



*The
Solace
of
Sahome*





Solace
is our Outreach of
the Wonderous Welcome
We wish to give
from
Sahome



We are glad you are with us!
What we can all do together
is for each one of you!
May we all hold our head up high to
Mastermind Sahome today and
to increase solace everywhere!

Sahome's

Wish for us, all, is to enjoy

Solace of Soul

As we more devotedly aspire to fulfill the measure of our creation and have joy therein, we grow in solace within our souls. Solace comes to each of us as we grow in virtue and turn towards the light of goodness. We've all got to be in charge of reaching our full potential for self-betterment as well as lifting others with our determination and insightfulness, together, to become morally mature. Solace comes with practice and preparation. Preparation requires commitment, a goal and follow through, which in turn builds upon hope and faith. Faith and hope come from being valued. When we are valued we have hope and hope can then build upon moral courage to give us the victory of hope over despair. With moral courage we face life's challenges in a spirit of devotion and self-resolution that connects us to our best future.

We can all share in that part we call the adventure of love. *Through our love we embrace life with a fullness of heart and the joy of soulful anticipation.* We remedy that which disturbs us and we conquer misfortune as we face our problems head on. We don't transfer troubles elsewhere or subvert our hostile feeling by some denial or deadening departure. We grow our fruitfulness into fortitude, which is key to enjoying the fruits of solace, into what becomes the companionship of inner peace.

Solace strengthens our willingness to live with faith, goodwill and courage. Faith in our courage will come from a self-worth built upon upright self-confidence. All life can be a source of solace when we are kind-hearted, good to others and to ourself, and live moral courtesy.



My Declaration of Self-Esteem

I AM ME

IN ALL THE WORLD, THERE IS NO ONE ELSE EXACTLY LIKE ME
EVERYTHING THAT COMES OUT OF ME IS AUTHENTICALLY MINE
BECAUSE I ALONE CHOOSE IT — I OWN EVERYTHING ABOUT ME
MY BODY, MY FEELINGS, MY MOUTH, MY VOICE, ALL MY ACTIONS,
WHETHER THEY BE TO OTHERS OR TO MYSELF — I OWN MY FANTASIES,
MY DREAMS, MY HOPES, MY FEARS — I OWN ALL MY TRIUMPHS AND
SUCCESSES, ALL MY FAILURES AND MISTAKES BECAUSE I OWN ALL OF
ME, I CAN BECOME INTIMATELY ACQUAINTED WITH ME — BY SO DOING
I CAN LOVE ME AND BE FRIENDLY WITH ME IN ALL MY PARTS — I KNOW
THERE ARE ASPECTS ABOUT MYSELF THAT PUZZLE ME, AND OTHER

ASPECTS THAT I DO NOT
FRIENDLY AND LOVING TO
AND HOPEFULLY LOOK FOR
AND FOR WAYS TO FIND OUT
LOOK AND SOUND, WHATEVER



KNOW — BUT AS LONG AS I AM
MYSELF, I CAN COURAGEOUSLY
SOLUTIONS TO THE PUZZLES
MORE ABOUT ME — HOWEVER I
I SAY AND DO, AND WHATEVER

I THINK AND FEEL AT A GIVEN MOMENT IN TIME IS AUTHENTICALLY
ME — IF LATER SOME PARTS OF HOW I LOOKED, SOUNDED, THOUGHT
AND FELT TURN OUT TO BE UNFITTING, I CAN DISCARD THAT WHICH IS
UNFITTING, KEEP THE REST, AND INVENT SOMETHING NEW FOR THAT
WHICH I DISCARDED — I CAN SEE, HEAR, FEEL, THINK, SAY, AND DO
I HAVE THE TOOLS TO SURVIVE, TO BE CLOSE TO OTHERS, TO BE PRO-
DUCTIVE, AND TO MAKE SENSE AND ORDER OUT OF THE WORLD OF
PEOPLE AND THINGS OUTSIDE OF ME — I OWN ME, AND THEREFORE
I CAN ENGINEER ME — I AM ME AND

I AM OKAY

— Virginia Satir

Sahome Upholds Our Wish for Living Words of Wisdom

Approach each day with positive thoughts.
Believe in the goodness of others.
Create a better world by being a friend.
Decorate your life with beautiful things.
Educate yourself through the teachings of others.
Find friendship through giving of yourself.
Gain insight into others by being a good listener.
Hope will keep dreams alive.
Imagination is the key to success.
Judge no one but yourself.
Keep yourself focused on your goals.
Live life to it's fullest.
Make happiness your primary goal.
Nothing can stand in your way when you dare to dream.
Open your eyes to the world around you.
Persevere when it seems impossible.
Quality of life comes from doing the things you enjoy.
Respect the values of others.
Strive to do your best in all things.
Take hold of your own destiny
Unity of mind and soul makes for inner peace.
Value the little things.
Welcome input from others.
eXplore new opportunities at every chance.
You live your life, others will live theirs.
Zest for life will help you live at your peak.

*Sahome wishes these critical words of wisdom
to become a needed part of everyone's life!*



Solace

Solace ennobles the soul because it cheers and brightens and helps bring optimism to every circumstance of life!

Solace sanctifies our soul because it adds pleasure, joy and enjoyment to allay loneliness, stress, grief, and fear!

Solace delights the outreach we make because it comforts those around us who are struggling with burdens or afflictions by extending love, compassion, helpfulness and hope!

Solace brings relief, insight, understanding, purpose, meaning and grace as it lifts edifies, and empowers those we associate with to live acts of kindness, courtesy, commitment and diligence!

Solace brings confidence and assurance because it befriends others to us and in so doing, replaces loneliness with inclusive dear friendships!



The Solace of Sahome

relies upon the urgency of these:

- *Vital Spot Checks*
- *Vital Links*
- *Vital Touchstones*

“Every man takes care that his neighbor does not cheat him.
But the day comes when he begins to care that he does not
cheat his neighbor. Then all goes well.”

—*Ralph Waldo Emerson*

“The highest aim and sense of human life is the striving to
attain the welfare of one’s neighbor...”

—*G.I. Gurdjieff*



*Vital
Spot
Checks*

What will it take...

What should we do...

*May we achieve world peace as we implement these
10 paths to bring solace to the weary world*

We Can Do It!

- 🍃 Through just laws, may we create democratic dispositions that build the habit of cooperation and mutual respect.
- 🍃 Through mutual regard and consideration, may we spread strength, hope and deliverance based upon moral courage, moral imagination, moral courtesy.
- 🍃 Through combined effort, may we nurture the worth and well being of each individual, within each stage of life.
- 🍃 Through good will, may we let goodness and virtue be the bond between all people.
- 🍃 Through respect, may we build upon dignity throughout the world by allowing the world's cultures their "dearnesses."
- 🍃 Through consistent benefit, may we adapt to best outcomes by developing and following best practices and procedures, letting science, education, and religion prosper.
- 🍃 Through integrity, may we respond whole heartedly to integrity with transparency, and clarity.
- 🍃 Through rigorous resolve; may we renounce 'the pounce' that brings about the short sightedness of warfare, thereby letting futility fester into fighting. May we spread equal justice, prosperity and goodwill; to end vile viciousness and villainess reveling; to rise above indolence and insolence; to claim the better day so we don't become a hostage to hostility; so we move from meanness to augustness.
- 🍃 Through sharing responsibility, may we develop opportunities for all to flourish by building 'Do-Diligent' coalitions of people with well intentions, from all over the world, to end hunger and privation.
- 🍃 Through truth, may we support truth seeking which gives each of us the best step into the future.

*Sahome has this as our agenda:
To foster world peace and security!
To form active 'Do-Diligent' coalitions — Doing is Due!*

Vital Spot Checks

FOR ACHIEVING SOLACE

We wish you every blessing in doing and teaching Sahome. You are all invited to teach Sahome as a compliment to your Faith Paths and personal spiritual journey. Moral courage is our starting point. As we become synigizer and signifier of sanctity, develop our honor and compliance to moral virtues, we elevate, innovate, allocate, invigorate, initiate, appropriate and liberate all best practices to live more abundantly and helpfully. This is our strategy. This is the price for progress. This is our appreciation for each of you for all that you are and do to make this world a better place to live in.

Appreciation

We appreciate the goodness in every life, which helps our kindred kind to live up to their full potential. Anyone living a productive, good life, upright and honoring with one another is giving and sustaining the best in human nature, and is a life we appreciate. Any devotion of heart, might, mind and strength, used to realize noble goals and aspirations, creates a life we appreciate. The qualities of earnestness, ceaselessness, contriteness, holyness and completeness inspires us all to reach noble goals. That will involve all the joy, grace, humility of love and humility of supplication that ennoble the human soul. Our optimal fulfillment is realized in day-to-day measures that mold forthright good character. As we uphold mutual respect, and reverence for everyone's good efforts and achievements, we show appreciation, that allow everyone full participation in achieving the happiness they desire. Our desire is to show appreciation. Our appreciation leads to maximizing good will on the earth. Thereby, the more we accomplish, the more we CAN accomplish! Therefore our future looks bright and beckons us forward, through our embodiment of joy, love, mercy, and honor. We form the galant keep sake of a life worth living. This is the harmony that forms the basis of our appreciation for one another. We don't want our technology to surpass our humanity. We want technology to undergurd our appreciation for everyone of us.



Initiative

We want the best probabilities, possibilities, consequences, predictors and adaptations, to be daily forthcoming, to insure our security and sanctity and sanity. We want love to be a part of our efforts day to day to lift and strengthen the human family.

May we believe in one another as we help foster and maintain social inclusion and social mobility that reflects justice for all. May we:

- ✓ Help network with all healthy competitive commerce, civic and religious organizations and education to spread the wealth and vitality to build a society at peace.
- ✓ Help everyone recover from loss of capitol, competence, composure, reputation, or impropriety to regain self-confidence.
- ✓ Help spread good will over the internet and strengthen home and build family cohesion.
- ✓ Help end illiteracy by advancing access to education on all levels worldwide.
- ✓ Help spread peace and love: Love is the stairway to realize the fulness of the soul. Love is the best guarantee we can give!

All of life has a source. All joy and satisfaction have a source. May we take the initiative to be a source of delight and enlightened creativity to bless those who are around us. Our benefit is to be their benefit.



Being Lucid

To be lucid is to enjoy being rational, clear headed, sane; having our mind in order and our thoughts properly arranged. This is to be our great striving for all of humanity. We all want to be mentally sound, clear thinking and rational. This requires us to live a life of meaning. Achieving that moral meaning will undoubtedly include the kindness and goodness from God our Beloved Father, who is the giver of light, and as we grow toward His goodness we are more inclined to be transparent, teachable, and open to cherish the delights in our surroundings. We will tend towards espousing virtue, truth and honor and to cherish all the goodness in one another. Truth is generous because it can be relied upon. As we find and live our higher truth, we tend toward the shining, the bright, the resplendent. We find light emanating out of us. We enjoy shining brightly as we see life, in all it's best prospects, more clearly.

Fostering Grandeur

Each life is of infinite value because of the grandeur it can express. Every good thought and every good deed is precedence setting. As we honor others individuality and safeguard their worth and well being we find we live graciously with all prospects for progress. As we edify, gratify, and amplify goodness upon others we progress.

We share grandeur with our Kindred Kind on a daily basis, by our kind words, consideration, courtesy and thoughtful compliments, by our helpfulness and cordialness, and by our patience, tolerance, and benevolence.

Constructive sharing advances the grandeur in our life. Grandeur inspires memory. Without memory we don't know who we are. Grandeur in personhood is the result of goodness put to good use.

Being Enthralled

By living with gusto, enchanted by the myriad of life's pleasures and adventures, life lifts and entralls us. Our embracing of the wonders of the moment endears us to life in all it's resplendent potential to please us. We are symbolic beings. We live the grandeur of our intentions and the optimism that they bring to our love of life. Bill Gates states "If we don't have optimism we don't have empathy." Optimism is a force multiplier. Empathy sanctions the enthusiasm for grace to prosper all worthy endeavors. The human saga truly is about the engagement we make, to achieve our peaceful future. If risk moves things forward, being enthralled moves us onward. Thereby we are captivated by the prospects of righteous delights and the hearty happiness life can return.

Being Vigilant

Being vigilant means advancing ourselves on the positive path. As we strive to live all the productive right choices that our circumstances can open to us, we empower our choice to succeed and to turn each day into wholesome joy and improvement. As we overcome setbacks and reverses, they provide us with strength and stamina to learn life's greatest lessons. The lessons of life are learned against resistance, and learned against the jarring realities of sickness, ailment, injury, misfortune, and mischief or its prevention. Because stress can become cumulative, we need to counter balance its duress, hurt, panic and stalemate by our vigilance to 'open to all openings' of constructive growth, development and rightful change. We can not be spared from life's trials and errors. We are more healthy if we don't disconnect or do abandonment in ways that relinquish our nobility of intention that will extinguish our hope. We are to attune our self vigilantly to the rhyme and rhythm of righteousness. Trouble should never leave us where it found us. We are to move onward, turning life's circumstance to our wisdom and betterment. Life is good when we are vigilant to move upward, toward the grace of self fulfillment.

Deference

We give others our greatest witness by sustaining other's right of way, honoring their inherent worth of choice, and safeguarding others prerogative and freedom of thought and action. As we defer to the well being of others we prosper them. We all have to do our fair share to benefit and better life around us. Our final choice should be based on the outcome that has the best results for all involved. What enhances us and is in our best interest requires patience, and kind consideration, not forced expedited intrusion—it requires due deference for the prerogative for others right of intending, proper timing and true meaning of everyone's best interest, ambitions, and needs. Let us do no coercion, no abrupt demands, only honorable personalized consideration by showing and giving deference to others pace and readiness.



Forbearance

Because we all are fallen from grace and succumb to our shortcomings, we need one another's patient kindness and forbearance. We need patience from one another, to overlook our weaknesses and to build upon our strengths. We need one another's encouragement, good example, and nurturing tenderness to lead us forward. We bless everyone's goodness and kindness, who overlook our defects, frailties, weakness, shortsightedness and blind spots, to see our better nature and the potential for betterment in each of us. We all have our own agendas but if they can include forbearance, empathy and gracious gratitude for the best we all can become it will be realized, honored and sustained by all of us.

Science takes things apart to see how they are made. Religion puts things together to see what things mean. Both are essential for our humanity.

We want to help make user-friendly programs to help one another to achieve our promise. Our job is to honor others individuality by doing away with slander. As we live with leniency, we overcome complacency and live and heed honesty as the moral necessity.

In Sahome we wish us these critical spot checks:

- Appreciation
- Initiative
- Being Lucid
- Fostering Grandeur
- Being Vigilant
- Deference
- Being Enthralled
- Forbearance

May these be imbued upon all of our efforts and interactions with one another. Then we will happily fulfill the essence of life, to our mutual joy and benefit, which is the essence of Sahome.





*Vital Links
to Achieve
Solace*

Solace comes through Vital Links

By doing what is useful in ways that matter most, we thereby create best results. Everyday gives solace to our souls, because Heaven is all about building upon that which is noble and efficacious in our lives. Life is nurturing to us, as we radiate that inspiration and salutation to bolster and enrich our environment. A life of tranquility and solace reflects forbearance, generosity and mercy to one another.

From Solace comes the repose of disposition that engages life with confidence. When we live solace we can be relied upon, we become immanently dependable, high striving, honorable, calm, having tranquility to share consummate composure. We enjoy more freedom to express ourself with kindness. From an interesting and refreshing sensitivity to others well being, we become this grander authentic self. Increasingly we can give, in a variety of helpful ways, to express goodness in many different settings. As we reflect harmony with our environment, we build confidence in our kindred kind. We help those around us to be supported, undergurdred, and defended so they feel confident and secure in their own personhood. At it's best solace leads us, all, to be retrieved, redeemed, replenished, and be forgiven. Solace gives us freedom from worry, fear, or troubleness. Solace helps to be more at ease with ourself, with others and with the wider world around us because we are creating conditions that help put sorrows and suffering to rest fully and finally. As we increase the urgency of our own faith, we help build trust so we can put trust in others. Faith and trust are at the heart of solace, so we are able to act anew, pose new answers to problems and arrive at new solutions to bless life.



Vital Links for Creating “Sharing Times” of Solace

Through sharing Sahome, everything looks so fresh and new. Sahome is for everyone, near and far, who wants to make the world a better place to live in. Rather than only trying to convert people to a new religion, let us, all, try to convert one another to a higher self.

To that end, Sahome encourages us to gather and come together, often, to enjoy ‘sharing times’ in small or large groups, in which some aspect or application of Sahome is developed and discussed; to everyone’s delight and benefit. ‘Sharing Times’ are to be constructive and productive. The aliveness we can feel comes by adhering to, and sharing, the 10 tenets of Sahome, made real through the love, service, faith and fortitude we live together. These get-togethers can enhance the truth, justice, love, sacrifice, purity, holiness and joy that the family of mankind can thrive by. We wish one another ‘sharing times’ to master life’s complexities.

As we create and employ a ‘Sharing Time’ for the ennobling of the human spirit, we generously embody the noble power points of light that Sahome teaches us; and thereby make the world a much better place to live in. ***A Sahome world becomes an all consoling solace to each and everyone.***

Each life opens up by having a healthy body, an optimistic mind, and a generous heart. We all have so much to offer one another, which can help us to create conditions that will lead to solutions, and innovations to uplift every life. Let us share such times!

Sahome wishes such vital moments of sharing to all of us.



Teamwork

It is very possible for goodness, justice, and prosperity to come to all the world. It will happen through teamwork.

Teamwork is made possible...

- ...by honoring people everywhere for their own instance of insight, talent and ability.
- ...by recognizing that culture and faith are the ways people give themselves dignity.
- ...by granting to everyone the right and responsibility for self improvement, self initiative and self gain.
- ...by taking into account human failings and fallibility with patience and compassion.
- ...by including everyone in a friendly worldwide association of moral values, virtues, and goodness, as a harmony of hearts.
- ...by allowing people to recover from mistakes and loss in order to move forward.
- ...by accepting our own true self worth and well being, as no more important than others worth and well being.
- ...by correcting ourselves by choosing best consequences for all.
- ...by consoling others by making apologies so that reconciliation is possible.
- ...by focusing on the positive, so helpful, positive notions and emotions keeps us all out of harm's way.
- ...by offering the kindness of the heart and a gentle tone.
- ...by a generosity of disposition and 'giving' temperament.
- ...by knowing that life is basically spiritual, because we all know that we can become better than we are and that is a spiritual realization, and our pass through to the majesty to be found in every person's life.
- ...by growing into 'the good life' which is: how much beauty can I experience, give and share today and each day.

*Every pleasure is ours to share. Lets become helpers and
adaptors, through teamwork together!*

12 Guides for Prospering Teamwork and for Promoting Solace

- 🍃 Our each and every action, decision, and interaction should consider others feelings, aspirations and needs.
- 🍃 The prevention of provocation will only come as we lesson tension, contempt and torment throughout the world and live the mildness of goodwill.
- 🍃 What matters most should not be left to the mercy of what matters least.
- 🍃 Highly effective principles for a good life will make us all egalitarians of order and justice.
- 🍃 When we build upon everyone's best efforts, we foster self-reliance, worth and worthiness; the key to mutual cooperation.
- 🍃 Downsize the 'Decibel of Dollars' by modesty and the simplicity of living clean; living green; being frugal and sparing resources.
- 🍃 The main difference between ownership and possession belongs to those individuals who enjoy life's plain pleasures and appreciate them as a part of nature's extravagance.
- 🍃 World peace begins by nurturing everyone's need for love, acceptance, defense and understanding.
- 🍃 The process through which resentments are resolved—begins by appreciating one another's strength of character.
- 🍃 Conferring faith, patience, wisdom and love, along with the resources to meet physical needs, speaks peace to others.
- 🍃 Remember: the lessons of life are learned against resistance. Sometimes we have to lose something in order to find ourselves.
- 🍃 It is very difficult for God to direct our path until we move our feet: start today to incentivize our efforts for a better future.

*If it is to be it is up to me —
If it is to be it is up to us!*



*Vital
Touch Stones*

Vital Touch Stones for Achieving Solace

Remembering

Absolving

Solving

Resolving

Overcoming

Flourishing

{ by Living life as work of volition
by Living ambassadors of good will
by Living gallant good wishes
by Living the victory of virtue
by Living disciplined obedience to principle

May we reflect ceaselessness, earnestness, contriteness, holiness, and completeness to Uphold Faith, Hope, and Charity; making possible No Tyranny, Full Participation, Profound Reverence and Respect. May we be ennobled by being pure, chaste and clean, through edification, so that we can embody Joy, Holiness, Purity and Love.

May we, all, live unselfish service, and sanctity of helpfulness, by honoring others kind empathy, generosity, and devotion to justice and mercy.

Thereby confirming in us the Salutation of Salvation:

*Joy, Peace, Healthy Relationships, Well-being and Healing,
Happiness and Good Will towards all!*



Sahome's Master Ledger of Touch Stones

Sahome is to be a common denominator to the common good. Sahome is based upon achieving sanctity of heart and feeling at home with all majesty and all the saving graces.

The ten tenets of Sahome are:



**The 4 Hemisphere's
of Human Aspiration**

{ Moral Maturity
Ultimate Belonging
Self-Success
True Perspective and Balance



**The Diadiction of
Equilibrium**

{ No Tyranny
Full Participation
Profound Reverence
Democratic Ideal
Human Rights
Free Enterprise System

We foster self-rejuvenation, regeneration and renovation by doing the best Re's, the Re's help us to be rectified. Some are:

- Readiness
- Renewal
- Rejuvenation
- Readjustment
- Reaffirmation
- Remembering
- Rendering Service
- Recognition
- Repentance
- Replace and Repair
- Release-Relieve-Replenish
- Realization that this may include doing Remorse and Restitution. Voids must and will be filled with fresh Resolution.
- Rejoicing

*In Sahome we join our rejoicing
together with others in their rejoicing.*



Solace
helps us live
the
Full Spectrum
of Sahome

*Solace from
moral courtesy
comes with gratitude!*

Having gratitude for the goodness around us creates energy. Therefore Gratitude is the way forward to express solace. Gratitude speaks to the truth and divine attention that our conscience gives to us. Our conscience is the source of solace, because it leads us to our emergence on a higher level of being that compounds our daily discipline into self reformation and higher devotion. We were meant to soar with solace. Gratitude comes from continual self re-evaluation and rectification. In forgiving others we gain empowerment. By showing gratitude we meet our need for joy and self-forgiveness. By giving value to others worth and well-being, we become the angels to sustain and help one another. From gratitude and forgiveness and forbearance comes noble Solace, and from ennobling Solace comes eminence.

*We can all be an extraordinary group
of great, great people!*

*This is the morality we seek and
is Sahome's wish to all of us!*

*May every blessing of solace come to each and every one
is our hope and our wish always!*





Sahome's
Poems
of
Edification

*Sahome's
Poem of Peace and Sacred Excerpts
from the Holy Quran*

**Know and Be, it is the truth!
Humble yourself and take hold of the
Merciful and Forgiving Allah,
Who is affectionate and merciful to the people!**

IMPLIED THROUGH FIVE ILLUMINATIONS!

Illumination I

“And He is Who has created the heavens and the earth with the truth; and on the day He says: Be, it is.

“His word is the truth, and His is the kingdom on the day when the trumpet shall be blown; the knower of the unseen and the seen; and He is the Wise and Aware.

“He it is who make the sun a shining brightness and the moon a light, and ordained for it mansions that you might know the computation of years and the reckoning. Allah did not create it but with truth; He makes the signs manifest for a people who know.

“Aggressively and justly guard against evil and do good spontaneously. Pray, fast and give thanks.

“Abide and convey good news to those who believe and sow good deeds.

“Seek assistance through patience and prayer from your Lord who made the earth a resting-place for you and the heaven a canopy and Who sends down rain from the cloud then brings forth with it subsistence for you of the fruits; therefore do not set up rivals to Allah but serve your Lord.

Illumination II

“Surely those who believe and do good and humble themselves to their Lord, these are the dwellers of the garden, in it they will abide.

“Take hold with firmness, hear and obey the covenant we have made with you: Exalt the greatness of Allah for His having guided you, that you may give thanks. Covet not, effect a redemption by feeding a poor man. Allah desires ease for each of you, which is to say understanding, and he does not desire for you difficulty. Recognize the favor of Allah, do not deny or be ungrateful.

Illumination III

“Do not quarrel one with another. This is the announcement which We reveal to you: Do not hinder or persecute any man. This is the way of Allah. He gives life to the earth after its death, most surely He will raise the dead to life; and He has the power over all things. Do not continue any malicious act. Do not bear false witness.

“And seek by means from what Allah has given you the future abode, and do not neglect your portion of the world, and do good to others as Allah has done good for you, and do not seek to make mischief in the land, but Allah does not regard mischief-making but Allah regards those who restrain their anger and pardon men and Allah loves the doers of good to others.

“Allah is Forgiving, Merciful to those who repent and amend.



Illumination IV

“I am very near; bear witness and verify what I have given you through the prophets. My covenant has come to the believing through apostle, Book, and wisdom and what has been revealed: that I am no respecter of persons but impartial, kind and mutually adoring. This is what had been revealed to Abraham, Ishmael, Isaac, Jacob and the tribes. Do affirm it in your actions and deeds.

“Be patient under that which afflicts you. All will be made to turn to your advantage. Spend benevolently out of what We have given you. I do not ask you anything in return except that you, who will, may take the way to your Lord who’s reward is forgiveness. Do not be a rejector of peace but the lovers and doers of good. These are the times appointed for the benefit of men and for the pilgrimage of the heart and for righteousness.

“Be careful of your duty that you may be successful. Recompense and rewards, consequences and trials comes to believers and unbelievers alike. Cast not yourselves to perdition with your own hands. Turn your face to heaven.

Illumination V

“You shall not answer for the misdeeds of others but you shall have what you earn. Abstaining from evil is better for you. I do not lie. Punishment cannot be averted from those guilty. Abstain from evil and take hold of My all encompassing mercy.

“Warn one another, and do not stray. Warn one another to not be overly entangled in your possessions. Do not follow that which comes of naught. Keep your communications open and remind one another often. Strengthen one another’s heart with patience.

“Do not forsake one another but strengthen one another’s resolve. Profit from one another’s experience. Support one another. Be contrite. Follow the Lord of the heavens and the earth. Support the covenant with which we are bound together. Unite your hearts with My will.

“Take hold of what I have given you with firmness and be obedient. I desire ease for you, not difficulty, and that your face will turn bright with glory.”

Sahome's Poem *the Mantel – the Message*

A two part spiritual poem

Part I – the Mantel

Pay the price to build your divine nature, stop sin and destruction.
Do not stagnate or stalemate or offend or grandstand.
Be like a frontier town on the verge of a growth spurt;
upgrade, update, refine or repair.

Become a model monitor,
overcome, do and dare.

Set your moral compass,
release your powers with care.

Live good sense and a generosity of disposition.
And you will harvest direction, correction, protection, connection.
Live sacrificial love, give service and consideration.
And you will train yourself, inform yourself
to be more morally essential more wise and aware.

The fruit of such obedience is a clearer vision of the
Glory of God — a glory He wants to share.

Now wear the mantel of this inner vision
by following the words of the apostle Paul:

*This is a faithful saying, and these things I will that thou affirm constantly, that
they which have believed in God might be careful to maintain good works by:
being a lover of hospitality, a lover of good men, sober, just, holy,
temperate, gentle, showing reverence unto all men;*

*being discreet, chaste, attentive to home and family,
sound in faith, good in charity, sincere and patient.*

*According to the common faith of God's elect:
being not unfruitful, but manifesting
goodness, mercy, and peace.*

Sahome's Poem *the Mantel – the Message*

A two part spiritual poem

Part II – the Message

Now ask yourself: “Am I satisfied?”
“Have I improved? Have I reached for my optimum?”
If I have low purpose, weak ambition — seem to be
following the unseemly ways of popular culture;
Remember, we are all children of the same God.

Remember, He has given us a warning:

To walk in wisdom's path — grace for grace.
Not to boast, to do no iniquity, but do good.

Now let his mercies and good counsel
rule and reign over our heart.

Be restored through repentance and good works.
Let the Lord our God be our guide.

Let us live His messages found in the words of the Prophet Ezekiel:

Moreover the word of the Lord came unto me saying:

*He shall surely live who hath not oppressed any, neither spoiled by violence; but
hath given his bread to the hungry and hath clothed the naked and hath been honest
in all his dealings.*

Through his righteousness that he hath done he shall live.

*According to the common faith of God's elect:
being not unfruitful, but manifesting
goodness, mercy, and peace.*



Going Forward by Using Sahome's Poem

From the Judeo-Christian Scriptures

The Poem

Come home, step in without abuse.
Live to principle, not to expediency with joy.
Be comfortable expressing your will and having prosperity.
Let your desires express your truth with well caring,
then be free to receive a feast of gladness.

The Scriptures Based Upon this Poem

COME — Come to them

“For I have given you an example, that ye should do as I have done to you.
Ye call me master and Lord: and ye say well: for so I am.

A new commandment I give unto you. That ye love one another: as I have
loved you. That ye also love one another.

By this shall all men know that ye are my disciples, if ye have love one to
another.

Let not your heart be troubled: Ye believe in God, believe also in me.

In my father's house are many mansions: if it were not so I would have told you.
I go to prepare a place for you. And if I go and prepare a place for you, I will come
again, and receive you unto myself: that where I am, there ye may be also.”

Jesus
as recorded in St. John
13 & 14

HOME — Reveal home to them and take them home

“But the Lord knoweth all things which are to come: wherefore He worketh
in me to do his will.

And in the strength of the Lord we contend for the lands of our inheritance.”

Mormon's words to
his son Moroni

*STEP IN — Give them full latitude to find themselves (step out of the way)
the process is self-generating*

“If any of you lack wisdom, let him ask of God, that giveth to all men liberally, and upbraideth not; and it shall be given him.”

James
James Chapter One
Verse Five

WITHOUT ABUSE — Give a sense of independence, self trust and reliance. They are a quality being. Recoop through recompense.

Independence through self-trust — recompense anything that distracts from your quality as a human being.

“Then came Jesus forth, wearing the crown of thorns, and the purple robe. And pilate saith unto them, behold the man!

Jesus answered, thou couldest have no power at all against me, except it were given thee from above: therefore he that delivered me unto thee hath the greater sin.”

As recorded in St. John
19

LIVE TO PRINCIPLE, NOT TO EXPEDIENCY

“Wherefore, my beloved, as ye have always obeyed, not as in my presence only, but now much more in my absence, work out your own salvation with fear and trembling.

That ye may be blameless and harmless and of God, among whom ye shine as lights in the world...”

Philippians Two

WITH JOY — Know your own stride, pace, readiness with a willingness to experiment and to evaluate new improved life styles to find goodness and tranquility.

“By the which will we are sanctified through the offering of the body of Jesus Christ once for all.”

Hebrews Ten
The great born again letter of Paul
Penned to the Hebrews

BE COMFORTABLE EXPRESSING YOUR WILL — Comfort

“Serve the Lord thy God with joyfulness and with gladness of heart for the abundance of all things.”

*Deuteronomy Chapter
Twenty Eight Verse
Forty Seven*

*AND HAVING PROSPERITY — Magnified through peace, dreams
and prosperity*

“Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth.”

*III John
Verse Two*

*LET YOUR DESIRES EXPRESS YOUR TRUTH
WITH WELL-CARRING*

“He hath shewed thee, O man, what is good: and what doth the Lord require of thee, but to do justly, and to love mercy, and to walk humbly with thy God?”

*Micah
Chapter Six, Verse Eight*

“Finally, brethren, whatsoever things are true, are honest, and just, and pure, and lovely, and of good report; If there is any virtue, if there is anything worthy of praise, think upon, seek, and desire these things.”

Philippians Four

“Therefore, my son, see that you are merciful unto your brethren: Deal justly, judge righteously, and do good continually: and if ye do all these things then shall ye receive your reward: yea, ye shall have mercy restored unto you, and justice shall come to you and righteous judgement, and ye shall have good rewarded unto you.”

*Alma to his son
Chapter Forty One
Verse Fourteen*

“And let us not be weary in well doing for in due season we shall reap.”

*Galations
Chapter Six, Verse Nine*

“Through God we shall do valiantly.”

*Psalms
Chapter One Hundred and Eight
Verse Thirteen*

THEN BE FREE — Loosen / Get loose

“Let your light so shine before men that they may see your good works, and glorify your father which is in heaven.”

*St Matthew
Chapter Five
Verse Sixteen*

“But know that faith without works is dead.
Even so faith, if it hath not works, is dead being alone.”

*James
Chapter Two
Verse Twenty, Seventeen*

TO RECEIVE — Let all the good responses and deeds you have (done or) made come back to you.

“But the fruit of the spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, meekness, temperance, bear ye one another’s burdens, and so fulfil the law of Christ.

For he that soweth to his flesh shall of his vulnerability to the flesh be hurt. Look to that which is everlasting.

Remember, faith worketh by love. Fulfill the potential of the spirit.”

*Galatians
Chapter Five, Six*

A FEAST OF GLADNESS

“Rejoice, and be exceeding glad: for great is your reward in heaven: ye are the light of the world.”

*St. Matthew
Chapter Five
Verse Twelve and Fourteen*

“Ye love the thought of Jesus and believing ye rejoice with joy unspeakable as full of glory.”

*Peter
Chapter One
Verse Eight*

“Oh Lord of hosts: glad is the man that trusteth in thee. Glad is the man whose strength is in Thee: in whose heart are Thine ways: for the Lord God is a sun and a shield. The Lord will give grace and glory. No good thing will be withheld from them that walk uprightly for the Lord is our defense and the Holy one of Israel is our king. Let the beauty of the Lord our God be upon us.”

Giving the Love of the Psalms