



Sahome
is a practice
In Living
Moral Courage





Sahome

*teaches that Moral Courage embodies
these critical 12 points of light*

- ◆ Mutual Love
- ◆ Mutual Honor
- ◆ Mutual Mercy
- ◆ Putting Passion into Compassion
- ◆ Protection
- ◆ Purpose
- ◆ Power of Personhood
- ◆ Moral Maturity
- ◆ Ultimate Belonging
- ◆ Self-Success
- ◆ True Perspective
- ◆ Ballance



Sahome

*is about sharing Moral Courage
as embodied in mutual love, mutual honor, and mutual mercy!*

Moral courage leads to moral confidence, moral character, and moral conviction, which open our hearts to the prosperity of moral vision to achieve 'Providential Propriety.' Moral courage helps us surmount animosities and the 'Annihilation Grudge Fest', which ensues grievances with retribution and vendettas. By working together for justice and human rights, America has become great because, at its best, it does not sin against human capitol. The great sadness in this world is the sadness of unrealized human potential. If hesitation means privation it's not a good thing, but if hesitation means prevention then it's a good thing. We live best when we live our love for life with regard for proper boundaries, consistency and compassion. Because we live in a world of so many polarizing ideologies, competing worldviews and philosophies, our urgency requires us to unite, by honoring the common decency of all life, sharing mutual love, mutual honor and mutual mercy.

That is why Sahome unites us around it's emblem of a 12 pointed star.



*These twelve points of light symbolize a shared commonality to live by:
The power of personhood, moral maturity, self-success, true perspective,
and balance which are needed for the benefit of all human kind!*

Living with Moral Courage!

Because of human variation, there is, too often, friction, caused by differences in abilities, which occur in many relationships – both in the workplace, the civic space, and in the home or community surroundings. One’s own assumed self-importance could become self-seductive and seducing to the exclusion of the worth of somebody else. This even happens in marriages, when one person always thinks that they have to be right. Sadly, when there is unevenness of skills or aptitude, perceived by one marriage partner about the other, insinuation or assaults on the other’s good judgment or character can take place. This can lead to one person insisting on supremacy, in the moment, that takes control over the prerogative or observations of one’s mate, which is too often derisive or dismissive of the worth of the other. In a marriage, or otherwise, when we think we are right about something or can do something better at the time than what another can do, doesn’t mean we have the right to diminish, hurt or squelch the other person’s dignity or full personhood. Our job is to communicate in joy, honor, and love. Self-assertiveness doesn’t mean desertion from the other person. ***No debasing, only embracing. Let’s not be derogatory, but rather be laudatory.***

In any relationship, our need to be recognized and actualized doesn’t mean, in any way, someone else has to be wrong, put down or brutalized. Verbal violence, physical violence, or any untoward hostile feeling, which causes one another to be bereaved or bereft deprives us of our right to full personhood. ***May we give everyone the sovereign rights of self-possession, self-expression, and self-fulfillment.*** To fully fulfill the majesty of any relationship we must reflect the greater good in all of us, even though we may not agree, or see things exactly alike. Differing mentalities with differing perspective or focuses, can clash, bringing on disgruntlement, bickering and quarrelsomeness, which must be supplanted by the generosity of a kind disposition. This is living with moral courage.

Sahome wishes this caution to be lived by all of us!



Moral Courage is the Offering's of the Heart

Our patience, consideration, and listening receptively to another's point of view certainly creates a climate of confidence and confluence of tenderness and courtesy. This kind of disposition, which derives from the heart, manifests in a generative conversation of good will with our loved ones and all those in our midst. This will help create a culture, in our world, that overcomes the 'conquerors mentality,' the 'subversive mentality' and the 'marauder's mentality.' As we sincerely seek to be observant of human dignity we live our divine destiny in a way that builds people up, not tears people down. Though we live very busy lives, in a hyper-competitive world, in which angst and anguish can create the narrative for the 'conquerors mentality' and/or the 'subversive mentality' and/or the 'marauders mentality;' to carry the day, we must counter these suppressive domineering forces by our polite regard for the wellbeing of others. We want everyone to fulfill the full measure of their creation and have joy therein. By adding these traits of compassion, empathy and good listening to the sweet generosity of human touch, all humanity, together, will be secured and enhanced. **We are destined to restore, retrieve, and redeem one another.** As we enable each life with this outreach of compassion, caring concern, and comforting, we will safeguard the resilience of society, so that it best accommodates to everyone. We won't abort our support. We give support to those democratic, civic and religious institutions that safeguard a healthy, spiritually vibrant fellowship and relationship between family, friends, neighborhoods, classrooms, business sites, communities, and governments, be they local, national or international. Collective tensions can be minimized if we decide, all together, to grow beyond self-centered self-promotion or brutish denigration or ruthless exploitation, and rather lift one another to excellence and pre-eminence. **There is excellence begging for expression in everyone of us.** It matters most, to our emotional, mental and spiritual literacy and legacy, to be in healthy relationships that celebrate one another's uniqueness. We are a composite of derivations of meaning which can enhance our collective wonder. We are a dazzling species of sumptuous variation and belong to the universe in all its manifest splendor.

Our heart was designed for such splendor!

*Moral Courage comes as we fulfill the
four hemispheres of human aspiration
called*

‘The Golden Mean’

A. MORAL MATURITY

M*oral maturity.* What a joy moral maturity becomes. Moral maturity means that we amplify upon the good in all of us, so that honesty, integrity, and kindness reflects well on everyone. That goodness will present us with many opportunities to increase others joy. Moral maturity comprises the needed context, the framework, and the platform for fellowship in the creative commons of human life. It is an ever-present innovative guide to growth. Each transition towards the moral high ground of virtuous living: being honest, trustworthy, helpful, friendly, courteous, considerate, kind, benevolent, generous, forgiving and forbearing, patient, truth seeking, and nurturing gives hope and helpfulness to those around us; to our families, our communities, our co-workers, and our friends and associates. We are all a part of our advancement and we don't take one another for granted but contribute our best efforts to compliment each and everyone. *Moral fundamentals help make our transformation from a lesser self to a greater life, realistic and possible.* Sahome wishes moral maturity upon everyone in our human family, so we forevermore, will be a blessing to us all.

Note: Because we can, at times, be absent minded, be distracted, or make mistakes, we do need one another's patience, oversight, sustaining tenderness, encouragement and mercy.

Moral Maturity keeps good going!

There is the rueful in all our souls. We've been marred. We have suffered upsets, been downcast or downtrodden. We have displeased, disappointed, disparaged or disheartened one another. Every time we are denied loving grace and approval our disappointment can become self-incriminating. We depreciate ourself when slights or slurs are sent our way. We hem ourself in by misperceptions, which can take precedence, when we sabotage our self worth. We need open heartedness to embrace our future with hope. Hope comes from being valued. We gain hope, share hope by showing good character, propriety, decorum, and living honorable behavior in dress, in speech, in actions and in showing a kind consideration for others. The requirement of all of us is to show polite and proper regard for the well being and suitable safety of others. Therein is valor, and it's always about what comes next. ***What is safe, secure, refined?*** This requires a continual rededication of our lives to our noble intentions and moral code. That is the crux of advocacy: being just, not unjust; compassionate, not obstinate; forbearing, not impudent. Noble intentions build approvals. Approval liberates and gives emancipation to the worth in every soul. ***All humans are to represent wealth, knowledge and goodness.*** The process is one of unity not uniformity. As Michael Podesta aptly says, *"If we consider ourselves so unimportant that we must fill every moment of our lives with action, when will we have time to make the long, slow journey across the desert of self awareness: For each one of us there is a desert to travel, or a star to discover, and a being within ourselves to bring to life."* Having moral maturity we can increasingly live by tenderness, prayer, and courage!

Moral Maturity is believing in ourself.

As Tyson has said, "We act according to our beliefs."

And as Lazon Goldberg sums it up, "The errors to avoid are those that eliminate opportunities to try again!"

This regard for regeneration is at the very core and center of emancipation. What should be front and center when we fulfill Sahome's intent: Moral maturity coming to make a world at peace!

We CAN do it!

‘The Golden Mean’

B. ULTIMATE BELONGING

Our job is to assure the mutual happy contentedness of the human family by working together in all just causes. We can start each day in the spirit of gratitude for the many right things that so many wonderful people are doing to make the world a better place to live in. Appreciation and a thankful heart opens our eyes to our ‘bettering’ the world. By imparting the best we have to offer we can encourage the best in others. Ultimate belonging means putting no one in jeopardy.

Let us foster freedom from error. Let us spare one another from desperation and altercations, from illiteracy and poverty of mind and soul, and from prejudice and injustice. Let us put everyone into a context of ‘Bigness of Being’. Let us counter acquisitiveness, defining ourself by our belongings, and rather may we define ourself by our moral maturity and how well we live ***The Golden Rule: “to do as we would be done by.”*** May we embody virtue, holiness, divine love, and righteous dominion by having an eye single to the immeasurable infinite value of each and every person. Rather than trying to convert people to a new theoretical philosophy, let us, all try to convert one another to a ‘higher self.’ May we let our love of wisdom and of knowledge, help us to act together for the best good and benefit of each and everyone. May we live without torment. We are disgusted with war! May we stop exchanging vengeance for vengeance. We have learned war, may we learn peace! May we cleave together, that union of souls is Sahome’s wish for all of us!

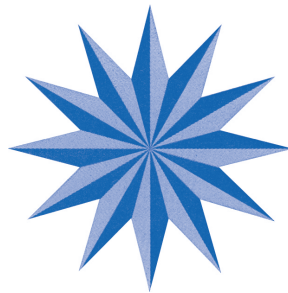


‘The Golden Mean’

C. SELF SUCCESS

Sahome is designed to help everyone create a noble mission for their life. We want to help open the way to people’s dreams. We want to help increase ***accessibility, attainability and actuality***, for high striving with ***accountability***. That is accomplished by not breaking faith with ourselves or breaking faith with others. We don’t want to bust self-trust. We don’t want to fall prey to the power of penalty. We want to live good rules and proper guidelines that anchor successful living. We don’t want to offend the sensitivities of others but rather honor the noble intentions and deeds of those around us. By living a life of grace and goodness we will have a strong presence in the niches we fill in this world, and we will flourish in the pursuit of our potential.

We can learn from limitation. We can bring about our emancipation, which is key to having a healthy notion about the good in the world and the good in ourselves. Thereby we feel a greater ease with ourself and the world around us. By living tranquility, consummate composure, freedom from worry, fear, and troublesomeness, we will be more receptive to beauty, wonder and harmony with our environment. Through our goodness and mindfulness, then conservation and appreciation will proceed our actions. We will defend and uphold the industriousness and praiseworthy self-determination of others. ***Acting together we can be retrieved, restored, replenished and redeemed.*** This is the epicenter and epitome of creating everyone’s self-success.



‘The Golden Mean’

D. TRUE PERSPECTIVE AND BALANCE

Ultimate calm comes from greater self-understanding. Understanding the past gives us a means to grow through our problems to have a fortunate future. If we want personal peace and peace in this world, we must work for justice, inspire harmony and instill compassionate mercy upon one another.

A spirit of composure, peacefulness, quietness, and instilling the grace of rest and goodwill come from comforting and consoling others. ***The pursuit of everyone’s delight, satisfaction and joy sets a standard of staidness and peace that is constant.*** Love is, to each of us, that which can be depended upon. Heaven is about building upon the efficaciousness in all of our lives and surroundings, so that we each can honor life with distinction and validity. ***Sahome focuses on the good in everyone’s life coming true.*** Thereby past or present dilemmas and quandaries can be transcended, acted upon and renewed. By posing new answers to problems and arriving at new solutions and insights we can become more settled, secure, socially well adjusted and acceptable to ourselves. With understanding of our trials and troubles, and how they have misconstrued our lives will give us the courage and foresight that can be used to leverage us forward. We can then give ourselves permission to lay the malice and mischief to rest, fully and finally. Sahome is to inspire and enlighten us to be able to build a bridge over troubled waters to become our full-soul selves. Sahome is a path to spiritual oneness, open to all, teaching physical wellbeing and moral rectitude, for bringing us together, in a world of grace, peace and happy soulfulness. Balance and true perspective, is our wish for all.

**Sahome wishes everyone a receptiveness to receive and achieve these four gains that help us to fulfill the twelve promontories of Sahome.
May every blessing come to all in pursuit of the ‘Golden Mean!’**



Living Sahome's Big Bold Vision

Let's hold onto a Big Bold Vision. Sahome makes that possible by the practice of moral courage. It begins by empowering us to use our innate wisdom and powers to do good. We are a species that assures perpetuation and preservation by being flexible. We have the innate ability to adjust to many conditions and circumstances with an inner genius. We can become steadfast to our goals and aspirations even in the face of setbacks, drama and trauma. We are basically enterprising. Though we are flawed mortals, we have the capacity for the acquisition of insights and knowledge. We can learn from our error, or other's error. We can become conversant with new technology. We can take hold of the myriad of computer enhancements that present themselves to us. We can untangle the problems and perils as they trouble the world and present themselves to us. We are not blind to the long term. We have the power of foresight. We have the power of imagination and of prognostication to anticipate and craft solutions. With moral courage we can dream up variations and alternatives to our present circumstance. We can ask, "What more is in store?" We can have vision. We can have a great future. ***Moral courage gives us power!***

"Moral Courage means access to power."

- ***We have the power*** to gain information and training:
We can create the future by improvising, doing projections, doing revisions. We are forward thinking beings.
- ***We have the power*** of prognostication:
We can think before we act, look before we leap, contemplate outcomes before we have to live them. We can start with the end in mind. We can think ahead. We can act upon a long-term vision, ideals and goals.
- ***We have the power*** to love:
We can hold to the love ethic: ***We can do unto others as we would be done by others.*** Love is the truth shown in actions of grace. We can seek the truth about all that love can teach us.
- ***We have the power*** of generosity:
We can team up to mitigate tragedy, calamity, and food scarcity. We can rally around people's needs. We can contribute to freedom from oppression, poverty, illiteracy, scarcity, and privation. We can build economic development around solving problems. We can be apart of the solution.



- ***We have the power*** of innovation:
A great part of self-awareness is the power of self-creation. We can change. We can improve upon ourself and upon our environment. We can be a creative prime mover for good. We can better our lives and circumstance.
- ***We have the power*** of prerogative:
We can set our own agenda. We can create our own script. We are free moral agents. We can be responsible for the impact of our actions. ***We can make up our own mind.*** We can choose our own incentives. We can get back to what should get done, back to square one. We can start fresh. ***We can accomplish great things.***
- ***We have the power*** to invest in ourself:
We can develop our skill, talents and gifts. We can become, educated, informed, and enlightened. Longevity is on the side of efficiency and versatility. We can create usefulness and expand our part in it.
- ***We have the power*** of discipline:
We can shape our habits, attitudes, responses, and behavior. ***We can live values and cultivate virtues.*** We can comprehend life on a higher level of moral norms. We can be better, think better, act better and do better.
- ***We have the power*** of prevention:
We can take preventative measures to avoid hurt, harm, or injury. We can guard against terror, mistakes, and misfortune. We can put in place the power of redundancy; to have a back up plan, a fall back position, a supposition in lew of or as a replacement for a false start or failed attempt. We can have a second set of keys in hand incase we misplace or forget the first set.
- ***We have the power*** of pointers:
We can follow good advice, take advice. We can take notice. We can give important matters our full attention. We can be purpose driven and purpose inspired. We can take heed of inner promptings. We can use our gifts of discernment and intuition to lead and guide our decisions and our attitudes, particularly the attitude of gratitude. ***We can be grateful and let thankfulness guide us.***
- ***We have the power*** of insight:
We can learn from our experience and knowledge to make sense out of our world and our moment-to-moment circumstance. We have the power to ***see things clearly*** and understandably, so that we can take care of the necessities and opportunities that come our way. We can layout our plans to get positive outcomes.



- ***We all have the power*** of evaluation:
We can take problems apart, to consider different approaches and angles. We can debate, discuss, reason, refute, adjust, and decide the best course of action for community or personal problems. Life makes all this kaleidoscope of experiences real, as we open to deliberation and evaluation.
- ***We have the power*** to look for clues:
We don't know what we don't know, but we delve, and seek and strive for answers. We are pattern-seeking beings. We have the unique capacity to invent our world, bring about transformation. ***We can invent and discover.*** We can predict and get the right "fit." We are originating beings. We can look for refreshing changes and best outcomes and follow the clues to get us there.
- ***We have the power*** of advocacy:
We can be fond of supporting causes. We can get behind any worthy effort to improve things, all around us, such as our environment, working conditions, political climate, education, atmosphere, public safety, and recreational opportunities. We can be our own best friend and not our own worst enemy. We can pose arguments and seek advice and evidence. We can take a stand.
- ***We have the power*** for transformation:
We have the power to get to work doing what does work. We can tinker with it, adjust to it, remedy it, reconstruct it, reform and renew it, reconsider it, find new ways to do it, and tailor it to specific purposes. In a finite world, we can work for the best good of others and to meet the need at hand. We can recognize the need and how to meet it. We can do a course correction, self reformation, attitude adjustment, career reinvention, group enlightenment, all to chart a better direction, a finer way. We are originators, prime movers with leeway and latitude to shape our world in a positive way. With positive self-reinvention we can exude sincerity with mutual faith and regard for one another.
- ***We have the power*** to be self-starters.
We can seize the moment, take the initiative, we can cover our tracks and take things seriously. We can be responsible and shoulder responsibilities. We can follow through. We can make commitments and keep them. We can "pick up" after ourselves and help "pick up" after one another. We can show heroic tenacity and fierce determination. We can make conquests. ***America is a construction site.*** So are we!
- ***We have the power*** to share in rewarding relationships.
We can know cohesion with friends, loved ones, and family. We can endear ourselves to others, and be appreciated for who we are and how we are. We can give and take. We can defend one another from anything that pulls us down. We can go through pain and healing together. ***The world works well when we work together; when we solve our differences peaceably.***

- ***We have the power*** to uphold an honorable reputation.
We can become a contributing member of society. We don't have to treat evil with evil, go after the take down, and do the knock down drag out, want the 'fast' money. We don't have to block other people's blessings. ***We can be known for blessing others, for being kind, considerate and caring.*** We can reflect well on others and so be regarded. Building reputation may not always be the easy way out, but it has a big pay out. Bad apples create bad experiences for one another. Bad press fosters bad outcomes. We can regard all life as of infinite value. We can become a part of a quest for our best future, by supporting and discovering our best future, together.
- ***Because we have the power*** to learn caution:
We can learn to look before we leap. There are negatives that can cripple the best laid plans. We can be buffeted by events. What can cripple us once can cripple us twice. Life is full of lessons learned, even some the hard way. A defensive posture, in the face of uncertainty, can be life protecting. Caution helps is do an attitude adjustment. We learn resilience from upsets and set backs and the need to stay keenly aware of drawbacks and back sliding. Our experiences bring into sharp focus, the need to stay on the moral high ground. Yes, we get out of life what we put into it.
- ***We have the power*** to create structure:
We have the power to build from the ground on up. We have the power of hope that we will see the fruits of our labors come to pass. We have the mental and emotional capacity to pursue a dream and incrementally bring it to fruition. ***We can build great results out of small beginnings.*** We can construct the process and see it through. Without memory there isn't any motivation. We can visualize, think up and think through a lot of detail entailed in accomplishing our goal. Goals are hollow without structure.
- ***We, all, have the power*** to be intrinsically good.
We can be good at our task, good at our marriage, and good at keeping our promises, and respecting our possessions, home and family. In this world, the '***high adventure***' is to seek the good life. We can contemplate what the meaning of life is. We are capable of reason, contemplation, observation, and doing investigation. We don't have to stay 'dim witted', stymied, or 'dumb founded'. We can come to soul satisfying conclusions with behaviors and conduct to match. Therein lies our self esteem.

*The power of moral courage
is Sahome's wish for all of us!*





*We wish everyone,
Moral courage
To be As good
As we can Be!*

*To that end
Sahome Offers 7 wishes
For each and everyone
Of us!*





Sahome's 7 Wishes

For each and everyone of us:

1. Right Results
2. Understanding
3. Serenity
4. Acceptance
5. The Art of Certainty
6. Positive Witness
7. Service



Sahome wishes everyone

1. RIGHT RESULTS

May we soar with the might of salvation. Salvation us **open** to everyone. Souls are saints in the making. Salvation **belongs** to us all. May we honorably fulfill that summons to sainthood in everyone, most of all, in ourself. In no way do we want our actions to be a menace to any part of mankind. Therefore, may we guard against vile belligerence that torments by its unintended consequences. Let us do the soulful and not the sinful. Our upward striving is a constant vigil of valor. We respond to love, because with love we treasure the moment. We take tender care of the true treasures of friendships. **We uphold grace to benefit the common place. Everyday we can support, delight in, reinforce, and favor the good in others.** There in lies true contentment. Thereby we live an ampleness of spirit that overcomes scarcity and 'meager mindedness.'

We need to put resources behind what we care about. Our home, family and friends are where the heart is. They can bring majesty and music to live in our soul. We were meant for a symphony of amity as a celebration of community. From this tender sweetness, by being full of goodness, we can consistently cede to harmony and peak outcomes.

We cannot freeze history. Today is our day. Tomorrow will mirror what we have done and become today. Just as money is a way to share wealth, so are our actions and best intentions a way we share wealth. Let us not make excuses but really make a difference. We will do this best by holding to the norms that prescribe our brightest future. Right results are our keepsake that we take into the future. Right results create our engagement and interpretation of the quest for dignity, contentment and fulfillment. Sahome wishes that fullness to all of us.

*This is mirrored through the
12-pointed star of Sahome.*





Sahome wishes everyone

2. UNDERSTANDING

May we live Sahome by taking no offense and giving no offense! “The brash and the rash bring on wrath and the lash.” Our minds are best made up by choosing the best alternatives for our life. Right choices are ever present and are felt in our spirit, our soul, and in our body as vital impulses so that our intuitive genius can steer our intentions and motivations correctly. We don’t want to separate ourselves from the good we can be or from the good that we can accomplish (together). Peace will require expanding the borders of our concern so that the kindness we want for our world is unambiguous and totally defensible in our own conduct. We don’t want to surrender ourselves to false assumptions or flawed notions that will doom us to fanatical tribal infighting. We want sustainability based upon an encounter of respect, honor, and generosity that bodes well for grace. We want to deliver best value for everyone to achieve a happy abundant blessed life, this will require bravery on all of our part, and structural reforms in society to safeguard the sanctity of life. This will require us to overcome fear and mere self-interest by seeking the common good. If they say that wars are essentially political, we need to build a political climate in which peace and goodwill supplants hostility, envy, greed, and malice. We need to raise self-interest to a new level of self-belief so that it responds well to making a contribution to the dignity, prosperity and safety of our kindred kind around the neighborhood and around the neighborhood of nations. We all need to dismantle the acquisitiveness of corruption as being an untenable situation for true honor and prosperity to exist in. We need to help everyone flourish without the fixations on supremacy, at others ill expense. We want everyone to share in the pursuit of happiness in a way that beautifies and gives ownership to their hopes, best circumstance and well being, realizing their fair share of wealth. ***This culture of goodwill can become the nobleness and combined understanding that we live by and thrive by.*** With increased worldwide understanding we can preserve everyone’s rights and prerogatives. We need to encourage restorative justice. Not to badger, belittle or subjugate but illuminate, educate, and emancipate. Because we are called upon daily to make judgment calls; they are done best, not by consternation, but by illumination and understanding.

Understanding gives us liberation.



May We Choose Understanding

To rise above

The pitiful Universal Negatives

- From learned despair, default, discouragement;
Let's use powerful milestones rather than millstones!
- From holding a grudge and its quagmire of qualms and vendettas;
Let's change negatives into positives!
- From loosening the floodgates of folly and misfortune through abuse and misuse, humiliation, violation or coercion, heinous havoc and whoredoms;
Let's live clean honorable lives, full of virtue!
- From aggressions, aggravation, hostility and vindictiveness;
Let's end all hurt and harm!
- From brutality and atrocities of contempt;
Let's end maliciousness of any sort!
- From injurious indiscriminate indiscretions and indecencies, vulgarity, villainous vileness and repugnant lewdness and vile, sordid sensual selfishness;
Let's be pure, virtuous and clean!
- From dishonesty, deceiving pranks to flagitious fraud;
Let's be honest!
- From conniving, contriving, ruinous acquisitiveness, ruthlessness, hordiveness, trying to get something for nothing;
Let's take only what we earn and do rightfully with others permission!
- From seeking victory at any cost, before seeking first the underlying truth and right;
Let's not mistake might with right!
- From inflicting deprivation, denigration, devastation, desecration on anyone;
Let's cause no bruising, take no offense, and give no offense!
- From belligerent pride and prejudice;
Let's not coerce or control others against others will or others self determination!
- From causing heartbreak and grief;
Let's not impact any life with hazard or heartbreak!
- From assaulting and profaning the earth and its resources;
Let's be good stewards of the earth and it's bounties!
- From promogating any injustices against the civil liberties and human rights of anyone;
Let's honor the civil rights and safe guard the integrity and well being of all!

**Universal understanding will help us overcome these negatives, so energetically we will cure infractions, sordidness, squalidness, and the spoilers mentality.
Let's live the understanding so moral courage can flourish!**



Sahome wishes everyone

3. SERENITY

Our serenity will be built upon many small achievements. May we live the love of our heart, as we give love to all, particularly as we give love to those who feel dispossessed and disappointed. True love will help us to seek our comfort in ways, which gives everyone less stress and more happiness. Love, consecrated love, sacrificial love bespeaks nobility to our eternal essence. In the spirit of love, Sahome wants to support, establish, and validate, for rightful purposes, a ***collaborative commons*** to trail blaze this social harmony and prosperity. We invite all people to join with us to make this prosperity a reality for all. If we excel, excellence becomes our path forward. As we become a purveyor of permanent hope and purification, the realization of this glorious phenomenon will be proof positive of our intellect, spiritual genius, and excellence of character coming to the fore. This is our hope and belief in us all having life's fullness. May we live benevolent outcomes. ***We are thrilled and grateful to all who try so diligently to be wholesome sustainers of goodwill.*** May all the right and noble deeds of goodness, that embodies, this refined future, be achieved. Thank you, each of you, for doing so many right things to better people's lives all around you. We are grateful and appreciative of everyone's best efforts, past, present and future. We want everyone to live in the sunshine of this shared serenity and appreciation. We want each one of us to live in moments of grace, as found in the 12-step serenity prayer.

The serenity prayer.

God grant me the serenity to accept
the things I cannot change,
courage to change the things I can,
and wisdom to know the difference.

Positives become Negatives because of alcohol abuse.

- We can be positive that our drinking was negative.
- We drank for happiness and became unhappy.
- We drank for joy and became miserable.
- We drank to be outgoing and became self-centered.
- We drank for sociability and became argumentative.
- We drank for sophistication and became crude and obnoxious.
- We drank for friendship and made enemies.
- We drank to soften sorrow and wallowed in self-pity.
- We drank for sleep and awakened without rest.
- We drank for strength and felt weak.
- We drank for sex drive and lost our potency.
- We drank “medicinally” and acquired health problems.
- We drank because the job called for it and lost the job.
- We drank for relaxation and got the shakes.
- We drank for confidence and became uncertain.
- We drank for bravery and became afraid.
- We drank for certainty and became doubtful.
- We drank to stimulate thought and blacked out.
- We drank to make conversation easier and slurred our speech.
- We drank for warmth and lost our cool.
- We drank for coolness and lost our warmth.
- We drank to feel heavenly and know hell.
- We drank to forget and were haunted.
- We drank for freedom and became slaves.
- We drank for power and were powerless.
- We drank to erase problems and saw them multiply.
- We drank to cope with life and invited death, or worse.

**We learn at the speed of pain.
When it hurts badly enough, we change.
Some people never hurt bad enough, they just die.**



*Sahome Wishes
Everyone Serenity*

Which can give us

The power of positive thinking, actions,

And out comes that come from

Being clean and sober

Clean and chaste

Clean and tidy.

Through all of our intentions and motives.

Sahome wishes everyone

4. ACCEPTANCE

How can we best fully accept one another? Patience, consideration, listening receptively to another's point of view certainly creates a climate of confidence and a confluence of tenderness and courtesy. This kind disposition, which derives from the heart, turns into a generative conversation of goodwill with our loved ones and all those in our midst. We must help our culture and our world to overcome the 'conquerors mentality,' the 'subversive intrusion,' the 'malice of abuse' and the 'marauder's demeanor.' Rather, we should seek to be observant of human dignity and destiny in a way that builds people up not tears people down. Though we live very busy lives, in a hyper competitive world, in which angst and anguish can create the narrative for the 'conquerors mentality' and/or the 'subversive intrusion' of the 'marauders demeanor,' mutual honor and acceptance can carry the day. We must counter any suppressive domineering force by our polite regard for the wellbeing of others so that they fulfill the full measure of their creation and have joy therein. ***By adding these traits of compassion, empathy, and good listening to the sweet generosity of human touch, all humanity, together, will be secured and enhanced.*** We will be destined to restore, retrieve, and redeem one another. As we enable each life with this outreach of compassion, caring concern, and comforting, we will safeguard the resilience of society, so that it accommodates to everyone. We won't abort, but support those democratic, civic and religious institutions that safeguard a healthy, spiritually vibrant fellowship and relationship between family, friends, neighborhoods, classrooms, business sites, community and government, be they local, national or international. Collective tensions can be minimized, if we decide, all together, to grow beyond self-centered self-promotion or brutish denigration or exploitation, and lift to best use and pre-eminence the excellence impending and waiting for expression in everyone of us. ***It matters most to our emotional, mental, and spiritual literacy and legacy, to be in healthy relationships that celebrate one another's uniqueness.*** Our composite derivations of meaning, which can enhance our collective wonder, create a dazzling spectrum of sumptuous variation in the human family.

To end domestic violence and break free from violence towards women, we need moral courage in all of our relations and marriages. One in every five women has

suffered from sexual abuse, domestic violence, or verbal harrassment. This weakens society and is something we should not accept.

Because of human variation, there is too often, friction caused by human differences in abilities that occur in many relationships – both in the workplace, the civic space, in the home or community surroundings. One’s own assumed self-importance could become self-seducing to the exclusion of the worth of somebody else. This even happens in marriages, when one person always thinks they have to be right, or are much better than their partner. Sadly, when there is unevenness of skills or aptitude perceived by one marriage partner about the other, insinuation, insults or assaults on the other’s person good judgment or character can take place. This can lead to one person insisting on supremacy, absconding the moment, which usurps control over the sanctity, prerogative, or observations of one’s mate. When one is too often dismissed, or ridiculed by being derisive or dismissive of the worth of the other, marriages or relationships falter. In a marriage, or otherwise, when we think we are right about something or can do something better, at the time, than another can do it, doesn’t mean we have the right to diminish, hurt or be hostile to another. Self-assertiveness doesn’t have to denigrate or squelch the other person’s dignity or full personhood. May we ***communicate in joy, honor, and love***. Self-assertion doesn’t mean desertion from the other person. ***No debasing, only embracing!*** Let’s not be derogatory, but rather be laudatory. Let’s collaborate!

In any relationship, our need to be recognized and actualized doesn’t mean, in any way, someone else has to be wrong, put down, or brutalized. Verbal violence, physical violence, or any untoward hostile feeling which causes another to be bereaved or bereft, deprives any one of his or her right to full personhood, with all the sovereign rights of self expression and self fulfillment. To fully fulfill the majesty of any relationship we must reflect the greater good in all of us. We may not agree or not see eye to eye on some things exactly alike, because of differing mentalities. Any differing perspectives or focuses, that would or could clash, bringing on disgruntlements, bickering and quarrelsomeness, must be supplanted by the generosity of a kind disposition. ***A kind disposition is always relevant to best outcomes!***

Our adoring acceptance of one another, in spite of our unique variations, speaks highly of our social intelligence and integrity, which indeed reflects our moral courage.



Sahome wishes everyone

5. THE ART OF CERTAINTY

Friendliness can form the threshold on which ethics, skills, holiness of intent and the gifts of grace can thrive. Out true certainty comes with friendship. Friendliness will help us use our life with sanctity of heart, so that retribution, rebellion, slothful renege don't become the selection that a wounded heart makes. First, we are to be friendly with ourself. When we resent our suffering, our heartache, our loss, we can create a vicious cycle of self-repute, which can refute our very worth, and the value of our life to be a mirror of goodness. The finest pastor is the one who helps us believe in our own worth. ***Heaven's interst is in us having a good plan for our life.*** With friendliness for all people, we turn vicious cycles into virtuous ones.

When we build monuments to the heroic actions and virtuous deeds of our noble fellow beings, be it a statue in a public park or a grave marker in a cemetery, monuments are the sign of collective memory used to enshrine certainty. Honor is a tangible experience, which we can all thrive upon. We need examples of goodness to follow and to honor. As we do acts of goodness we honor others, which in turn brings gratitude that honors us. Friendliness is a key to building honor, which becomes a key to life's certainty. Moral certainty is an asset rich in Providential Intent for the mortal soul because it releases the wonder of creation. Wonder drives imagination, inquiry and learning. Honor leads to all that wonder can open to the soul and helps us end isolation, frustration, degradation, privation, demoralization, violation, desperation and distraught destitution. May we fill any form of loneliness with friendship. Friendship is like always having home away from home. May our kinship be as friends, in life's pursuit of certainty.

Gratitude is our way forward, to live a life of certainty, and best expressed through friendship.



Faith Says Yes To Life!

Says Yes... in the search for wisdom and truth, to be a pursuer!

Says Yes... to standing up against the hullaballoer, with all due candor, becoming a prime mover!

Says Yes... to being a miracle embuer and sticktoer!

Says Yes... to be a part of the renewers and not the poopooers or the spewers!

Says Yes... to rally around the to-doers and the 'see it throughers'!



Sahome wishes everyone

6. POSITIVE WITNESS

All of our concerns should lead to people's happiness and welfare. Our common concern should not be upon position or status, but rather be on kindness and empathy that informs, educates, and supplies the means for grace to be realized in blessings upon people's lives. In such an environment, threats and risks won't diminish us. Our efforts and mutual sustaining will lead to human innovation and human capital formation. Gafs and glaring gaps will be reduced by our careful due diligence. Teamwork will unite us. Teamwork helps our dreams come true. With a generosity of spirit, the conundrum of selfishness can be supplanted by all the necessary virtues. Everyone's full sufficiency will open to growth, even if by fits and starts, trial and error, and incremental improvements. We will pardon faults, knowing and realizing that if we are not allowed to make mistakes in this world, we will not be allowed to make progress. Let us remember if we are not prepared to be corrected or to be wrong we will not come up with something creative or innovative, worth living by. Our only standard is to be complimentary to people's best efforts and intentions. This approach lies at the bedrock of all witness. All of Sahome's strategies, for creating a better world, supports the ampleness of positive witness. We give our greater witness by sustaining ampleness. Ampleness builds wealth, love and goodness.

We, all, owe our current generation our very best personal witness to secure peace and good will towards all people, as a right. We do have that aptitude to witness to the need for safeguarding peace and wellbeing for all, by the use of co-operation, compassion, knowledge, and respect.

*Sahome wishes us all to share positive witness,
compassion, love and virtue, with one another, at all times.*



Momentums

We cannot be fully empowered if we resent our emotional needs. If we do not allow ourselves the truth of our own emotional needs, we become impaired, emotionally stunted, and barren. We may take self-denial into stages of dysfunction as exemplified by bulimia, an eating disorder, or into self-defacing anxiety disorders and self-deception. **Truth is feeling!** Truth reveals to us our full-soul self. Truth opens us to the great odyssey of life and is a key prerequisite to releasing our powers of moral imagination, believing in those powers and following where they may lead us. Accepting our need for feeling is key to accountability and sensitivity. It is all about feeling. Feeling is the healing agent.

7 Affirming Momentums

- 1 I am of infinite value.
- 2 I am somebody special.
- 3 I am a person of worth.
- 4 I am to be loved.
- 5 I let myself be loved.
- 6 I will love myself.
- 7 I will give that love to others.

To let life be more meaningful I will...

- Form a “gratitude list.” Life is too miraculous to despair.
- Choose my distractions carefully.
- Exercise body, mind and spirit daily.
- Relax without relaxing my ethical standards.
- Get more future out of special moments.
- Get more life out of my goals.
- Eat well and create an appetite for natural sustenance, relish the fruits and vegetables.
- Feed my spirit with spiritual worthiness by building worth in others and not just in myself.
- Be positive about positive things,
- Name all my assets and accomplishments close to God’s ear, let Him hear and know how thrilled I am.

“Every time we heal a part of ourselves, we give light to the world.”

Sahome

Sahome wishes everyone

7. SERVICE

We are at our positive best when we are publicly committed to building a stable cohesive mutually appreciative society. Our communal and civic service to community life is more apt to surmount difficulties, dysfunction, and conflict with resilience and optimism. Social networks, based upon cooperation and kind consideration, are more apt to help all participants to rise above exhaustion, stress, division, and animosity when they have skill and noble goals in common. In the spirit of service, we rise above differences by strengthening one another's goodness and by fostering right perceptions of responsibility. We are, all, responsible for improving. As we maximize service we increase self-betterment. With service we are setting a good example for others to follow. The job ahead is to raise the base line of personal service.

Let us realize that life's trials and temptations are an opportunity for self-validation and betterment. Let's not panic! ***By patience, right decisions, networking with good people doing good work, contributing and building upon one another's strengths, we stay motivated to live a noble life of enriching ideals and noble causes.*** By doing service we are less apt to make wrong turns. We benefit others by implementing service through our good intentions. As we edify and encourage others to live within proper boundaries and good guidelines, by our example, we build the "wow" factor we owe to one another. Service answers, "How I fit in!" How can I be gallant? Service creates harmony through joy, love, mercy, and honor. This creates graciousness without the impunity of impudence. Rashness is done away with. Service encourages us to become our full soul selves, with attention to lift everyone's benefit.

Sahome wishes full-hearted service to all of us!



Life is to Serve

Life is full of soulfulness when we choose to serve. Others benefit from our kindness and deeds of goodwill. Especially when we:

- Share stature, strengthen integrity, and build peace, prosperity for the common good of all!
- Practice mutual love, mutual honor and mutual mercy for each and everyone!
- Help each person to feel at home with all majesty and all the saving graces, so greater love is realized in their lives!
- Consider every blessing to be a reflection of our divine worth and the value that we are! ***“Each life is of infinite value!”***
- Follow the noble virtues of honesty, integrity, consideration and concern for others wellbeing!
- Acknowledge everyone’s right of self-determination and free volition and not impinge of anyone’s agency of choice!
- Continue to be ambassadors of good will and wishes!
- Foster moral maturity, ultimate belonging, self-success, which reflects well on others by fostering true perspective and balance in our lives!
- Live the grace of sanctity of heart that is honoring, appreciative, and gracious to everyone!
- Give graciously of our talents and abilities to enrich the current and longterm circumstance of those around us!
- Mend hearts, end harm, lend a hand!





*Sahome wishes Moral Courage to each and all
by following the 12-pointed star of Sahome.*

Moral Courage is what holds life together. Moral courage allows second chances to hold us together. Fall-back positions hold us together. Many of us are working on the consolation prize. Because we have developed a back-up position and supported a fallback scenario we are still up and coming. This resilience comes from our center where we feel a 'Unity with Fortuity'. We all have an inborn aptitude to fulfill the perfect pattern after the Image and Likeness of God our Beloved Father. Our job is to keep our eye on the prize, which means keeping tabs on our actions and attitudes, so that they reflect well on ourselves and also on others. It's very difficult to accept others until we accept ourselves. Striving to fulfill our fullest potential is embodied in achieving full self-acceptance by being full of goodness, full of hope. **Everyday is a treasured opportunity to think positive thoughts that help us to think better of ourselves and better of one another.** In each of us is strength ready to be harnessed. What we stand for and stand up for frees us up to brave our fears. Nature will help us nobly surmount our struggles when we have paid the price for vigilance. Vigilance may take the form of an attitude adjustment or change of actions so we build the whole person. Each day we need to focus on what we have to be grateful for so we distribute our weight in a caring way...sometimes to defer, sometimes to prefer, so contention, conflict and commotion don't overwhelm us. We do this through living:

- ◆ Mutual Love
- ◆ Mutual Honor
- ◆ Mutual Mercy
- ◆ Putting Passion into Compassion
- ◆ Protection
- ◆ Purpose
- ◆ Power of Personhood
- ◆ Moral Maturity
- ◆ Ultimate Belonging
- ◆ Self-Success
- ◆ True Perspective
- ◆ Ballance



By living Sahome we create sustainable solutions!

Sahome speaks to our charm, care and confidence, to honor cultural richness, and individual need. The measurement of a modern vibrant society is one that prevents barriers so that its citizens freely have full participation in advocating and advancing tranquility, prosperity, artistry and cultural richness, in a way that supports productivity for all its peoples. In such a society people take ownership for their own self. May we stand firm for crystal clean air and want to minimize ecological excesses or environmental damage. May we stand firm against sexual terrorism, acts of humiliation or violation, media intrusive pornography and are vigilant against gun carnage and alarmist accusations that breed conflict and dissention. May we meet emergencies each day with expeditious action to mediate harm or desperation. May we not run away, but stay in the fray and not delay making honored and loved responses. May our self-assertion counter mayhem and bedlam with consummate usefulness and kindness.

Mental and emotional health is maintained by a love for the performing and visual acts, grandness in gardens, good design in architecture, that speaks to the heart of beauty and delectableness, which refreshes and deepens affections for building excellence for both men and woman the world over. May our intent be to have things efficient and well run, for bettering all. May we be good stewards of knowledge, money, and resources. In a major fundamental way may we underwrite the talents and innate gifts of our citizenry in a positive way. May we not turn families and communities into commodities to be exploited, but instead emanate resilient soulfulness which shows considerate sanctity. May we spur on the spirit of refinement that shifts self-interest into building joy and reverence for the common good. May we build a community-based society, that processes, counsels, and is open to suggestions, complaints, infractions, and mistakes in a proactive, pro-growth developmental way. May we build a society in which we can, all, take control of our political, social, educational destiny, that enables even the disabled to fulfill and feel useful, using their strengths, to bear fruit for the whole.

WE CAN DO IT!

Love defines us. Love refines us. Love helps us live life vibrantly. The process of sourcing love to develop both oneself and one's fellow folk helps us feel a part of a strong work ethic, which builds returns on investments, again and again.

We give our love to everyone!

Imparting Moral Courage

We unite in a coalition against any form of extortion. We shift from self-aggrandizement or self insulated isolation, radical extremism and political prejudicial posturing, towards curing and mediating mental and physical poverty. Poverty can convulse into the worst forms of violence that defeats and depletes us all. Prejudice, in all its viciousness, is the enemy of compassion, towards the poor, the displaced, the disenfranchised, and the disheartened. There are now some 40 million people in poverty in the USA. Income discrimination favors the 'haves' over the 'have-nots.' In Sahome, upward mobility is our priority. ***The improving of living conditions will bring a shift from darkness and despair into radiant expectant sociability and versatility.*** By means testing our social services and directing resources to be better spent on education, we can bring prosperity to the underprivileged and preserve their dignity, their desire and hope for a better future. We want to preserve society's cohesion and fiscal integrity.

We are, all, on life support of one kind or another. We need the mutual embrace and assistance, the assurance and resilience that cooperation can afford us. We embrace assistance by giving assistance. When we help others to be more and do more, by making the right moves, their growth helps us all to become more stable. Thereby our approach is beyond reproach. Let us be a credit to one another. Let us give credit where credit is due. Let us hold fast to the Golden Rule, ***“to do as we would be done by.”*** Let us not shrink from a holistic approach to the health, happiness and well being of all of us. Sahome wishes joy, prosperity and good sense for every one of us!

As we work together, to provide opportunities for personal advancement on all levels of usefulness, we can help create learning teams, which can involve the aspirations, imagination and ingenuity for those out of work. We need to sustain programs, for ordinary people, that take a stake in peoples lives so that life, for them, is advanced forward.

Let's fund usefulness, which can fill needs that society urgently needs to have filled; to better our streets, our gardens, our civic landscape and housing, our parks and playgrounds, our public space and our living infrastructure. Thereby lives are put back together with a greater sense of purpose, meaning and usefulness, so people grow stronger and take better control of their future. Helplessness is replaced with helpfulness and cheerfulness. Carelessness is replaced with carefulness. We all want to be freelancers, not freeloaders. As we begin, by devising a way up, a way out of poverty, let's put to work experts from business, church and civic groups, schools and career placement centers, to create the sustainable solutions that will brighten our tomorrows to better include us all.

WE CAN DO IT!



*Moral
Courage
Fosters
Faith*

How does it all come together?

Our Faith is the Vital Link

As someone has so aptly stated:
“Learn to shake hands prayerfully”

Faith Precedes Fortitude
By living Sahome we build faith in one another!

This is our faith:

That we, all, can become in tune with the Divine Nature, the Devine Consciousness, the Devine Plan.

That personal revelation and inspiration is guaranteed to each of us according to our faith and faithfulness.

That personal input, from the Sire of our Souls, has been summed up in these few words, “Ye shall be taught from on high!”

Thereby

We can live life’s true template for ampleness by:

- Absolving, Solving, Resolving Problems
- Overcoming, Flourishing
- Sharing Ceaselessness, Earnestness, Contriteness, Holiness, and Completeness!

Faith Fashions Fortitude

If our attitude, as a society of equal citizens, is built upon devotion to living a grander faith, then we can face all of our struggles and problems with renewed stamina. The face of fortitude is the face of faith, service, integrity and mutuality which are principles for positive action. Our faith is tested by our struggles. After the trial of our faith comes the confirmation of our faith. All things are fulfilled by the exercise of our faith.

Faithful living is key to a sacrosanct “miracle filled” journey into the unpaved promise of tomorrow, that takes shape today.

The exchange we make for future best outcomes is the way we conduct our life here and now. The power of self-possession hinges upon our self-assertion to live the splendor of our best intentions today. We can foster decorum and best direction, by living a good example. Truthfulness wins. Truthfulness works hand in glove with our noble discernment which helps us be considerate, conscientious and kind hearted. What we live by, through our faith today, becomes the joy and adroitness we will know tomorrow. Tomorrow will come. The shape we are in when we get there is our choice. We are to become our own aftermath. What does it mean to refine and define ourself. Is there anything in my life that I am not happy with? Heaven's choice, for our destiny, is that we will be happy. May we use faith to fulfill our happiness.

We realize benefit from others moral strengths. Those strengths arise through devotion to faith, family and fairness. These form the pathway that we can live by. Sahome wants us to unite on multi-faith teams doing civic good, and backing those who are doing good. We can learn from others faith.

Faith Engenders Miracles





Sahome
wishes everyone
abundant
Moral Courage



*The mission of Sahome
Is to foster*

*The Ten
Tenets of Sahome*

1. Achieving Moral Maturity
2. Achieving Ultimate Belonging
3. Achieving Self-Success
4. Achieving true Perspective and Balance
5. Achieving No Tyranny
6. Achieving Full Participation
7. Achieving Profound Reverence
8. Fostering the Democratic Ideal
9. Fostering Human Rights
10. Fostering the Free Enterprise System

We will be empowered in these changing times, as we are reminded of the beliefs held by our Founding Fathers, and remember them for the good of all mankind.

Proclamation of Thanksgiving

By the President of the United States of America

Whereas it is the duty of all nations to acknowledge the providence of Almighty God, to obey His will, to be grateful for His benefits, and humbly implore His protection and favor; and – Whereas both Houses of Congress have, by their joint committee, requested me “to recommend to the people of the United State a day of public thanksgiving and prayer, to be observed by acknowledging with grateful hearts the many and signal favors of Almighty God, especially by affording them an opportunity peaceably to establish a form of government for their safety and happiness.”

Now, therefore, I do recommend and assign Thursday, the 26th day of November next, to be devoted by the people of these States to the service of that great and glorious Being who is the beneficent author of all the good that was, that is, or that will be; that we may then all unite in rendering unto Him our sincere and humble thanks for His kind care and protection of the people of this country previous to their becoming a nation; for the signal and manifold mercies and the favor, able interpositions of His providence in the course and conclusion of the late war; for the great degree of tranquility, union, and plenty which we have since enjoyed; for the peaceable and safety and happiness, and particularly the national one now lately instituted; for the civil and religious liberty with which we are blessed, and the means we have of acquiring and diffusing useful knowledge; and, in general, for all the great and various favors which He has been pleased to confer upon us.

And also that we may then unite in the most humbly offering our prayers and supplications to the great Lord and Ruler of Nations, and beseech Him to pardon our national and other transgressions; to enable us all, whether in public or in private stations, to perform our several and relative duties properly and punctually; to render our National Government a blessing to all the people by constantly being a Government of wise, just, and constitutional laws, discreetly and faithfully executed and obeyed; to protect and guide all sovereigns and nations (especially such as have shown kindness to us), and to bless them with good governments, peace, and concord; to promote the knowledge and practice of true religion and virtue, and the increase of science among them and us; and, generally, to grant unto all mankind such a degree of temporal prosperity as He alone knows to be best.

*Issued by President George Washington,
at the request of Congress, on October 3, 1789.*