



*Sahome's  
1st  
Priorities*



# Topical Index & Themes

	PAGE
Sahome on <i>A Vision For Moral Education</i> .....	5
Who? .....	6
What? .....	7
Why? .....	8
When? .....	8
Where? .....	9
How to Proceed .....	10
Sahome on the <i>Future of Prosperity</i> .....	11
<i>by the Outreach of Love</i>	
Sahome on <i>the Stretch of Hope</i> .....	14
The stretch helps us to become pathfinders! .....	15
The stretch to help us prosper! .....	16
Successful ground rules to preserve hope! .....	17
Sahome on the <i>Seven Coordinates for</i> .....	19
<i>Confident Living!</i>	
Consistency .....	20
Courage .....	21
Conscientiousness .....	21
Coordination by Cooperation .....	22



# *Topical Index & Themes*

	PAGE
Cooperation Requires Humility . . . . .	23
Comprehension . . . . .	24
Collective Compassion . . . . .	25
Contribution . . . . .	26
The Joy of Confident Living . . . . .	28
Sahome Teaches Ampleness . . . . .	31
Fifteen Prospects That Lead to Progress . . . . .	32
The Downsides. . . . .	38
Our Benevolent True Nature. . . . .	39
The Plan. . . . .	41
Our Positive Attitude. . . . .	42
Our Preparation . . . . .	42
Our Purpose . . . . .	42
Our Propriety . . . . .	42
Our Play . . . . .	43
Preeminence. . . . .	44
Poised For Peace. . . . .	44



*Sahome*  
*On*  
*A Vision for*  
*Moral Education*





# *Sahome*

## *On a Vision for Moral Education*

**W**e open to the hearth and build the fire of intent in the furnace of education. The death of deception and duplicity is at the mercy of schooling our thoughts, our reasoning, and our intentions. Duplicity of any kind is a pity because it operates on false premises. The great, great sadness in this world is the sadness of false assumptions. In an education based society there becomes a push back against pomposity, power seeking for vain gain, reckless speaking and posturing, and pandering for prestige and prominence. In an educated society we come to bow before the efficacy of the universe. We give one another cheer. What our life consists of is the joy and usefulness and pleasure that we can work for, strive for, and share together. These aspects of a morally educated soul will fill every need, meet every measure, note every blessing and benevolence that heartens and guides our journey into enlightenment. Yes, blind spots are a part of mortality but a generosity of disposition and modesty of manner helps us to choose the vision that the enlightened life can bring to us. With moral courage we are more apt and able to follow correct principles, priorities, practices and possibilities without pushback. Accessibility is what we all want in this world to achieve a good and balanced life. Our worldview hinges on our expectant hope to explain and maintain our bearings through life's struggles. Our initiative, morally educated, becomes the right attitude to abide growth and change with moral courage to improve, change old conditioning and find and develop the deeper meaning for our life. If we are found in a hole let's not keep digging it deeper. Let's rally with dedication, to education, moral determination, and the drive of heart, might, mind and strength to turn stumbling blocks into stepping stones. As long as we care we won't despair. Broad international as well as personal astuteness is how we put the world's best foot forward. We are, all, so several and distinct and unique. The improper embroils us, the improper deceives us. Our intentions betray us if our motives and means deceive us. Our mental check list should include this question: "What kind of a future do I visualize for myself? Will it justify my effort? Will it honor me?" We all have to keep righting ourself. Our protection and direction demands that of us. May we do the moral education that a great life requires of us.

# *The Who, What, Why, When and Where To Get Moral Education Accomplished:*

**T**oo often, questions have an easily recognized answer but to receive that answer takes an attitude of gratitude, humility, teachableness, and firm resolve to act on those answers. Before we can fully receive solutions, a receptive attitude precedes and signals adaptation and readiness for their adoption, by showing our aptitude to move forward. We are not to break faith with ourself or with others and we don't and won't if we are willing to do self correction and reform, refine, renew, reinstate, recognize, repent, do remorse, do reconciliation, do redemption and then rejoice. This brings calmness to our souls. Calm is the virtue of the strong. Reverence counters combativeness, contempt, hostility and the warrior ethos. Rebellion takes us further away from inner calm by terrorizing us from grief and loss by hyper vigilance and manic self-defense.

Sahome provides moral context to help us rise above our desperations, privations and tribulation by asking:

## *Who, what, why, when and where?*

The pursuit of these answers, expands our awareness, our clarity, our versatility and brings fresh resilience to our souls. Because of what moral education builds, we can harmonize systems and issues, and people and places to a fuller commitment to truth. This allows us to find our own strengths on an ever increasing emotional, spiritual, mental and physical level of enlightenment, promoting greater self assurance, and mutual confidence.

## *Who?*

**W**ho can we care about? Our family is the earthly laboratory in which we come to learn service, courtesy, kindness, forgiveness, compassion, and nurture. We need to take care of our immediate and then our extended family. Family life, with willing grace on the part of all contributing to it's happiness, will be the enshrined accomplishment of a well balanced accomplished life. Society is made up of families and will only be as secure, healthy, and as well balanced as its family life is. We see the destruction of the family as being at the root of a lot of societies ills. The problem has many dimensions such as: illegitimacy and single parents raising latchkey kids in a climate of eroticism gone amuck with aquisitionism, with an emphasis on materialism, comfort, and instant gratification, in a celebrity driven culture of notoriety and fame, making simple virtues seem less important, and the provocative standout in glaring press releases. We need to find our strength in building family love, devotion to goodness and living out the broader meaning of our own self worth, faith and creed. We need to find out where our soul fits. We need to find out who we are and who we belong to. We need to live a generosity of



commitment to one another's best good and benefit. We need to adjust our ambition. Not just fulfilling our hopes and dreams, but applying the best of everyone's talents and abilities. We need to share a witness that everyone's accomplishments are needed, appreciated, and can be developed to help us, all, serve the greater good. We need ethical teachers, on every level of education, civil service, government, and commerce to show us superior constraints and restraints. Prejudice of any kind that demeans another person should be superseded by tolerance. The better use of a multiplicity of religious teaching and character development should build the good graces of civil society. The down trodden, the poor and impoverished, the afflicted and handicapped must rise out of disability to become fostered, upheld, sustained and encouraged so they bring new added genius to the productive equation of human life. As we honor the noble preferences of others, people take on personal authority and dignity to contribute, as vital members of society. We're not alone. We all belong. We are our brother's keeper.

Sahome is set upon the task to elevate the human condition so that it responds ever the better to serving human needs. It is about us becoming the impetus to create the felicitous, the magnanimous, the harmonious, the plenteous, the virtuous, and even the miraculous. Sharing witnesses with one another can get this all accomplished in our own lives and for and in behalf of those we love and will better care for and care about!

## *What?*

**W**hat can we rely on? What we rely on is what we need for our safety, our self defense, our honor, and our wellbeing in body, mind and spirit. We are all in a state of transition. Each day affords us opportunities to learn and grow. Each day we need to repudiate that which undermines our wellbeing, health and happiness and validate that which does. Our discipline and devotion to upholding that moral compass, which is inborn within, us to engage our strengths throughout our life, sets the stage for the magnificence of one's life and vindicates one's rights to personhood. Thence-with we thrive with self discipline. ***Self control is what we can rely upon.*** All positive social encounters and outcomes flow from putting our best foot forward to have a favorable impact upon our world. We want to leave it an even better place than we found it.

Sahome is all about how we best serve the public good and best address the perplexing issues in a transitory human condition. Sahome's approach to debating, actively addressing, reaching consensus and solving the issues of today is found in establishing and applying the 5 P's:

- Purpose: What is the purpose we are trying to achieve?
- Principles: What principles apply to get the job done best?
- Practice: What best practices, procedures apply for successful results?
- People Power: What can be done to empower people to best contribute?
- Productivity: What can be done, in stages, by starting with what we have to work with?

Sahome believes, that as we use these 5 P's, we can rely upon each other and upon coming through our quandaries with right answers and attitudes. Gratitude always leads us best, to what to do next!

## Why?

**W**hy do I matter? Each life is of infinite value. The unique creation that we each are recognizes the incredible worth that the universe places upon diversity. The genius of nature is that it assures survivability by diversity. None of us can dodge diversity. It goes beyond the problems we face and puts a very individual face on how we solve issues. Our job is to empower, energize, and engender faith in one another to fulfill our individual potential optimally. We all have magnificent potential and lots to offer. We need to conserve the collective caliber of all peoples. Our collective capitol is bound up in the net worth and fiscal prudence that we balance together. ***The key to life and having it abundantly is collaboration.*** Jesus and all the holy prophets and teachers, over the ages, have accepted and appreciated people for who and what they are and how they contribute to the human experience. That is why we want to reach out and embrace and include every person in life's benevolent equation for growth and development.

Sahome is to be a useful instrument of inclusion that can bring us all together. It stands firm upon the principles of rehabilitation, reintegration, prevention and social redemption. Thereby we can stay in the moment of growth, and mutual benefit. We want to help people live out their best reasons to excel at accomplishing great things, of lasting useful value. This is why Sahome puts so much emphasis on generosity of heart and deed. The high adventure of goodness, throughout this world, is seeing to it that everyone has the better course to follow to realize the job and joy of self discovery for best self maximization and determination.

## When?

**W**hen we honor others right of self determination, individual prerogative, and free choice we create that climate, culture, and attitude that turns each current moment into the promise of majesty. We thereby hold one another sacrosanct as holding eternal promise. ***We are designed to be prime movers in the masterful saga of creation.*** We build our assets best, with one another, when we create and build equality with which goodness is shared here and now. We were not meant to settle for bondage or the tortured life of submission to the sorrows of fate or the dreads of vice but were sired to a divine heritage of glory based on living in the now with joy, holiness, purity and love. This is the age of knowing! We are to grow with this profoundness of knowing into beings that can recognize all that Heaven has in store for us and can be realized in us, in our eternal quest for understanding all things.

Heaven comes into our lives when we respond with gratitude towards other's achievements, good will and kind deeds. Thereby we will increase our own capacity to do and be all that our hearts desire can aspire to. When is the time to be grateful? Right now. When should I start to realize all the righteous desires of my heart? Now! Now is the time! Gratitude exists in creating the best of each moment. Gratitude is mindfulness on an appreciative level of self awareness. Because mindfulness depends on self awareness it reaches to the depth of our wanting, our reaching, our choosing, our own reasoning to create the best from our living and breathing. As the old adage



goes, “As a man thinketh, so is he.” Our self worth is built upon what we commit our lives to and how and when it applies. We realize the finest output in each moment, by having gratitude for our own self expression, self direction, and self resolution. Gratitude creates the equilibrium that engages us, all together, in a climate, culture and attitude of compatibility.

Sahome wishes to create an equilibrium in which this love and this gratitude, for our human aptitude for grace and goodness, can be fully accepted and accomplished. Because the human heart responds to respect, and because we will never be sorry for showing human kindness and human respectability, we can walk away from fear. Dignity is the design we were meant to live by. When we do, we accrue. When we do, we renew our trust in our life and in all of its bounties and fullness.

We belong to all the goodness in all people. Through repairing relationships, by goodness we show mutual respect. We are made better when we relinquish bad habits and replace them with healthful habits, when we repurpose our initiative away from greed and towards other’s need. By acts of rescue and kindness, human humility for all humanity replenishes and rejuvenates vision, compassion, joy and wisdom. When everyone’s best good and benefit is at the bedrock of our good intentions and appreciation, then we reaffirm everyone’s intrinsic worth, and sustain beauty, love, dignity and honor to elevate and liberate all our kindred kind worldwide. Sahome wants to contribute to the inspiration, validation, derivation, motivation, innovation and imagination that furthers this genial opulence of the heart.

## *Where?*

**W**here do we want life to take us? We are under construction. Each one of us is using our imagination, our skills, our drive and determination, by releasing our powers of perseverance and aspiration, to realize our goals and our dreams and where they will lead us. For everyone, life is short and we have to decide where we are going with the time we are given. This is our challenge: to go into the unknown, where we have never been before, do what we have never done before, learn what we have not known before, become what we have not become before. Where we place our emphasis, our energy, our values, our desire, our hopes will chart our future course. We need to determine resource allocation, direct our energy and bring partnerships to help us format optimal outcomes. The scale and direction of our productivity and all our planning and preparation will create the framework for where life will take us. Our best intentions will make all the difference in our life and to the lives around us.

Sahome wants us to scale up, to refine and define ourselves after the highest moral order. Everyone is valuable. Everyone holds the essence of flourishing after the divine order. No one is to be dismissed or left unaccounted for. Salvation includes us all. Sahome is dedicated to meeting people’s needs, with helpful solutions, that will build people’s joy by becoming self reliant anytime, anywhere. Each moral purpose can achieve a moral outcome, particularly if it is based upon the premise of peace and goodwill. Sahome is the pursuit of moral maturity to help foster mutual love, mutual mercy and mutual honor. Sahome helps us create hope and helpfulness for a better future by magnifying the goodness found in the gifts and talents of everyone. This is where our future will honor us best.



## *How to Proceed:*

**O**ur temperament fashions our attitude. Our attitude fashions actions. Our actions fashion our outcomes! We live in a world of repercussions, in a world of consequences. We want the best consequences for every life. Living in squalor and degradation, living in malice and menace, living in corruption and self dissipation or deception, living in destitution and privation is antithetical to the high norms that Sahome fosters, upholds and affirms. There are rules for freedom and rules and restrictions for meaningful human interaction in free societies that help to achieve a lifetime free of societal or personal bondage. Life gets going on solid ground and on the right footing as we find value in every person, culture, heritage, race, creed and spiritual expression. If we ask: What can they teach us? We then begin listening with understanding. We turn over a new leaf of perspective. We grant others the right of a full personhood to enjoy dignity, worth, appreciation, and acceptance. No one wants to be dismissed as irrelevant, unacceptable, or of no account. If we are all accountable to one another, we can change and grow, apologize, accept criticism and improve and learn and mend. We can befriend one another by our good intentions, in the spirit of progression. That opens the way to perseverance, independence, purity and decency in an alliance of social justice.

*Moral education makes  
possible the future of prosperity  
by the outreach of love!*





*The Future  
of Prosperity  
by the  
Outstretch  
of  
Love*





## *Say it like it is.*

**L**ove is behind all creation. Our job is to build upon that loving, positive energy and foster that force that actualizes us to become sweet and good and decent. Moral maturity is real. Moral maturity requires that we grow beyond the me, me, me of self absorbed self centeredness. (In which we are trying to get our way at whose cost we could care less, selfishly doing others in for our own gain, and just being deceitful or harmful to get our own way.) Moral maturity is about becoming gracious, forgiving, patient, courteous and kind. It is built on the bedrock of virtue, a generous heart and good will. Such relationships take the form of friendly agreements in writing, as part of quality components to business transactions, and the able administration of government and public service. May we build the merciful empathy that enhances the diplomatic experience, the eagerness to advance the dialogue between teacher and student, the consensus building in the public arena of ideas and ideals, by a total commitment to peace, prosperity and justice which the proper rule of law can provide. Such actions express the value of a society that can abide down turns caused by natural upheavals or manmade disasters. Sectarian violence, that breeds contempt as in the Sunni-Shia divide, fracturing part of the Muslim world, stymie the tenderness that could bridge the gulf of irritation with new found gallantry and generosity. Any hurt that estranges the dispossessed, the lotterers, and the vanquished would be changed, by love, so no one is being detested but spurred on to being readjusted. Problems would become less severe with love. With love, sorrows would be ameliorated, suffering would be comforted, and vexation would be transposed by fresh introspection. Steady improvement comes with loving others and loving the person we are becoming.

*Sahome wishes love of life, with all its marvelous prospects for growth, cooperation, mutual respect and divine intercession, to be apart of our bounteous future.*





*The  
Stretch  
of  
Hope*



# *The Stretch of Hope*

**T**he stretch forward towards world peace is done by surmounting any repulsive, offensive or cruel conduct. We rise above the disgusting language of degrading slurs; any mean spirited or morally debased gestures and insults; the concealing of substandard cheap and inferior slipshod workmanship and corrupt business practices; any base and shameful social and political infighting, that defames others motives and good character, and the hostility shown to those who aspire greatly and do noble deeds of decency, if our enterprise is to raise all of ourselves from the inferior to the superior in moral content. We were meant for compassion: to sure one another up, to help one another increase in strength so we share positive energy. This has got to take the form of a dynamic bonding based upon helpful wholesome communication, through vigor and energy of uplifting language and showing mutual consideration of courtesy. The energy of language, both spoken in words and shown in deeds and actions, is what builds the qualitative life that we share in common. We therewith can transpose a culture of carnage, bigotry and animosity into a world with a symmetry of spiritual and social fidelity. We will lesson developmental delays that retard our spiritual, emotional, and social intelligence. We need to begin where the rubber meets the road. Each life stride begins with fresh resolve, mini-reevaluations and re-inventions of our attitudes, actions, and ambitions. The structured balance for our future is a process that occurs on many fronts but builds upon our abilities to achieve goodness. This provides us with full hope for the future!


This stretch requires determination and clarity. It requires our wholehearted willingness to bring peace. We cannot attain peace if we still stay disconnected from it or hold back by our bad habits of body or mind, which bind us to any bondage that we are not willing to rise above or let ourself loose from. We should foster and encourage continual virtuous conscientious productive thought. Our thoughts produce the insurance and reassurance that our attempts at self possession, on an increasingly higher level, will be made and sustained. We cannot expect grand results from hooligan thinking or behavior. Horseplay and fowl play delay the practice of business, politics, or family friendly relations. We all have to build back from our missteps, misjudgments, mistakes, misdeeds and mischief. When others have insulted, abused or slandered us, when we perceive some grievance; when we have been offended or slandered; when our rights, honor, property, or person have been violated; when we feel abused, shamed, or ridiculed; when our heritage is mocked or our upbringing made miserable; when we have lost face or been deprived of our dignity; when we have been hurt; when we are assaulted it is very easy to want to assault the assailants, to answer back an attack with an attack, to counter an argument with caustic criticism, revenge, or censure, to meet violence with violence, to act and reciprocate in kind when faced with threat of menace or maliciousness. Such impulsive acts or reactions can impune our better judgment. Punishment, penalty, injury only inflict us with further retribution. Impudence and impertinence only fuel the fires of animosity. Revenge will only further perniciousness. We are to rise above that. That is the stretch we are to make. That is the hope we are to give to our future and the hope and peace we are to give to the whole world. Sahome wants to bring this hope to all of us!



# *The stretch helps us become pathfinders!*

Our challenge is to bring virtue throughout the world. This should be our concern. We need to put the devouring and decimating behind us. With sanctified good intentions laughing hearts of gentle mirth and good will we need to end all scourges. We all live better when injustice and negative comments or actions, that are meant to harm us, are done away. We have got to get ahead of harm and anything that weakens us in body, mind or spirit. Mind or body sickness, in any realm, exploits our sorrows and further exploits our weaknesses that impede our growth and development. We only have the amalgamation of self expertise and mutual wisdom, that is heaven inspired and interpreted, to lift us and guide us. We all need pathfinders to help us. We all need to be pathfinders to help one another. Yes, we all fall short. We can disappoint one another. We get distracted. We may become disheartened or discouraged so that we disconnect from one another, but here are some suggestions to help us make the transition to being better pathfinders for each other:

- Let's start out on the right foot that works for and wants the best for everyone. We are wanting everyone to realize their optimum.
- Let's put noble desire to work giving full attention to the challenges facing body, mind and spirit, and how to really help and make a positive difference.
- Let's overcome obstructiveness by obedience to principles, proper norms, standards, efficiencies and protocols that favor trust, increase love and confidence, and foster rightful privileges.
- Let's let self reliance mean that we are not rejected or self defeated. Righteous desire beckons us. Striving to be at our best is the solution to personal self sovereignty.
- Let's know that infractions cause negative reactions. Let's avoid past, present and future infractions, that cause harm to others, and apologize where warranted.
- Let's not unleash deficiencies that lead to more deficiencies.
- Let's find the joy in life and share it.
- Let's appreciate others helpfulness. Give back in thanks and appreciation. Build compassion.
- Opportunities acted upon, open greater ones. Our awareness and appreciation of their benefit brings even greater opportunities.
- Misfortune comes from mistakes unremedied. Own up to the obligation of reform.
- Misappropriation of other's time puts us in decline.
- Let's comfort and soothe one another with all due respectfulness, kindness and love.
- Let's put no millstone around our neck or that of anyone else by slander or prejudice.
- Let's live with honor. Trust is built by sharing and building worthiness.
- Lastly, don't take 2nd chances lightly. Come forward by coming from behind. Give it another go. Give it another try. Let's keep improving. We owe that to ourselves.

None of us is infallible. We are all learning for and from one another. Each life is of infinite value. Everyone is intrinsically a part of the divine nature and divine consciousness that we have in common. May we own up to it all, in all we do. This is the stretch we can take. 



## *Here's the Stretch to Help Us Prosper*

**F**aith does not stand still. Enterprise pulls it forward. Job seekers must be faith builders. How will you build the organization, company or business you want to join or create? We falter in our faith when we give up or give in to not making a positive difference. We were destined to be prime movers. Perhaps the greatest gift that we can give to another person is the confident accessibility of our faith. Our faith can be the deciding difference at every turn. Faith provides consolation from being discouraged and down hearted. Faith fulfills fortitude.

Without faith we make life hard on ourself. With faith we want to help not hinder. We have to live faithful to our life no matter what it may entail and make the best of it. Our knowledge, now, is incomplete. We are putting in place our own learning curve at our own pace and readiness. Maliciousness of any kind stunts us. Our job is to surmount obstacles with a bold enthusiastic attitude and faith in the path that leads to triumph. That faith, by stepping forth with excellence, will bring to us a firm commitment to enjoy confidence in the best in others. By respecting the faith that holds us together, we can always retool and retrofit our actions to fit better outcomes and recalibrate our thinking to match best principles. With our faith we can project the goodness in others upon each situation. ***We can be imparters not impairers, providers not dividers, benefactors not detractors. We can build the faith that makes fortitude prosper.***

We each can take proprietorship over our own lives. The good life holds on to social and economic populism. We avert schisms when our efforts speak with dignity, building the common good, for the masses, of humanity on the level of mutual benefit, benevolence and betterment. This is social conservatism at its best, when it engages the issues of job creation and appreciation of all workers on a welcoming basis that seeks to make everyone highly productive in their own right. Prosperity is our key to solidarity. Our job is to engage the issues of poverty, underdevelopment, lack of education and skill development, unemployment and job creation, so that deprivation won't cause consternation or bring dispirited depression. Such adverse repercussions, inherent in joblessness, are very hazardous, particularly in low-income neighborhoods, causing heightened drug abuse, domestic violence and gang violence. The ace in grace is to do something for the underprivileged, under-employed and under-utilized which can foster positive results, better outcomes and lifestyles. We are all the proprietor of our own circumstance. Every personal gain in professional development and vocational competence, builds reassurance that subsistence can be turned unto financial strength and resilience. When we build a prosperous co-existence we build everyone's contribution to our world of marketing convenience. That is the best way to redistribute wealth and power. Ignorance suppresses people's wealth potential. Getting employed and staying employed is the best remedy to end poverty and to build self management to increase self worth. Sahome wishes everyone high self worth from high attainment.





## *Successful Ground Rules to Preserve Hope*

- 1* Handle grievances expeditiously and judiciously with fairness and collegiality.
- 2* Make transparency apart of the chain of command and common practice of any enterprise.
- 3* Allow the chain of command to be bottom up as well as top down.
- 4* Work supply side economics so that output fits the consumption side of the equation.
- 5* Reorient constantly to economy of scale to avoid over supply and waste, fraud or abuse.
- 6* Build solvency into near and long term plans.
- 7* Go to finance markets with a firm payback schedule and business plan. Honor debts.
- 8* Let the scenery around the work environment tailor itself to congeniality, comradery and courtesy.
- 9* Foster innovation, imagination and initiative.
- 10* Write down a guiding message and hold to a noble usable mission statement that can serve as the governing vision for the enterprise.
- 11* Take time to be patient.
- 12* Think globally...follow best global norms.
- 13* Set in place alarm mechanisms to signal trouble.
- 14* Innate gifts answer problems – open to them.
- 15* Judiciously abide cyber standards for efficiency, safety and economy. (Guard against cyber attacks, privacy breaches and internet crime.)
- 16* Put resources and money where the real values of excellence can exist and where the value of human capital is respected and preserved.



# *Sahome*



## *The Seven Coordinates for Confident Living*



# *Sahome's*

## *Seven Coordinates For*

### *Achieving Self Confidence*

**W**e hold the key to our final outcome. Heaven can't make out of us what we are not willing to make out of ourself. As it has been spoken: "It is very difficult for God to direct our path until we move our feet!" As we live consistent with our ideals we feel the process of preeminence, we feel the progress of self emergence. In the Olympics we see great stamina and skill winning gold, silver and bronze medals. The Olympic movement codifies aspiration, preparation and implementation. The Olympics can become a right model for us all to follow. In this world we always need to recognize and reconcile ourselves to the goodness we want to become. As Gandhi so aptly put it: "Become the good you want to see in the world." This will always take coordination and continual problem solving. Sahome wishes everyone the full range of benefits from the happiness of living well. We are our brother's keeper. We are to bear one another's burdens to fulfill the law of the gospel of Christ and honor the worthy aspirations signaled by all the holy men and prophets of ages past and present. Weak things are to be made strong, As we live the "7 C's" we will gain a victory over vice, vehemence and viciousness, by being put on the path of virtue, vigor of heart and mind that embodies the vision and vista of lasting values of integrity.



*May the 7 Coordinates of Confidence Become Us!*

- Consistency
- Courage
- Conscientiousness
- Coordination by cooperation
- Comprehension
- Collective compassion
- Contribution

*May these 7 C's bring us: clarity and congeniality!*



## Consistency

There is no surer way to gain and retain consistency than through the rearing of children. Look at children as the infrastructure of the future. How do we want their lives to be? How do we want the world, they will inherit and live in, to become? Someone has so beautifully put it in these words of wisdom:

*“If you are worried about the future,  
look to the upbringing of your children.”*

It takes consistent training and retraining as the scriptures implore: “train up a child in the way he should go and when he is old he will not depart from it.”

Yes we could have all done more. Our job was to help the younger generation to find and build upon their strengths, to grant them opportunities to show industry, ingenuity and integrity. Yes, this world is designed to show us our strengths. We need to help each child realize one’s potential for adequacy on the job site, in relationships, as a positive influence and participant in civic life, family life and social endeavors, in the arts and the crafts, in science and good reasoning, in spiritual matters and all that speaks to the heart and dignifies mankind. ***The goodness in all of us belongs to all of us.*** Being one another’s mentors, guardians, parents, and friends, is to join together in a great alliance and effort that will result in the glorification and purification of the human family. It will necessitate the focus, fidelity and faithfulness, of all of us to achieve goodness and righteousness. Heaven will reveal ways to proceed efficaciously. In every application of our efforts, to supplant antagonisms, atrocities, and aggravation, our emphasis should be on justice, profound respect, and full participation to eliminate all tyranny and hostility. We owe this to our children’s noble nature, conceived after the image and likeness of God, Our Beloved Father, and meant to fulfill that likeness fully. We, with engagement, focus, consent and trust, can be of optimal usefulness to fulfill that desired destiny. May we take ownership of our potential, as we share knowledgeable and imbue self worth. We realize our destiny, beginning in the loving relationships, within our homes and with our families. Let us walk the walk of support and grace as we live a lifestyle of supplication, admiration and fidelity for remediation and exaltation. Our consistent hope and prayer, action and reaction, is to be in control of divine correctness. Using our new tools of interconnectedness through the many channels of communication, and the expansion of social media we can greatly aid and sustain the consistent correctness within society.





## *Courage*

**M**oral courage is at the heart of having faith in one another. It is self derived. Moral courage comes from our own consistent adherence to our best personal values and ideals. Moral courage hinges on exerting the power of love to override the warrior ethos that can traumatize, terrorize and trouble good people anywhere. Moral courage makes collective commitment possible. May we connect courage to consistency so that we enter an ever reoccurring era of high standards. May we transcend the mere pursuit of partisan advantage and argument, which can end in the politics of derision and deprecation so that our attention shifts to a belief in one another's good intentions to bolster the common good and helpful relationships long term. That courage expands the spectrum of engagement, making all apart of recollection, anticipation and full participation. Moral courage, innovation and improvisation are critical parts of positive action for clearing, repairing, revitalizing, and solving multi-pronged problems. Moral courage builds leadership in many healthy ways because it endorses a high performance life. Moral courage is not sprawling, but gives a sense of calling. It forms consensus, into a full service movement and commitment. Courage and consistency join together to do something wonderfully purposeful. With moral courage we can better meet our personal needs and social responsibility together. Sahome wishes, all of us, this consistent expression of moral courage so that we advantage the world with prosperity, peace, and moral purpose.



## *Conscientiousness*

**B**eing scrupulously honest, faithful to goodwill, good works, good conscience are keys to tangible harmonious outcomes. *When we are conscientiously seeking one another's best good and benefit, we can live an abundant life-affirming happy life.*

Conscientiousness inspires trust that will genuinely reassure others of our good intent, our honorable motives, and our respect; which builds reassurance in others to join ranks with us in any good cause. Open communication on the level of conscientiousness lessens overreach, builds optimism, and leads to happier outcomes. Things are less apt to go array when we try conscientiously to optimize others goodness and wellbeing. This requires openhearted acknowledgement of others good intentions and contributions by honoring other's attainments as well as their struggles, we promote motion, through the emotion of acknowledgement, by giving credit where credit is due.

Conscientiousness also is about acknowledging need. People need our affection and appreciation in times of stress, loss, suffering and heartbreak. It's never too late to grieve. Grief is an ongoing process only made bearable and recoverable by the compassion, tenderness and love of others. The tortured and tormented need our compassion to build their confidence. What they deserve is the freedom to make positive content and expression out of their trials. We can do that for them. Because government operates, as does all life, in an atmosphere of uncertainty, somehow we are individually and collectively made equal to life's task through tenderness. Just as we can internalize others taunts and slurs, we also internalize, to our great benefit, others kind words of optimism and concrete helping hand. *Through random acts of kindness the world is made a better place for all of us to live in.* To cheer and bless and brighten, opens doors and opens hearts to healing and headway. As we lift people from shame and blame, from being disadvantaged, disenfranchised, distressed, disparaged or disrespected, we salvage the portent for the positive, that lies within us all, by believing in others worth and recuperative powers. We want to be conscientious about not leaving people unfulfilled and disappointed in their lot in life. We don't want to be clinkers, but thinkers. Conscientiousness is life-affirming living.

As we progress through acts of grace we lay the groundwork for heaven's kingdom to come to earth.

*Sahome wishes the conscientious use of our powers  
to become the guiding light that we share with others!*



## *Coordination by Cooperation*

**T**he celebration of coordination will overcome contemptuous complaining by allowing for input and everyone to be heard. The commendation of coordination is in and through common consent. It is vital that all points of view be heard, analyzed and accepted or rejected on their own merits. Fair scrutiny in the public square, that allows for a full airing of disputes, commentaries and inquiries, is crucial to coordinating the public mind. Contests may rage, raising public sentiment on all sides of an issue, but life goes forward when everyone's view and intention is given just consideration. Scrupulous integrity will bring us together. Yes, it may seem like some people may eventually take issue with most every rule, but if we revere one another's right of prerogative, self determination and agency then we impair no one and air our grievances amicably and amiably, to make the best choices possible without sarcasm or mean spiritedness. Many negative forces, with pernicious motives, are done away in the face of omni-competant professionalism. True coordination, made possible on that level of competence,

integrity, and mutual consideration, is individually honoring and indispensable. It is critical to problem solving, critical thinking and a good attitude. It is critical to acquiring the skills to meet our mutual needs. We may need some sensitivity training. It is better to help out rather than hold out. Dragging our feet, if we don't get our own way, is immature and defiant to the greater good. We are better served, as we try to dignify and help others, so everyone is thriving, in collaboration with the wisdom, enlightenment, broadened perspective, and high motives found in a group effort.

*Sahome wishes us to be cooperative as we coordinate our united efforts to bring peace and well being to the world!*



## *Cooperation Requires Humility*

People measure commitment by what's being done. Good sportsmanship placates the players and referees by playing by the rules. Fairness is at the basis of intricate specialization. Any specialization relies heavily on what we may call "trade secrets," but what we really are speaking about are the positives in message, manner, formulas, and functionality that people can bank upon. They are the real deal. They are what the public and private interests can rely upon. They don't breach cooperation but enhance it. They encourage acts and actions that encourage teamwork. They are antithetical to deadlock and gridlock. Cooperation is the counteraction to resolving pessimism. The promiscuous use of prescription drugs and poor health habits, violence, substance abuse, school drop out problems, illness caused by environmental toxins, poverty, marginalization of minorities, victimization by predatory banking procedures and a whole host of additional societal ills and derangements are interdicted best through cooperation which helps society to become self correcting. We want to be led to a new point of view based on the best argument. A value-based agenda that fosters cooperation will allow for humility, witnessing, humanity, and self reflection. We push the envelope for development by mutual consent, respect for diversity and severalness. Cooperation will 'open to all openings' in this ever-expanding digital world. Cooperation is the prescription for leadership in a diverse diverging world. The tempo of progress leans on the shoulders of those who cooperate. How well we cooperate will create an evolution of our communal and collective usefulness for the rest of our lives.

*Sahome wishes us humility!*



## *Comprehension*

Comprehension lies in the virtue of our heart. When comprehension is embraced in our heart of hearts, we don't dominate but emancipate human potential for everyone's good. We become service oriented, aid as volunteers, and become civic workers. Comprehension shapes the communal corridors of public life, political and media exposure, and encourages philanthropy and generosity. When comprehension becomes our governing agenda, then the spectacle of cruelty, disasters, victimization, abuse, fear mongering and war simmering gives way to organizations and support groups, individual and collective efforts that mitigate and mediate for peace and brother and sisterhood. As we work side by side, without dissention caused by race, color or creed, we enjoy one another's company as a bedrock foundation for negotiation and resolution. As we give one another comprehension, we build confidence in virtuous living. We are less apt to let partisanship over particulars defraud or deter the good sense and sensibilities that can be a part of the grander human bargain. As we open to all points of view, all the facts, every proposal and each opinion and vision, then solutions and positive development will demand nothing less than our receptiveness to resolve each issue, that confronts us, with a morality which builds and reflects skill and wisdom. Right interpretation of the facts demands nothing less than openness and transparency. We can choose morality to live in these realms of reason. The 'life mix' we craft is of our own making. We are active participants in the common wellbeing of each person on the planet. Sahome functions on this moral footing. As we open to Providential Providing to our wisdom, we will prevail. Remember: If from travail, we have learned to prevail, we have learned a lot in this world. Our judgment and our wisdom are crucial to better outcomes. Sahome wishes the best outcomes to all of us. The values needed to bring about comprehension are those basic to our faith and fortitude: love, compassion, honor and honesty, reverence and good works, forgiveness and patience, grace and goodwill. When we all serve one another the fruits of a good life come our way. Sahome wishes us to gain ever richer comprehension of the goodness that we can bring into the world.

*Sahome wishes, to all of us, comprehension  
of moral virtue to build our self confidence,  
to bring peace, prosperity, and safety  
to all the human family!*



## *Cooperation and Comprehension Leads to Collective Compassion*

Collective Compassion means putting our best foot forward to keep from cutting it too close to the untenable margins. We all have to learn to live within good limits and good boundaries. Some unseemly popular culture likes to make a spectacle out of a situation, if it runs counter to grace, goodwill and good sense, in a way that compounds nuisance or hindrance to others wellbeing. To keep others and ourselves off the hot seat we need to be sure we are not off the mark, causing jeopardy and negative entanglements. Helping one another to steer clear of harms way is a grace that we can bestow each day. There is no such thing as a trouble-free life or a problem-free life. We each have our challenges as we face life's uncertainties and our own immaturities. We need to individually and collectively add to our greater collective compassion to foster the common good. Relationships depend on sharing resilience. Signals we give one another in the marketplace of commerce or the marketplace of ideas depends, for their veracity, on our collective compassion. A part of that is allowing for repentance, restructuring our own attitudes and behavior, surmounting missteps with apologies and giving one another room to improve. We all face our deficiencies with the hope that other's will cut us some slack. If we want to restore and resolve the situation for the better, **inflict not, infringe not** is our motto.

Globalization demands human creativity on the level of constant self evaluation and self reinvention. Asset poor communities are likely those communities in which the condition of living is weighed down by poor judgment, impoverished discipline and carelessness about the greater good. A better education will create order and opportunity for business and commerce to flourish. Compassion means development of opportunity for advancement so people feel the appeal; hereby the positive overcomes the negative. The passport to prosperity lies in the collective work ethic, that we share together through our combined compassion and wisdom.

We uphold the moral higher ground when our best self is made evident. Social stratification only solidifies when resourcefulness doesn't keep up with the resourcefulness that brawn and brain make possible. When we leverage the community forward by the positive development of our aptitude, talent and skill it becomes an escalator to upward mobility that others can build upon, and a new calm takes over, and goodness presides. Compassion, kindness, and aesthetics remind us of our obligations to one another to put in the effort for best outcomes.

*Compassion helps efforts, of all kinds, to have best consequences.  
Sahome wishes us the fullness of compassion towards all people!*





## Contribution

**W**e all can contribute to an active, adequate adaptation to changing circumstances. Pressures and stresses are a part of change and growth. We do handle pressures and stresses better by our love and gratitude for everyone's individual uniqueness and combined wellbeing. As we make a constant concerted effort to contribute to the best narrative for all of our lives, we thrive. So many times in our lives we could have been debilitated, lost or broken and somehow, with the contribution of heaven and our kindred kind, we have been brought back from the brink of self destruction or demise and have been rescued and put on a firm foundation of new hope with a firm footing. We have been spared again and again, far beyond our own deserving, by others gracious contributions to our lives. Providence has provided us opportunities to learn, to heal, and to be mended. The basics needed for life are tied to the sacrificial love and goodness from those around us. Laws may liberate us from chaos but love liberates us from our faults and failures. *Love's contribution gives us the full description of what the world should be like.*

Let us greatly appreciate and put to good use others contributions of helpfulness, insight and love which helps us move through the fog of fear, pain, anguish and torment. We need help to put our best foot forward. As it has been said again and again that it is difficult for God to direct our path until we move our feet. We each are responsible to contribute to everyone's best future. Our best way forward is in collaboration with heaven and our fellow men. That's where reform, rehabilitation and revitalization must take root and hold. All wholesome contribution is an amalgamation of personal and group courage, commitment, and conviction; which comes from helpful mutual awareness, acceptance and accountability. Wholehearted mutual acceptance, awareness and accountability will undoubtedly bring us to contributing more of ourselves to others benefit. We will use the lessons and wisdom from our past to serve others to our mutual betterment. In some small way we can turn even the simplest matters to greater adequacy. From small beginnings and simple means great things come to pass. The contributions of previous lessons, so hard won, and the terrible price we had to pay for some of what we learned, is what it costs to have wisdom. We have grown. What was then a part of a lesser self and a lesser time has now transcended into a greater self and greater time. We have traveled forward into a new level of comprehension. As it has wisely been observed: "To travel is to arrive back where we started and to know the place for the first time." Life has contributed richly to our wisdom and our awareness.

This glorious life provides a threshing floor to reform the salacious and the silly into the supportive and sober. Our contribution to that transition is an investment in the group which we all came from. Some problems seem intransigent, sticking to us like "static cling" and many outcomes and debacles, which we may have brought upon ourselves, need healing but this is possible because we all possess amazing recuperative powers. Gratitude and humility is our best interrogator. Together, with greater self love and mutual love, our contribution to improve and enhance this very moment, can, as a moderating influence, bring out the best in one another and

ourself. *Self strengthening is how we are going to change ourselves and the world for the better. Morality is key when what matters to others, matters to us.* May we do a self audit and say: How am I contributing in a useful, helpful way to better and benefit those around me? Am I helpful? Am I living the good path to health and success? Am I dispelling darkness with enlightenment? Am I being a credit to the goodwill shown me? Am I considerate of others needs? By this audit we will distinguish the relevant from the irrelevant. So let us sum up! Let us so live so that we can count on one another.

Life's course is made up of choices. By our attitude, positive attributes, and willing constructive actions, we will yet help define what we will become and contribute to achieve the greatness of humanity. Sahome wishes all of us the finest, most opulent future, full of good health, wealth, rewarding careers and service, and stellar awesome relationships. Sahome also wishes that our blessings will be acknowledged in and through our service to one another!

*This is our moral mission:*

*"I can't be all that I can be until you can be all that you can be!"*



## *In Summary*

**W**e are light bearing beings. We each carry light and give out light. Let our light so shine that it will glorify our creation. Because hope springs eternal in the human heart, we are, all, vessels of energy, designed to lift one another's spirit to make the pathways of our lives bright. We were not meant to be sluggish or slackards. We were meant to take an active part to fulfill our potential for goodness and to help others to fully take part in the fulfilling of their potential. The grandeur of human genius is gained from the dignity and hallowedness that has been placed in holy habits that will nurture the family with beauty and art, civil discipline and serving the righteous desires of people's hearts through industry. This has been mirrored in so many wonderful lives in so many helpful ways adding to the quality of our lives. The object of our faith paths is to increase our faith in one another, to purify ourselves, and to liberate one another from the downsides of earth-strains. Each one of us is a student of the fundamentals needed to surmount the tirades and trifles that can upset and beset us. We are all, to accomplish social engineering, of such a magnificent magnitude, so that goods and services will meet the fundamental needs of a growing world population. We want the best in the world of commerce, finance, education, the sciences, arts and crafts to reflect well upon the welfare of the community, the family and the individual. By lifting all positive influences to these seven coordinates of confident living we can achieve and complete our aspirations, hopes and dreams in manageable ways that compliment the greater good and benefit for all of us. This is Sahome's wish to each of us.

These 7  
are at the  
seat of virtue

CONSISTENCY  
COURAGE  
CONSCIENTIOUSNESS  
COORDINATION BY  
COOPERATION COMPREHENSION  
COLLECTIVE COMPASSION  
CONTRIBUTION

and  
Sahome wishes  
all 7 coordinates  
to bless our lives



## *The 7 Coordinates of Confident Living*

- 1 Focus on harm reduction and goodness creation!
- 2 Invest life with fun, harmony, work and play in balance for optimizing mutual enjoyment!
- 3 Live healthy limits, self control and the integrity and authenticity of the honorable life!
- 4 Challenges and troubles are thresholds to be crossed with persistence. Let the pursuit of competence become a great life's adventure. Live persistence! Reach for competence!
- 5 Find the fullness of a gallant future, with all the greatness it deserves, by living all the virtues and values that will provide meaning and a measure of moral fortitude that will reflect well on our self worth. Strive for moral maturity!
- 6 Care and share!
- 7 Let our success be alliance driven, teamwork inspiring, and resulting in the best outcomes for all involved!

***By living these seven coordinates of confident living***  
*we overcome what hampers us, which is “stinkin thinkin.” Our self esteem is the nurture that saves us, organizes us, and gives us context to broaden our mind and heart. These 7 coordinates bless each moment by fostering healthy self worth. They can become the “piste de resistance” that can*

surmount resistance and the drag of self defeating habits or self doubt. We hold the key to self resolution. But the lessons of life are learned against resistance. Someone has said that there are no new problems, just old solutions. These seven keys to problem solving will help us grow into our fuller finer selves. They are:



- 1 **Consistency** – Remember, that there is the seed in every setback and every reverse of a future forth-coming greater victory.
- 2 **Courage** – Remember, to reverence moral courage and virtue wherever you are, see it, experience it and then be glad for it. Newness too often fades but virtue persists. Moral courage opens us to our brightest future.
- 3 **Conscientiousness** – Remember, conscientiousness creates an overview that is alliance driven. Together we build hope, together we build wealth by design.
- 4 **Coordination by Cooperation** – Remember, we all need nurture and to feel valued. We need to feel the divine nature within ourselves and everyone around us. The old proverb says: “If you want to go quickly you can go alone, but if you want to go far you must go together.”
- 5 **Comprehension** – Remember, we address stress the best when we help heal the hurt, despair, unruliness and contempt, that takes its sad human toll on each of us, wherever it is found.
- 6 **Compassion** – Remember, set positive trends, make amends. Bestow empathy, honor and dignity in both word and deed.
- 7 **Contribution** – Remember, happiness and gladness become a lifestyle based on efficacies and efficiencies, requiring aspiration, preparation, and implementation.

*Let us take Sahome to all the world!*



# *Sahome Teaches Ampleness*





# *Sahome Teaches Ampleness*

**W**e are only a step away from our next great personal awareness, achievement, appreciation and action, which will benefit our lives. We, all, look to this life to provide us opportunities for realizing our dreams, our hopes, and our fondest desires. The sufficiency in our life depends upon our efforts. We, all, have the potential for great achievement. We do expect extra special accomplishments from each one of us. May we help one another to fully fulfill that noble expectation to become all that we can become.

In Sahome, this expectation, is best realized in our motto: ***End harm...Mend hearts...Lend a hand.*** We are, all, to live revitalization and loving conciliation with one another. We are to live heroic helpful lives. To do so, we should do no harm or injury. Our lives should be a conduit so others can see, through it, the realization of goodness. To build, bless, and sanctify our life path is to make it more ample for each and everyone else. Our contribution to the greater good can be as broad and wide, as expansive and spacious as our best intentions decide it to be. It is our grace extended in any size, shape, or form to better and benefit the lives of those around us that counts. This ***Ampleness*** is unrestrained by race, ethnicity, heritage, background, economic station or faith path.

Creating ***Ampleness*** is about overcoming parsimony, negative bias or prejudice. Rather ***Ampleness*** amplifies generosity, curbs miserliness and stinginess by being liberal in our praise, generosity, encouragement, and being progressive in our attitude. We are to be tender and sweet to help each other move forward. ***Ampleness*** is fully sufficient to counter impatience, impotence and inaction. ***Ampleness*** is Sahome at it's finest. Sahome helps us heal the past and become ample to improve the future by building valor and value in our lives; a life each of us can enjoy. We constantly need to be called up to our highest aspiration, to overcome our indifference and to reply to and rely upon every strength of good character that can express benevolence upon humanity. ***Ampleness*** is a foundational principle to guide our progress personally and collectively. ***Ampleness*** can build peace, energy and commitment to achieve our best tomorrows by our growth into moral maturity today. Moral obligations are not always easy, but their path leads us to a more resilient, bountiful future for each of us. Living due deference, mutual respect, submission to law and order, courtesy and kind appreciation for the good will of others, translate into creating the abundant life and the ***Ampleness*** that we all seek.

Please think of some continuing ways to bring this ***Ampleness*** into others lives and to do so today.

The process of granting one another ***Ampleness*** requires great patience. What sustains this abundance, this ampleness of heart, is as follows:

- Us being able to be jovial and sharing good humor as a gratitude practice.
- Us being considerate, patient and well intended, as our grace bestows goodness.
- Us compensating for tears with optimism that instills trust in the future which can make up for loss.
- Us trusting in the eternal promise and practices espoused by our noble thinkers and noble faith paths.

***Sahome sustains the noble nature of all Humanity!***



*What can be done?*

## *Fifteen Prospects for Progress*

Sahome asks everyone's help in order to accomplish 15 prospects for progress. We want to build ampleness and achieve the benefits of having ampleness. Here are 15 prospects for progress that need our combined attention. Please submit your own suggestions, observations and comments to our internet site, online or by mail, to be included, with all the best from others, about best practices to fashion these fifteen areas of ampleness.

**First:** We whole heartedly endorse the sentiment of financial planners who say that we need to live within our means and live below extremes. We need to moderate our spending to meet our basic needs so that we are solvent. Indebtedness can enslave us. Our lives are to be the mitigation of desire in context with what we require. We want to live affordable lives. Thrift becomes ampleness. Sahome supports living a thrifty lifestyle!

**Second:** Our safety is found in problem solving. When we address the sticky issues of the day, each day, and not postpone them, we can grow into our full self. Taking responsibility for our actions and living up to our responsibilities prepares us to live the fundamentals of lasting values. Here's a good choice. Let's incorporate long range prudent use of Roth IRA accounts and 529 plans to build the bridge to fund a child's education. As we save we build self esteem. We also school our children to fit the needs of a market driven economy and a production driven society; by safeguarding the welfare of each student to build a resilient financially sound future. The heartbeat of a well ordered society is good management of resources, planning ahead, and honor for the attainments of others. This is our Ampleness. Sahome supports the wise use of and the farsighted application of precious resources!

**Third:** Public assistance is needed to provide stipends, scholarships and grants to open schools and build curriculums best suited to challenge high achievers and foster the underprivileged. We recognize that to have under realized, untrained, under performing talented youth, who would be engineers or technicians, deprives us, all, of human capitol. We need to fund education as a public trust for the rising generation. Also let us form ampleness in commercial consortiums to mentor students and pair talent and intent with job preparation. Sahome supports the development of human capitol to bless lives everywhere!

#### Fourth:

Let us give balanced attention to GED, grade education development and career preparation by well coordinated testing. We need validation of progress. We also want internet educational opportunities to be widely available to amplify student's progress to respond to their curiosity in many fields. We can enhance cogent thinking with smart grid technology to foster career development and avail many more to have access to life long learning. It is becoming possible to package college or advanced high school curriculums into mass media, thereby we can certainly turn the tide of illiteracy, under employment and marginalization. We want to increase and empower people with the means to have the prospect of higher wages and enhanced lifestyles from better incomes. The grim harsh reality is that by offering little or substandard education, to build a prosperous future, many will be trapped, who are bright and talented people, in low quality living conditions. We can bring ever grander means to feed the needs of the many aspiring eager learners by promoting and opening ways to help them achieve their potential in the sciences or commerce through the virtual reality of the internet. Let us do that! We want to increase each and everyone's level to do more and be more. ***Getting degrees online is becoming a human right, now made possible by the internet, and can be considered, in this enlightened day, as tomorrow's generations' entitlement.*** We want all to have the opportunity to use their God-given abilities at their full capacity. If we want people to become qualified to work more efficiently and earn more efficiently we need to join ranks to provide low interest student loans, spearhead stipends, foster apprenticeship programs and help provide onsite work experience and training. Internships contribute to skills learned, chores done well and tasks mastered. We hinder ***all*** of our prospects if we squander our means on other things rather than self improvement and self betterment. We've got to do more with what we have so we can enjoy ampleness. Education and career training is the answer. Sahome supports the expansive use of technology to increase continuing education and educational opportunities far and wide!

#### Fifth:

With global growth and the resulting interdependence in production upon "just in time" arrival of raw materials and needed component parts, manufacturing and assembly requires the coordination and harmonizing of global systems. ***Systems matter. Momentum matters. Cooperation and integrity matter. Credit worthiness and credibility matter. Products made and transported with careful predictability matter. They all contribute to the ample prosperity we live by.*** May we always appreciate and support the free enterprise, democratically engineered, approach to the growth of capitol and markets. May we stay engaged from the moment of conception, creation and completion of production to the distribution, for everyone's greater benefit. Together, as we interface and congeal with worldwide markets and suppliers, we can better harness the strengths of all contributors' to build world ampleness. Sahome supports fiscal prudence, integrity in markets and upward mobility for all to prosper!

**Sixth:** We are composite beings. May we empower local people to foster the myriad of ways to improve their livelihoods and full personhood. We make our livelihoods from 9 to 5 but we make our fuller future after 5. Hobbies, ample family fun, chores, gardening, sports, service projects, worship, rest and recreation all form the bedrock of a healthy communal society and ample personal life. Sahome supports the well-balanced life full of healthy habits and an abundance of worthy endeavors!

**Seventh:** Political vibrancy depends upon the faithful mass participation of the voting public. May we take due note of candidates and their platforms; know issues, follow debates and forums and educate ourselves to be adroit active citizens and vote. Good citizenship, our civic participation, through belonging to active support networks and political consensus groups, amplifies our conscientious involvement in community affairs, can play a powerful and meaningful role to bring about tangible specific results and accomplishments. We want to support the rule of law, just not be ruled by law. Let us not be spectators only. Let us refine and rejoice in the communal trust and well deserved democratic proficiency. ***Let us do our best to hoist, not foist. Let us help not hinder. Let us be good stewards of one another's freedoms and rights.*** The work of the world is accomplished in specifics. Sahome supports the democratic process and the involvement of citizens to voice their sentiment. Sahome wants us to be governed by the rightful role of the legal system!

**Eighth:** May we choose a healthy lifestyle. We can avoid a public health crisis in cardiovascular disease, heart trouble, diabetes and other chronic conditions if our diet consists of “eating fresh” based on whole natural foods. We need to eat fresh by choosing to eat what has a lesser-specified ingredient list; i.e. fresh fruits and vegetables. The promotion and over subsidizing of packaged grocery processed foods, with all that salt, sugar, additives and preservatives, can cause us to over consume on poor choices. Much is imposed upon us for commercial gain and for convenience sake. Because of societies rapid pace and hectic schedules, which can lend themselves to eating starchy take-outs, fat filled salty menu items, and sugary drinks, ***we must be cautious about our eating highly processed fast food and eating “on the run.”*** A poor choice of food and impoverished diets can be a major hindrance to our health and well being. Ill health can mount up in direct costs to impoverish society long term. May we avoid the propaganda, news and views, and advertising meant to hype and titillate us to defy good sense in what we put into our bodies. We are far better served and better off if the mass media will restrain the froth and frenzy of product promotion and life style indulgence, which can distort the focus, we should have, to sustain good balance and health in our lives. We want to stem the repercussions, the debilitating health consequences, disability and lost productivity that poor diets can cause. We want to encourage vigorous,

healthy, life affirming healthy habits, which creates amplexness. Sahome wishes good health to all of us. Sahome supports good nutritious diets and the proper maintenance of nurture for body mind and spirit!

**Ninth:** We need to quell the devious, dubious, denigrating scam artists that seek the quick buck by deception. We, all, need to ring out ‘get rich quick schemes’ that take ill advantage of the unwary. We need to shape shareholder capitalism around greater oversight to curb rampant risk, greed infused manipulation and speculation that can distort markets and commerce. Greed, lacking heed, leads to misdeeds. Simply said: Capitol spending needs to reflect the best interest of investors, suppliers, employees, and consumers. This is the root to amplexness. Sahome supports the upright use of competition and the fostering of values that build a vibrant free enterprise system!

**Tenth:** The threat of antibiotic resistant bacteria is a worldwide precipice of cataclysmic proportions. The plagues of diseases that cannot be managed by known medicines or medical treatments, or prevented by current drug therapies, pose great hazards to humanity. We don’t want to defeat the careful protective defense antibiotics, in current use, offers us by their overuse. Pathogens are all around us. We need to live circumspectly so that nature and our remarkable immune systems can function optimally. Too much of a good thing can do us in, when it comes to over medicating ourselves. Let us reign in prescription drug abuse. Let us live resilient, hale and hearty life styles, without sub servitude to sedatives, antidepressants and mood altering substitutes for just clean living. Substance abuse is self abuse. Let us enjoy our life clean and sober. We praise everyone who has become clean and sober and rejoice in the amplexness that also comes from being clean and green, and clean and tidy. Sahome supports every effort to rise above substance abuse and that fosters clean resilient living!

**Eleventh:** Public decency is all about good character expressed in kind living. We are learning decency from one another. What is essential is often invisible to the natural eye. Human goodwill and love, from the heart, can prevent much aggravation in this world. Much of the turmoil, disarray and the death grip of war and conflict could be remedied if the sentiments of society were just and fair in all regards for all people. ***Sahome gives thanks, with great appreciation, for everyone’s positive contributions to the tranquility we all share.*** Thank you, thank you very much. If, through diplomacy and the spirit of mutual benefit, we can put the industrial military complex in the hands of peacemakers then we will be more apt to replace confrontation and combat with the salutation of goodwill and understanding which sets the conversation around the grace of goodwill and the love of peace. There-with we could turn the whole wide wonderful world into a show place of beautiful places for sight seeing and the plentifulness of local treats. We would choose, afford and underwrite sustainable



environments; clean water, clean air and a nature-honoring high quality of life for all living systems and creatures. That becomes true *ampleness*. Sahome supports a living planet based upon human care and goodwill!

**Twelfth:** In a modern hydrocarbon society based on ever diminishing finite resources, we are on a trajectory that leads to scarcity long term. Only in the pursuit of photovoltaics, the promising bloom box, plasma gasification and technologies that avail us to use the energy of the sun, the tides, and the wind for power generation, can we best bridge to the clean energy future that we need for our children and their children. Our natural reserves of exhaustible fossil fuels bide us time while the human mind works to invent it's way forward to the eventual breakthroughs with such key progress in the development of fusion, hydrogen based transportation using light strong durable carbon fiber and increasingly proficient grids to transmit and transport electricity. We are excited about the developments that make the electric car, hydrogen car, compressed natural gas car viable to moderate air pollution. We are happy for conservation and the wise use of clean industry in cleaning up our lakes and rivers. This world is gorgeous and ample to our needs. Just as clean water forms the blood vessels of mountains to sustain human life, may we bring the mediation of renewables to provide our energy wants for achieving bright, prosperous tomorrows. This will continue the *ampleness* we need to build our future with. Sahome supports the worth of renewable energy sources and their use and development to safeguard our environment!

**Thirteenth:** Symbols set the tone for devotion. Because we are pattern seeking beings, we respond well to reoccurring holidays, festivals, commemorations, celebrations and traditions. Their strength is in refreshing us, fortifying commitments, hallowing principles, restating service, building memories that help people to gather their resolve, their allegiance, their best strength to produce ongoing real benefits. Folklore can become our guardian as we seek, anew, to face life's challenges, giving us examples of service, courage, wisdom, and tenacity. Such symbols and events add great ampleness to life. They set the tone for the rules, in life, to guide us. Sahome wishes 'good rule keeping' to all of us for *ampleness* sake. Sahome supports all aspects of culture that dignify human well-being which does foster delight and joy!

**Fourteenth:** In recent times over 1.5 million Americans have lost their homes due to foreclosure. Much of this can be contributed to job loss due to down sizing, restructuring and globalization. This may necessitate renewed job training in order to fit the current existing job market. Recruiting requires us to get qualified to handle, with expertise, readjusting current conditions. The way to proceed out of stress and duress is to embark on a life's scenario that compliments both our personal strengths with the strengths of the marketplace. This needs to be a

team endeavor. “I help thee and thee help me, and we ascend together.” May we patch up the loss and lack within society and build **ampleness**. Sahome supports retooling and retraining so that we fit the ongoing needs of a vibrant society!

**Fifteenth:** Personalization streamlines our empathy, employability and emphasis on our worth to others. As we become commercially viable and personally satisfying in our care and caution for one another’s happy best outcomes, we will find that our talents, interests and skills will put a zip in our step, a smile on our face and confidence in our presentation. By matching positive attributes and efficiencies to the individual, we benefit, build and nurture business ventures all around the world that are to the credit of employer and employees. In Sahome, we want to expand upon the qualifications of all employees to increase job competence and mutual satisfaction. “If you love what you do, you’ll never work a day in your life.” Sahome supports a mutually gratifying work, service and community environment in which all are honored and can thrive!

# *Sahome's Final Power-Point of Light*

*Light shines best where there is no hindrance  
to fulfilling one another's goodness.*

## THE DOWNSIDES

We just can't pass a law and solve, or bring good solutions to all of the world's problems and pills don't kill all ills. Life required us to be compliant, observant, encouraging with a hope for successful outcomes, so that we embolden ourself to fit the norms necessary, which the edified life required. We are to be inclusive and celebratory of our better mutual progress. It makes no lasting sense to be our own worst enemy. When we dig in our heels, defiantly resist change for the best, shrug off others criticism and helpful advice, give no heed to the guidelines for useful self management we can set ourselves up for fatigue, faltering and failure. Stubbornness, resistance to heeding good rules, good council, well intentioned critiques can stunt our progress and pose threats to our lasting joy, and integrity. Perverseness can cause us to defy the positive around us. With perseverance we rely upon life's potential for our best good and benefit to be realized and fulfilled. Being obstinate, a foot dragger, defiant or rebellious only hurts the consistency of growth and the permanency of progress, that eagerness can build into our everyday pursuits. When we resist remedies to our problems, through our bad attitude, habits, or disposition, we can set in motion the end game of dead ends. Belligerence entraps us. Self imposed limitations, that stymies our honor, or receptiveness, our openness to self betterment, shrinks adequacy and advocacy for our future well being. Sad and bad repercussions, from being impervious to growth in the virtues and values, discourages noble conduct and can be suffocating. Vileness can steal and choke off our promise and joy. Vindictive pride, pompous pride can easily get in the way of our realizing what is grace sustaining. Pride can stagnate into a self shrinking malaise. How we measure us is how we will be measured. Let's measure up. If we elevate the ethics, culture and practices, to build society as a virtuous whole, by our noble conduct, we become founding members of a better world. We are each to be cofounders of excellence in achieving our mutual fulfillment. *"I lift thee and thee lift me and we ascend together!"*

*This wish for our mutual fulfillment in achieving  
the excellence of the soul is Sahome's final wish  
of light to each and every one everywhere!*



## Summary

If we are going to end qualor, mend harm and helpfully lend a hand then we are going to need to turn the judicious into the auspicious. Let us build all the profitable, fortunate and favorable, into everyone having all the omens of kindness and success. Let us purge out insufficiencies. Let us turn away from the scurrilous and the frivolous and bank our effort in the prodigious. Let us not abrogate our responsibility to one another's best good and benefit but rather ***live the underlying truth of our benevolent true nature.***

We belong to all that is good and noble and promising in one another. Let's let the rambunctious turn towards abiding blessedness that bespeaks ampleness, not contemptuousness, but move to continual helpfulness. Let us buckle down to doing business with full integrity of mind and action without unsavory distortions. Let's not let the garish or lurid, around us, halt or defeat us. A society, better relishing the beautiful in all of its seeking, is seeking the ideal.

Remember, the enemy in this world is dissension, harboring ill will, strife, contention and discord, because they distract us from having the peace that comes from enjoying one another, as we should. In order to create the abundant life we need to overcome selfishness and conflict which are corrosive to tranquility. Violence begets violence. Hostility breeds contempt. Harm hinders and hate brings on havoc. It is because of our vanity and vain ambition that we can dismiss another person no matter who they are, what they look like, or where they came from and do so disparagingly. The antithesis to discrimination, belligerence, contempt and pridefulness comes with high mutual regard and good will. By holding rescue in our hearts, as the vibrant relevant way to interact with other people, this will help us accomplish ampleness and avoid life's folly. ***Mutual regard and service is what connects us all.*** We are alone without them. Self actualization, personally and collectively, depends upon how well we care for one another. Sahome supports every worthwhile thought and action that elevates and honors the human condition!

May we conquer the unscrupulous by setting our sights on being true and generous. May we maximize our better nature by founding it upon a self awareness built upon virtuous self development and self refinement. May we build upon that ampleness of inner peace which makes life better for us. May this be our Sahome adventure for our grand future together. This wish of Sahome, for our ampleness, is for each of us to reach our full potential and the soul's full might and delight.

*Here's grace to us and all we can become!*



# *Our Plan*





# The Plan

*Offering a new, fresh, innovative approach reflecting positive change:*

Our plan is to learn the value of novelty. Novelty can highlight both agility and obligation. Our unique commitments form our connections to living well in this world. Some fresh ideas may bring us closer to the peace we are seeking. The great trouble we face in this world is the trouble of false assumptions. Some false assumptions are: “I’m better than you.” We need to creatively surmount malice of forethought by honoring the distinction, originality and validity of everyone. Novelty is our love code. Love is the best we have to give. Love helps us to make a date with destiny. Love forms our life’s support system. Love helps us fulfill the divine perfect pattern to receive all blessing and all joy. Love forms that perfect pattern that lies within us. We just need to develop it fully, by full acceptance of nature’s novel creations around us and in us. This is our plan for amplexness.

Our job is to cherish everyone for the love that they can offer to the world. We do this best as we try to surmount racism, poverty, militarism, shaming, or prejudice by building creative courage in everyone, which uplifts the human spirit. Our job is to rescue and redeem from flight and blight the whole of humanity and not just be passive consumers. We can do a lot more if we will just listen to one another, hear one another’s hopes and dreams, needs and satisfactions. This will establish a bond that overcomes sordidness so that we live a non-violent coexistence so we don’t become susceptible to a violent co-annihilation which can take many forms of destructiveness to both mind, body and spirit.

Art gives us a **voice**. Religion gives us a **voice**. Science gives us a **voice**. Commerce gives us a **voice**. Service gives us a **voice**. Family life gives us our first **voice** to share our unique feelings, aspirations and observations. May we honor that **voice**, amplify on its usefulness and build its goodness to overcome blight and fright and plight. May we **voice** the honorable choice.

We are all flawed human beings – a work in progress. **Any lasting change has to be beautiful.** Optimism lifts the human heart to new heights.

We live in an age of convenience that has leveraged human capital management to a very sophisticated level of diversification and specialization. It has brought the benefits of regionalism to better globalism and spelled success for the masses worldwide. We can be grateful for the great technological trends of our generation that have built upon our strengths and nurture worldwide cooperation, coordination and collaboration. By using these well, we don’t prey upon our weaknesses but build upon our strengths, may our best effort work for the greater good. The greater good is amplexness for all.



*What are some vital reference points, that we need to live by, to have this Ampleness? Here are seven reference points that deserve our due deference to embody Ampleness:*

## REFERENCE POINT A ☞ POSITIVE ATTITUDE

When we humbly, fearlessly and courageously are determined to do better and be better then we transform our difficulties, sorrows, and suffering into stepping stones towards growth. They don't become impediments and stumbling blocks that block our growth. Resentments only tense us up. If we press on, in spite of setbacks and troubles, then we become firm in our resolve, desiring to let life's struggles and trials mellow us and mold resilience and vital initiative into us, then we can realize our best possible life and it's best outcome. All suffering is meant for the refining of the human heart, with humility to receive the grace of life. May we bury our weapons of rebellion, resentments and hostility and take on the helm of hail and hearty hope and courage.

## REFERENCE POINT B ☞ PREPARATION

We all are deserving of attention to our needs. The definition of life is that which needs to be nurtured. We, all, need to be loved, defended and accepted unequivocally. We all deserve to have our material, physical, and spiritual needs met and safeguarded. We should prepare to fulfill our needs on the level of our best good and benefit in order to honor the life force within our being. *We also should prepare ourselves, by our appreciation, humility, and discipline, to respond well to others kind attention, as they help us meet our needs.* There are so many wonderful people doing so many right things to make the world a better place to live in for all of us. We give thanks for their grace and goodwill. With a hallowed heart, we can hasten the harmony we desire for our life and it's optimal happiness by helping meet others needs in an honoring way. May we realize all of our best prospects by meeting needs with keen preparation, and a loving heart to do good.

## REFERENCE POINT C ☞ PURPOSE

Our concern, support and nurture to one another takes on a fuller dimension when we do it with a lofty purpose. We want to bless! We want people to fulfill the measure of their creation and have joy there in! We want people's self esteem to shine! We want people free to excel and use their God given talents to support and esteem themselves and others. As we help people to fulfill noble purposes, we transcend suffering, and we build hope. Hope comes from being valued. That is our job. *Hope and purpose builds ampleness.*

## REFERENCE POINT D ☞ PROPRIETY

We need proper propriety to be our priority. We respect one another best when we conduct our own life in a fitting suitable manner. Our decency, seemliness, and correctness, to accepted standards of behavior for a polite society, honors us all. Living right proportion means that our possessions are not our priority, but serving the common good is. Propriety is prosperity.

Life is to probe peace and harmony to build world order. With tit for tat, peace falls flat. The great drawback and setback that becomes a deadlock to attaining inner peace and world harmony is trying to get even for wrongs done to us. Grudges are discouraging and disappointing to ourselves and disappointing, likewise to those around us. Grudges are disheartening and deprive us of courage. We want to be survivors not victims. The first obstacle is in our own mind. Our mental disposition should best suit being true to our moral code, (which bodes well for us becoming energetic, not cynical) about doing good works. Our moral code is shaped by what honors us and honors others. It is what we can love, do, and hope for. Morality consoles our grief. We grieve as deeply as we love. Morality overrules meanness, violence, cruelty, war mongering, sexual abuse, domestic violence, or making rude comments or insults. We are discordant when we debase or discount others. ***Our moral code is the amplex we live by, which dignifies our life and each life.*** A right attitude, with correct information, always improves public policy and personal decision making. It is all about being well informed, well intentioned and well prepared with right priorities, around the propriety of goodness.

## REFERENCE POINT E ☞ PLAY

It has been said that we get old when we stop playing. True play is less prescriptive and routine and more expansive of our knowledge, our skill and our positive influence. Play, at it's best, reflects a creative learning curve. Creativity takes effort. The best toys, for children, are those in which the child, with the knack for being informed, can creatively guide the toy rather than being led by what the toy requires the child to do. In this digital age, the recognition of so much information on touch screens; which gives so much reward for so little effort, needs to beckon our greater input to fulfill a learning curve. What we wisely choose and develop for ourself, best shapes our own development. True play should be sensory elevating, mind stimulating, insight broadening and less a moneymaker. Play, unfettered, can become an unscripted adventure, which explores endless possibilities and allows for "make-believe" to be part of the making. The best toys can be transformed by the player. We want children to not be so overly stimulated by gadgetry that it robs their right of prerogative to make something out of seemingly little or nothing. We want all of us to play in a fulfilling way. Happy play is learning what opens and engages our imagination and, most of all, all of our senses to know joy, freedom and awe. This may well restrict over commercialization of entertainment, but rather accentuate a commercial free childhood for our children. Play doesn't always serve our best interests when it manipulates us to make a profit. Recreation does not have to be lucrative or a moneymaker to be valued. When we only resign ourselves to posh commercial settings, wearing premium labels, living in the fast lane of fashionable fast food, glitzy spectator sports, and couch potato TV fare, we can turn out to become depleted in realizing our own intuitive imagination and initiative.

We need to support all upright forms of creativity as our common cause. That will require inclusiveness of the full marvelous breath of personal choices. If we are to overcome single track narrow thinking, that only sees things prescribed by the sales table or the media link, we can become self limiting. In a world that derived its strength from transparency and diversity, we are best embraced when our personal precious prerogatives, privacy and initiative are honored. ***Noble souls, noble goals, is Sahome's aspiration and dedication for all of us!***

## REFERENCE POINT F 🌀 PREEMINENCE

When we encourage excellence we encourage individual valor. When we encourage individual valor, we are focusing on best personal diligence. We want individual valor to prevail. We can prevent the herd mentality from scripting our own right of decision making by vigilant concern for our own valor. We are, all, varied yet desire to be strong, vigorous in body, brave and valiant in spirit and bold in healthy effective living. Worthiness in mind and heart is the hallmark of sound mental health. Life teaches us to better manage our work and family, money stresses, childcare, elder care, and civic duties by personal prudence and protocols of courtesy and kindness. Thereby we develop our own self confidence about body image and body upkeep that contributes to mental stability and a healthy self image. We are responsible for the healthy eating and exercise we do and for creating the healthy mental attitude and environment we live in. ***May valor unite us together.***

## REFERENCE POINT G 🌀 POISED FOR PEACE

The urgency is to realize inner peace and to earnestly foster world peace. As we reach out and help support the disposed, the displaced, disenfranchised, the despairing and the disheartened, we find solace in being a part of solutions. We find that the way forward is made clear and more accessible by our positive active input.

We help reassure others to pace themselves, by being trustworthy, clean and sober. We disrupt inner peace by the promiscuous use of prescription drugs, sedatives, or stimulants which can become crutches that hinder our amplex of soul, because they rob us of our own “can do” self reliance and self resolve. There is a lot of bravado about mood altering drugs, but we don’t want to punish the body for emotional reasons. ***Do no self entrapment!*** We want the self to be self instigating and intact to feel the joy, the mercy the honor and the awe of a life brimming with the excitement of self discovery, self mastery, and self contentment. We want to “Be more of who you are!” as Oprah puts it. And as the Kahn Academy says it: “We need to take the passivity out of the classroom.” We want our life to be full on and on the level. Such a tactile engagement throughout life, can fulfill our best potential to be a real person of worth and promise. As long as we make right choices we progress. Right choices lend themselves to creating a culture of excellence and peace. Then we are not suffering from lost ground fraught with disparagement, doom and gloom and discouragement. We become bright, unhalting in our enthusiasm, ambition, and excitement in our grand humanity, as we address our needs and everyone’s needs for practical dignity as necessities. Such an embrace of peace and goodness brings us closer to our loved ones and to our world.

*Sahome wishes everyone  
the light of a glorious life!*