestness, contriteness, holiness, purity. These qualities of self dominion will turn our diversity into majesty and our majesty into magnificent destiny.

# Sahome on Social Justice

e are at our best when we give everyone a chance to contribute. We live in integrated societies, world wide, and if we are to elevate peace over aggression then the national conscience, tribal code, and community spirit must acknowledge the sanctity of all life. Honor and loyalty go hand in hand. No shortcuts or cutting corners. They can bring us up short. We may have to steer our way patiently to overcome obstacles. As we represent ourself fairly, candidly and with full integrity, we will enhance what we have to contribute to our mutual interdependence. What strengthens democracy, for all of us, is to live a healthy life style. Over one third of the American economy is involved in health care. Great savings can be realized if our personal health is managed on the basis of preventive maintenance. Our bodies are storehouses of immunity. We serve ourselves well when we reverence and restore our powers of self-regeneration by keeping our immune system strong. Our recuperating powers are magnificent and not to be taken for granted. We don't want to inflict on others unwise life choices and habits.

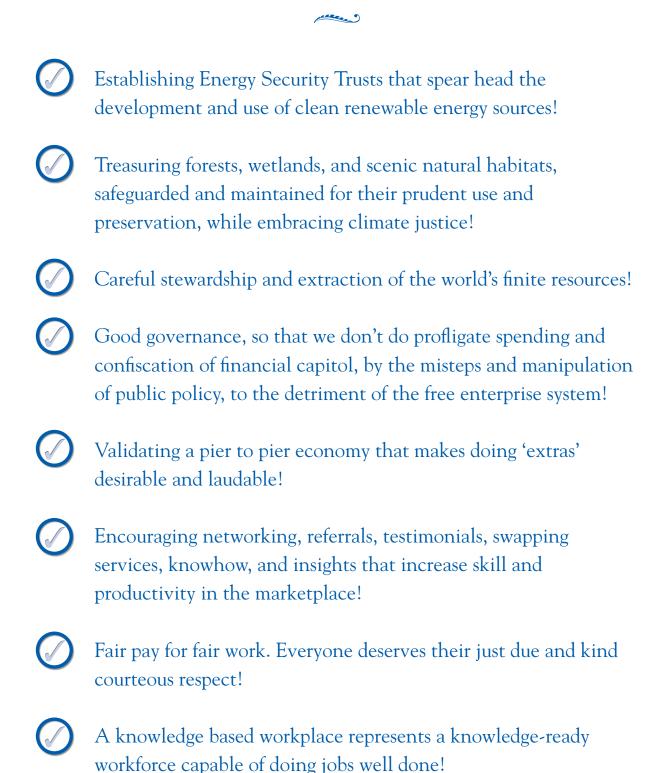
Let us build upon ampleness. We are all yoked to some version of harvesting. Interrelationships will generate the means to provide for our comfort and convenience. Mass consumption has put us to work to become apart of a streamlined thorough fare of knowledge, manufacturing and services of an unprecedented variety and quality.

The correct and honorable use of the internet and the virtual environment is key to global cosmopolitanism. Universal service, made possible by the constructive use of the Internet, is in its infancy and will astound us, uniting us as never before, to make a more livable world. Let's build a platform for employment that can integrate us worldwide.

These are promising days that can bring serenity and competence to a world too often bent on self-destruction, selfishness, self-aggrandizement or self-denunciation. Our advice is: take the job that you would take if you were independently wealthy. Then you will do your best, come what may. We may need to ascend from an entry-level position, putting our self through apprenticeships, internships, working our way up the ranks, but up we come by our initiative.

The future belongs to those who can abide efficacy and interdependency that flexibility makes possible. Then our fidelity to this noble purpose will compose our ultimate belonging to one another. Heaven awaits the righteous in heart. Sahome is a commitment and practice to achieve ampleness and social justice.

### Checklist



## Sahome's Wish For All of Us!

#### Peace of Mind, Health, Happiness, Joy, and Satisfaction!

e want people to dream big, to fully use their creative talent. We don't want to crowd anyone down or out. Impropriety can hurt and stifle the upward thrust of imagination. Success is not chiseled in stone. It is, most times, impromptu. A variety of recipes may need to be developed and utilized. Bureaucracy may hamper creativity. Crony capitalism or corruption may freeze it off. But mentoring may just be the ticket to optimize initiative and set our sentiments free, creating greater accessibility for all of us, to rise and achieve our best. May we create the quality-continuum that contributes vision, deepens interest, builds effectiveness and gives everyone a place at the table to benefit from life's banquet of innovation.

We, in Sahome, want to be a platform for the free expression of ideas, ideals and initiatives, which will foster peace and brotherhood (sisterhood) worldwide. We want each person to freely express the courage of their convictions and to be allowed the freedom to excel, based upon their convictions and their own moral imperatives. May we expand our horizons by empowering everyone to liberate the best in each and all of us.

"I cannot be all the I can be until you can be all that you can be!"