



— The —  
*Up & Coming  
Stance of  
Sahome*

**THE  
WORLD HAS  
IT'S BALANCE  
AND WE NEED  
TO HONOR IT!**



Creating balance is  
*The Use of Sahome*

*May we use Sahome* to clarify and bring clarity to problems, issues, opportunities, challenges and needs worldwide.

*May we use Sahome* to carry out reforms, by remembering that people solve disputes, dispossession and difficulties, by cooperation in a way that solves problems, with love and compassion.

*May we use Sahome* as a bottom-up approach, grassroots upward,  
to put an end to cruelty and recklessness or any demeaning and bullying behavior,  
to increase and honor individual prerogative, ability and stature, with reverence,  
to accentuate full participation,  
to prosper and provide for the needs of the under trodden and under privileged — so we all prosper.

*May we use Sahome* to focus on projects to serve people so that, through serving people in a thoughtful helpful way, right around us, we all thrive more alive, meeting one another's needs with honor and loyalty.

*May we use Sahome* to help insure that the flow of capitol is put to proper use and follows highest obligations, for the common good.

*May we use Sahome* to uplift everyone and bring refinement of attitude and action towards peace and stability in the community. Thereby we can foster global good governance in the community of nations, and foster homage for nature's bounties.

*We all have  
something to prove!*



*The more  
we accomplish,  
The more we can  
accomplish!*

*We are the hope of  
Heavens to come!*

## *Sahome Seeks the Balance of Peace*

**W**ar leads to entrapment. It drains resources. It is obscene in the useless slaughter of good people and the destruction of property and human enterprise. Being belligerent is no way to counter belligerence. We can't bomb knowledge or moral know how into people. Being truculent, ferocious, and harsh only is answered by a rude mean, scathing retort. Tit-for-tat, keeps on-going the trudge of a grudge making life maladjusted and unmanageable. Initiating peace by diplomacy puts all people at less peril so people are not devalued or caused to be disposable. ***Peace making is the ultimate vigilance to be found in the human character.*** Peace making gives us access to a more dignified independent life. Peace making gives greater equality in gender roles, more completeness and refinement to our relationships. ***All good is developmental.*** It requires effort. The goodness we seek to live by puts love ahead of contempt as the counter narrative that will ennoble us. Peace and goodwill are co-valiant bonds that underlie a healthy society. We need acceptance of our own needs to get peace, so we can set a positive path and keep on walking towards the light of self refined resolution. It is embraced by the practical. Peace puts food on the table! Peace puts solace into our soul! Peace seeking appeases, disarms hostility, settles disputes, and calms and quiets aggravation and grievances or angry retorts. Love secures peace.



# *Sahome's Business Plan for Balance is about going forward to build peace:*

## **Sahome...**

is a concept and a precept to advance the worth and wellbeing of the human family!

## **Sahome...**

is a practice to achieve the noble and the worthwhile in all human life; to increase peace on earth!

## *Sahome is a movement of improvement!*

## **Sahome...**

allows for and encourages “do-overs” and “make-up-fors”!

## **Sahome...**

is to unite us on a higher level of mutual understanding that supersedes what divides us!

## **Sahome...**

helps us guard against the grievous, the pernicious and the capricious!

## **Sahome...**

is a comprehensive plan to crowd source for benevolent outcomes and to mend hearts, end harm, and lend a hand making friends, using flexibility and hospitality to worthy ends!

The out-reach of Sahome builds peace and compatibility, so we are able to do the preventable, to overcome the malice and mischief of death dealers, by positive means, and be villain vanquishers, by a positive approach to build moral maturity!

We want to always see how smart and enlightened we can be, so we can spread goodness, healing and grace worldwide!

Because no one is ever aged out of solutions as long as we live, Sahome believes in solutions. Solutions are constantly on the way. As we help support solutions and build victories, our noble cause will bring Sahome to all the world!

**Sahome...**

is a code of universal goodness. We can all be a part of a caring charity that puts donors and activists together, so we don't have to be alone in our giving. ***United we stand. To one and all we belong in helpfulness!***

**Sahome...**

encourages us, all, to be vigilant in living the virtues and saving graces so that they comprise an honorable life. The end result is that "We love life"!

**Sahome...**

is honoring many voices, many worthy choices and all that can honor balance!

**Sahome...**

unites us in the pursuit of moral maturity and world peace, helping to make prosperity available to all!

**Sahome...**

wants to extend everyone's out-reach to further everyone's helping hand!

**Sahome...**

wants us to bask in the blessings of others unselfishly. So that we, all, sustain life's durable equitable edge!

**Sahome...**

wants to coalesce with others, together, in worthy enterprises as "means-makers", to promulgate prosperity for posterity!

**Sahome...**

wants to leverage forward 1<sup>st</sup> responders to those suffering hardship, handicap, trials, and privation to help put everyone's faith and faith path to the best use possible!

***Sahome is efficacy!***



# *Sahome wants the younger generation to have hope in the future.*

*We all have to do our fair share.*

**S**tress refreshes our fortitude and liberates our hope. Let us not disconnect from stress or struggle, by self-abandonment, but rather connect by taking on durable strengths of empowerment. Disconcerting stress and the duress it can cause heightens fear, frustration and panic unless we open to all openings for constructive growth development and helpful initiative!!

*May we remember that stress can  
become cumulative, but so can progress!*

In this world we can't be spared from grief and affliction. Life was not meant to be trouble free. The lessons of life are learned against resistance and struggle. Up against the daring realities of sickness, ailment, injury, misfortune and mischief, we need to create constructive openness to increase significant moral meaning that betters our circumstance. Faith and fortitude can provide the joy that is waiting for us. We just need to find it and live it.

***There is the seed in every set back and every reverse of a future, forthcoming, greater victory.*** Optimism is our contribution to each moment.

May our choice be to supersede and succeed over the panic, depressions and desperation of stress; and turn it to our advantage and useful growth by wholesome improvement.

May our choice to live life to the fullest be based upon living a wholesome balance between work, play, amusement, rest, proper nutrition, and the joy of exploration that expands knowledge and service.





## Question

If Sahome wants the younger generation to have hope in the future, how do we do that? We cannot suppress duress and the stress of life lived in a frail world. Our sorrows and suffering persist with withering sadness and reemerge if they are not handled graciously, hopefully, expeditiously and exactingly. Only until we engage and disengage from our hurts constructively, will they subside. Only we can give ourselves permission to lay them to rest fully and finally.

We can always self-correct and improve our way out of our difficulties. Trouble was not meant to leave us where it found us. Troubles help us differentiate our powers. Stress disturbs our focus. May our supreme effort be to sustain the good sense of self-improvement by establishing sound goals and seeking solid solutions that we can believe and in tune ourself to. We want to harmonize to the rhyme and reason of rigorous righteousness. Stress can bring out the worst in us unless we counter it with honorable practices and priorities. We have to conceive and believe in remedies and remedial action and hear our self enunciate them in a way that gives aspiration a voice, our voice – that can convey moral meaning even in stressful times, places or moments. That way we can give life greater moral meaning and serenity, validity and distinction by embracing love.

***In this world we can't be spared making our share of mistakes.*** Life, in this world, is made up of trial and error. Our job is to learn and turn life's trials to our wisdom, foresight, and increased knowledge, compassions and ability. We all have to make peace with perpetuity – with what works in the long term. Our best permanence emerges and operates enduringly when it replaces any constant nuisance with constant grace, by willingly joining forces with the fostering, flourishing, and prospering, at its best, all around us.

Humility is done in modesty, without a sense of impetuous entitlement. Thereby we won't preempt the stages and steps of development in the accruing maturation process of maturity that will inculcate moral clarity and dexterity into our souls. It is one step at a time, one hurdle at a time, one challenge met favorably and affirmatively at a time. Each success can build upon another and another's successes. We, all contribute to progress. We cannot take progress for granted. Each stride forward is diligently deserved, and may be hard won. ***No one said it would be easy, they only said it would be worth it.*** Moral maturity was not meant to be accomplished chiefly at other people's expense, but with other people's forbearance and behest. We are in it together to earn our way forward!



**W**e begin by doing one thing for someone, that we would like to do for everyone. This will become the love that puts purification into our life, and we will move away from a culture of anxiety into a culture of replenishment.

All great adventures require time. The content that we put into our time is the spark plug that becomes our rising star. Sahome wishes our rising star to take us far into such an amazing transformative future, so that we can each write our own page on the history of mankind with distinction. We can give whatever we've got to give and live honorably by what we do today. By our initiative, which will create our set point for all of our future, may we seek our next purpose and our brightest future, in the gifts we give to one another. This is Sahome's hope for all of us today: *Living moral meaning to give life proper balance!*



*Creating balance through upholding noble moral meaning is the stance of Sahome!*



*Sahome wants everyone to receive the  
righteous desires of their heart!*



*Sahome  
is an embrace of  
Moral meaning!*

*Moral maturity sustains balance in our lives.  
Balance takes patience and requires practice  
to achieve. Sahome wishes the balance of moral  
maturity to bless all of our lives.*



## *Moral Maturity Is Ours to Have*

**M**ay we move towards the happiness that moral meaning brings us and away from spite and retribution. Our future lies in the balance we create. Moral meaning gives us the preparation to live a happy life. Moral meaning brings grace and mercy to us that opens the heart and blesses the soul!

Living with moral meaning means that we are less apt to be distracted from our focus and be less misdirected, make fewer mistakes, and be less apt to hurt or hinder anyone. Let us live proper prevention by living the grace of moral meaning.

Living with increased moral maturity in our lives helps us to be more fit for Heaven's kingdom so we do good and live without discombobulation:

**We are not to squabble,  
Not to quibble,  
Not to dawdle making mischief,  
But to live the ampleness and soulfulness of grace.**

It takes faith to proceed to live moral maturity, to embody valor, to excuse ourselves and apologize when we have wronged someone, to build peace and acknowledge others worth and to build their wellbeing.

*Faith precedes the miracle!*

In truth we must find the moral meaning of our life. With moral maturity solutions are constantly on the way!



## *Moral Maturity Embraces*

**These 12 points of light:**

- ❖ Mutual love
- ❖ Mutual honor
- ❖ Mutual mercy
- ❖ Our truth
- ❖ Our honor
- ❖ Our service
- ❖ Moral maturity
- ❖ Ultimate belonging
- ❖ Self success
- ❖ True perspective and balance
- ❖ Tolerance
- ❖ Hospitality

These points of life lead to compatibility which informs and enlightens compatibility in the spirit of life enrichment and enhancement.

*We are power bearing beings meant  
to embrace, live and inhabit moral maturity!*

Initiative is the threshold to achieve balance. To avoid desecrating, discrediting distractions we must –

**LOOK:** *Look = Leverage the Moment*

*Observe*

*Oversee*

*Keep Watch*

Please help everyone to be on the path to develop moral maturity!

The first moral meaning for balance is: weapons alone will not bring peace; but determined diplomacy will. Grace, tolerant compassion and goodwill bring peace!

*Living the Balance of Moral Maturity is*  
***Our Gift to One Another!***

*Also moral maturity is our best  
gift that we can give to ourself!*

***Moral maturity's first gift is Compatibility!***

**W**hen we change from conflict to compatibility we rise above anything that can incinerate and ruthlessly insinuate violence. ***Our place, in time, is to build mutual appreciation and admiration for all life!*** One of the jobs of government is to build and foster our resilience and compatibility. Building upon this footing, worldwide, we will move towards a peace agenda, not a war agenda. ***Our joy will be in the observance of mutual love, mutual honor, and mutual mercy.*** We will move away from the obscenity of war, and its destructive impact upon our minds, hearts and environment, to transpose into grace and hope, in which every life is helped and held in infinite value.

With compatibility, the solution to pollution begins at our own front door. A culture of prudence and thrift, which reverences resources, will best deter waste and build our prosperous future. By living with respect for nature, with a regard for the balance in creation, leads us to the joy of discovery in the majesty of all life and its proper contribution to our thriving and happiness. ***Appreciation is the bountiful and benevolent path to compatibility.*** Compatibility is the remedy to strife and turmoil. Compatibility enlarges the streaming light that comes from our heart to bless and bestow goodness upon one another.

***Heaven's gift is to help us reach our full potential, given to us to be exalted. Compatibility builds our ability to realize and achieve our full potential for joy.***



# *Moral maturity's second gift is Adaptability!*

**O**ur destiny does not end on the day we were born. We are adaptable creatures. We can rise above our circumstance and prove ourselves worthy of life's greatest opportunities, joys, and achievements. ***Our will can take precedence over predicaments.*** Trials and uncertainty come to all of us but with a love of life we rekindle our faith in the abiding nobleness of principle and ethical conduct so that our minds will not be blinded by deception, defeat, or derailment. We will treasure the path of triumph over trouble. Our true stewardship of stalwartness and staid steadiness will surmount all odds. The benevolent condition of the heart wins out over difficulty and defects. Our culture and conditioning may shape our outward space, but we have the last word on our inner nature. ***Adaptability is our gift to ourself when we live moral virtues and noble values.***

Adaptability is a daily quest. So that we don't bust self trust, we must lift ourself above what can elude or delude us, and rather rally to all the moral maturity that can include us.

***Let's let religious rectitude serve us well. Let's let discipline and discernment serve us well. Let's let education and training serve us well. Let's let kindness and grace serve us well.*** The mind is the personalization of the brain. It can adapt our experiences to positive change, which can best serve our needs. Mindfulness can advance the good in strengthening the family, the job site and the community when it comes from strengthening our creative best thinking.

*The task is creating unity out of diversity.*

*We can do it!*



# *Moral maturity's third gift is Accountability!*

**T**he future is not just a gift, it is an achievement of accountability to be resolute and responsive to. All the majesty, that the future offers us, may come as we educate ourselves with the virtues of a good life. May we take delight in our personal progress to help all to live beautifully, to receive the love of God and man, to live the nature of truth, to articulate what can emancipate the refined human character so we claim health and healing, and find the meaningfulness of service. May this become the fervor of our faith and devotion.

**Sahome wishes everyone the quietness of honorable self possession!**

- ❖ We can achieve this, as we are willing to assist; to ease burdens; to develop, improve and make more effective our efforts; to promote health and wellbeing, relieve, aid, remedy, alleviate, calm, amend, assist, advance, enable, surmount and sincerely benefit one another.
- ❖ We can achieve this as we are willing to give, to share, make sound effort, **produce good results**, set a good example, bring favor, foster kindness, and help produce and sustain harmony.
- ❖ We can achieve this, as we are willing to correct, balance, purify, change and adjust, for the better, to bring about the best solution to problems and dilemmas in our own lives.
- ❖ **We can achieve accountability through our bravery, diligence, obedience, cleanliness, reverence and valor.**
- ❖ We can achieve this as we are willing to refine our nature, endure without complaint, persevere, employ self control, and become more careful, watchful, cautious, thoughtful, accurate, prudent, by developing wisdom for best self management and balance.
- ❖ **We achieve this if all of our observances reflect love.**



- ❖ We can achieve this, as we are willing to not be easily provoked or angry, by being more tolerant, patient, sensitive, sensible, discreet, considerate and nurturing.
- ❖ We can achieve this as we are willing to be prudent: showing foresight, being careful, respectful, upright, honest, trustworthy, helpful, courteous, sincere, and show loyalty to everyone's best efforts and noble intentions.
- ❖ We can achieve this as we are willing to conserve, honor life in all its wonder, be frugal, chaste, fair, gracious, cordial, well trained and educated and willing to live a noble happy respectful life and want it for everyone.

From such a sound foundation of moral meaning, our life becomes more confident because we become more clearheaded, more firm in principle, more equitable in judgment, more true to virtue, more useful and helpful and true to our word. Life takes on blessed accountability when we are so observant, righteous and willing to live the dignity of fidelity to good will and wisdom.

Our lives are precious with the “promise of providence”, that sustains us, supports us, and sanctifies our efforts to our best outcome, as we are observant of the majesty of goodness and virtue and balance.

We want to apart of something bigger that ourself. What we own and own up to was meant to nourish us. As we rely upon meeting the requisite emotional, spiritual, and physical needs, that we all have, in a partnership and mutual compassionate companionship, that invests in one another's confidence, then life flourishes. We are good neighbors in deed. Our knowledge of one another's worth, nurtures us with faith in one another. We want exclusion to become inclusion. ***May the moral meaning of compatibility, adaptability and accountability help us all to maintain the maintenance of a just society.***

All that we have become from evolutionary biology, paleontology, brain science and technology is just the beginning of creating the robotics, artificial intelligence, and philanthropy of knowledge that will bring us closer to our fuller realization of the marvel of creation.

It is our opportunity to wisely choose to be all that we can be so we don't lose this bounteous future.



## *Arise*

**I**t is our joy to live the spiritual dimension of life by ever becoming more grateful, helpful, useful, mindful, and loving. If we have that drive we can survive and thrive. There is the seed in every setback and every reverse of a future forthcoming greater victory. Our problems become our benefactors when we use them to enlarge our capacity, skill and understanding. Improving upon our loss is a part of the legacy of our life. Loss of one kind or another comes to all of us in this mortal world, but as we risk to expand our perspective and reinforce positive character strengths, we build resilience, humility, perseverance and vigilance. These make up the characteristics of a successful life; much needed for planning and shaping a noble future. Out of living the profound depth of virtue comes the resourcefulness to achieve positive self resolution; which draws us to resources for solution to our struggles and troubles. Loss should not leave us where it found us. We are to evolve and mature beyond it. Therein is our future together; greater self improvement, self regeneration, self enterprise, self correction, self repair to realize self meaning.

*“Next to love there is nothing more convincing than suffering.”*

## *In the Lurch Do the Search*

**W**e are all doing capacity building. This requires moral inquiries to make the transitions and transformations that make us equal to our most noble potential. We are responsible to do self correction, to suffer our faults and failings and to turn our hurt by goodness into grace. Moral injuries can maim and distort our peace of mind and detract from our health. Stability is a craft like growing crops on a farm, fixing a car, or laying carpet. It is our choice to learn morality as a craft. The stability of morality must be learned. Stability comes slowly in tidbits and snatches made up of order, nurture, kindness and love. Thereby, with cleanliness and valor, we overcome scarcity. Morality cures stigmatization. When we feel in touch with the goodness in ourselves, so we can face our grief, even the suffering we feel over atrocities that we have seen, we can choose self improvement and mutual redemption. We don't succumb to self debasement but with self enlarging enlightenment, service, discipline and correction we can discover the wonder in our life which puts it to best use.

*Sahome wishes the success of moral maturity to all of us!*



# *Superlatives*

*“Those who believe and do good shall be in the meadows  
of the gardens; they shall have what they please with  
their Lord: that is the great grace.”*

— From The Holy Quran Chapter 42:22

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*“Strive that your actions day-by-day  
might be beautiful prayers.”*

— From The Bahá'í Faith

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*“Keep yourselves in the love of God, looking for the  
mercy of our Lord Jesus Christ unto eternal life  
and have compassion, making a difference!”*

— From the Judeo Christian Scriptures  
Jude 1:21-22

## The Beatitudes of Jesus as found in St Matthew 5:2-16

And he opened his mouth, and taught them saying:

Blessed are the poor in spirit: for theirs is the kingdom of heaven.

Blessed are they that mourn: for they shall be comforted.

Blessed are the meek: for they shall inherit the earth.

Blessed are they which do hunger and thirst after righteousness: for they shall be filled.

Blessed are the merciful: for they shall obtain mercy.

Blessed are the pure in heart: for they shall see God.

Blessed are the peacemakers: for they shall be called the children of God.

Blessed are they, which are persecuted for righteousness sake: for theirs is the kingdom of heaven.

Blessed are ye, when men shall revile you, and persecute, and shall say all manner of evil against you falsely for my sake.

Rejoice, and be exceedingly glad: for great is your reward in heaven: for so persecuted they the prophets which were before you.

Ye are the salt of the earth: but if the salt have lost its savour, wherewith shall it be salted? It is henceforth good for nothing, but to be cast out, and be trodden underfoot of men.

Ye are the light of the world.

Neither do men light a candle and put it under a bushel, but on a candlestick; and it giveth light unto all that are in the house.

Let your light so shine before men, that they may see your good works, and glorify your Father, which is in heaven.

\* The beatitudes form in us a godly nature of pure integrity through grace of character and credibility. They recognize that intolerance and ill-will seed contention, feed animosities, concede to cruelty. The beatitudes are about sustaining true well being, bounty, and abundance. They form in us a course to Life Liberation and **mutual blessedness**.

### For Being a Beatitude People:

Beauty is the imperative to live by. Joy is based on beauty and “man is that he might have joy.” **Beauty unfolds the Divine Nature within each of us.** When we express beauty our soul flourishes. Beauty pulls together our heart, might, mind and strength, making possible faith, hope and charity so that we will live in joy, wonder and meaning.

We shall have joy if we bless and prosper the poor, the suffering, the confused and the contrite.  
We shall have joy if we turn our sorrows and suffering to our wisdom, compassion and enlightenment.

We shall have joy if we preserve and are valiant in the saving graces.

We shall have joy if we hunger and thirst after righteousness, and truth.

We shall have joy if we are merciful and patient.

We shall have joy if we are clean and pure in heart.

We shall have joy if we are peacemakers and kindly reverence all of God’s creations.

We shall have joy is we rejoice and do all the best “Re’s”.

## *Become A Beatitude People* *To be fortunate, happy and blessed*

*Blessed are those who heed Jesus Christ and believe in his redeeming love unto the redemption of their souls.*

**B**lessed are the poor in spirit, the humble, the contrite, the poor in pride who come unto Me for they shall inherit the kingdom of heaven. These are they who are blessed by being repentant, correctable, submissive, and tolerant.

Blessed are they that mourn, who can mourn with others, who show empathy, compassion, and consideration for the hurts and sorrow of others ... For they shall be comforted, expanded, given a bigger reality... For they comfort us all and show us an example of the tender hearted.

Blessed are the gentle, the meek, modest, the circumspect who live to principle, and not just to expediency, with joy; who are responsible, for they shall inherit the earth. They shall subdue all mischief, help shoulder other's burdens and fulfill the measure of their creation and have joy there in. They follow God's good boundaries.

Blessed are they who do hunger and thirst after righteousness for they shall be empowered with knowledge and filled with wisdom, for they shall be enlightened by truth and righteousness to the understanding of all truth, virtue and value.

Blessed are the merciful, patient, the long suffering who endure peaceably, hold no grudge, pardon easily, have no malice towards anyone, show forgiveness and encouragement, for they shall see God...Know of His nature, feel of His nature, grow with His love and mercy.

Blessed are the pure in heart for they shall fathom God's purpose, for they shall see and know God for who and how He is...Grow to be holy, honest and show those traits of love. For their eye is single to God's glory and to the redemption of all mankind, and they will increase in His stature for they chose a path to become sincere and clean.

Blessed are the peacemakers, who are constructive without strife, courageous without conflict, who are champions of others well being, who reinforce peace and satisfaction, for they shall be called the children of God, for they will help rescue the human family.

Blessed are the burdened who are forbearing, the kingdom builders, for they shall find the Kingdom of Heaven within themselves as they build the Kingdom on earth with action. As the salt of the earth, they bear the brunt of others immaturities and endure reverses and deprivations with vision and dignity.

Blessed are they who consider earnestly man's perfectibility and eternal possibilities, who believe in, affirm and add luster, that all life be lived more abundantly and gain eternal life... for they shall establish God's will and promise, and receive all that He has.

## *Beauty*

The Aboriginal indigenous people have a saying:  
“The carrier of beauty becomes the bearer of happiness!”

Before, behind, below, above, all around me-  
Let that understanding which I seek in myself and my environment come to me in beauty  
giving knowledge and inner strength.

Now let me, as part of the now-living of all creation interrelate harmoniously and in  
beauty with all living systems.

Now let me, as contributor, leave others in harmony and beauty.

Let the physical and spiritual aspects of life integrate with the emotional and cognitive  
aspects of life in all four aspects of beauty.

I come from beauty,  
I walk in beauty,  
I know beauty,  
I go in beauty.

Now let it be that my stars, my sun, my atmosphere, my mother earth continue in beauty  
effecting my life and all life in a positive way.

Now let all the beauty in the Natural Laws be heeded by me.  
I was, I am, I am to become the conclusion of beauty...

So then let it be harmonious in beauty; let it be whole in beauty; as it was in beauty, let it  
be perfect...in beauty.

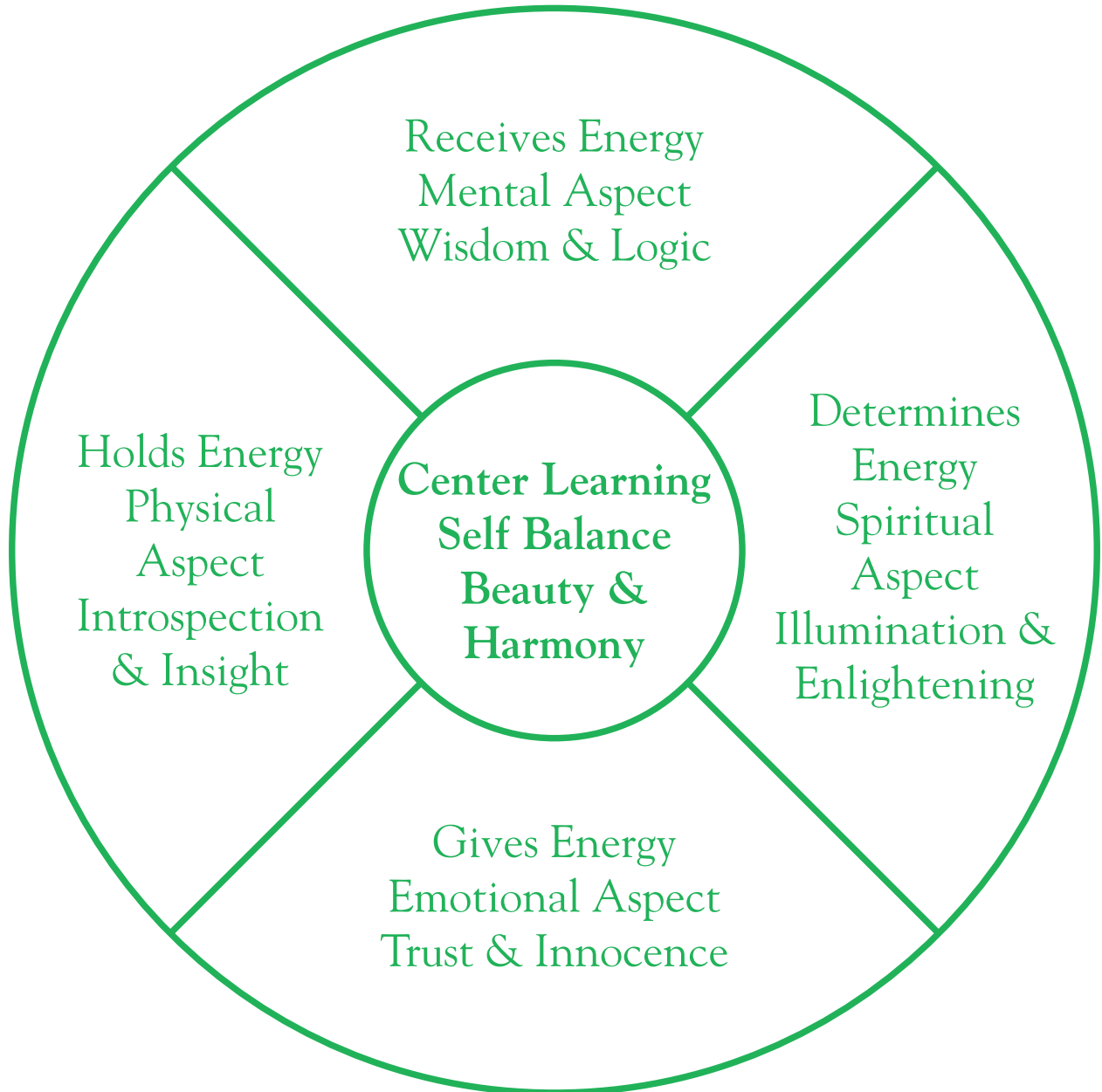
Hozhonadasdlii

*“I will walk the wind in beauty”*

The key: Beauty disperses and dismisses hostility- because it makes hostility become  
irrelevant to our lives. Beauty ends recidivism.

The Spirit of Sahome = mutual blessedness and *Beauty*

# The Indian Medicine Wheel



*Repeatedly, let's find a  
service project to do regularly!*



*Sahome's  
Conclusion*

*Let the spirit of Sahome be a gift  
that we give away near and far!*



## *Energizing Actualization*

**B**y virtue, we are best embodied in the particulars of the moment. The goal is to become articulate and sensitive to boldly embrace our life with confidence, clarity, and constructive care. Life is to be a configuration of compassion. Compassion is the superior idea that challenges all forms of injustice with moral maturity. Self actualization is ever the more evident in those who are willing to do the fearless moral inventory... embracing suffering that can lead to improved actions and thoughts.

*We want everyone to feel fulfilled  
and to feel good in the skin they're in.*

## *Overcoming*

**W**e all need redemption. There is an 'in-box' in every life that awaits love, forgiveness, respect, encouragement, and opportunity. Redemption is opportunity. Redemption indicates the direction we should go, the kind of person we can and ought to be. Redemption lifts us beyond the sedentary and the arbitrary and the contrary. Redemption inspires peace and goodwill. Redemption is impeccable in its impact upon our emotional hunger. When we help quench the emotional hunger in other people we tend to quench our own needs in a loftier way. We become a better coach, mentor, friend and helpmate, helping us all to make our way to make a better way in this world. ***We all can be devoted to remedy the unjust, illegal, and immoral in this world. We can overcome the gruesome, the stricken, the tormenting, and the harmful.*** We can build a future of refreshing common interest and common destiny as we overcome greed. When we want to supplant searching for self centered status with righteous stasis, we become our bold magnificent victory.

*This means: It takes courageous men to hand women opportunities to become all that they aspire to become, to realize their full potential.*

*This means: No suppression of the races (beauty, bravery and benevolence has many faces!)  
No self delusion or limitation (we are open to all opening of truth!)  
No desecration or indecency (bullying, backbiting, and belittling rob us of our humanity!)*

*This means: Increasing human excellence and the goodness of the soul.*

*This means: Living the Golden Rule (doing as we would be done by!)*

***Every life matters equally!***

**Our job is to serve the common Good and the Greater Good...**

## *This is the Practice of Sahome!*

*Sahome* brings hope to every soul. Hope comes from being valued.

*Sahome* brings love to every heart. Love comes from being believed in.

*Sahome* preserves and upholds joy. Sahome embodies joy because . . .

*Sahome* embodies the saving graces of kindness, honesty, gentleness, fidelity, diligence, and patience — all to protect humanity . . . and to do so through service that fosters everyone's best good and benefit which is the genesis of joy.

Every one of us can bring Sahome to tackle underdevelopment through the virtues of understanding, mentoring and nurturing. Sahome works in homes and churches; in shelters, detox, and convalescent centers. Sahome serves in prisons, halfway houses, treatment, correction and detention facilities. Sahome works in hospitals, clinics, schools, offices and business settings. Sahome protects wholesome civic life; and serves neighborhoods and communities world wide with witness as to the worth of each individual. Each person is of infinite value!

### **May we all lead by the virtue of compassion!**

*We cannot lead by pessimism*

*We cannot lead by disparaging others or mismanaging ourselves.*

*We cannot lead by disdain or disgruntlement.*

*We cannot lead by petulance or belligerence.*

*We cannot lead by casting dispersions or causing dissensions.*

*We* cannot lead by casting dispersions or causing dissensions.

*We* can only lead by love and the homage of appreciation.

*We* can only lead by noble motives, nobility of vision, and wisdom.

*We* can only lead with the sanctity of the heart.

May *We* lead by absolving, solving and resolving all the issues that confound the human family by reaching out to one another on the level of mutual love, mutual mercy and mutual honor.

As *We* live these fundamentals —

*We* counteract belligerence and deception by not denying ourself love.

*We* outgrow contemptuousness and the "entitlement of arrogance" by accountability.

*We* renounce provocations and vengeance by life-supporting benevolence.

*We* overcome godless sophistry and debauchery by the adventure of compassion.

*We* surmount inequities and insufficiencies by equitable justice and kindness.

*We* foster fairness so that fraud and foibles don't fester to a fury that fuels feuds. It is up to us — by nurturing big heartedness and empathy.

*We* avoid the deaths, dreads, and dregs imbedded in any ideology of fear and false security by giving credit where credit is due and giving everyone their just due.

*We* release from the bondage of past indiscretions by repentance, restitution, reconciliations and resilience. Any personal regeneration comes through feeling anguish with supplication to virtuous living

The practice of Sahome helps us end denigrating, deluded, deceptive behavior by thinking with all the vision, imagination and majesty that is Sahome.

*We want Sahome to be allowed into every human heart . . .*

### ***Our Grand Strategy is: Sanctity of Heart!***

**THIS IS THE DELIGHT OF SAHOME**

*In the spirit of living the balance of  
happiness made possible by a life  
filled with moral meaning*



*Sahome  
Wishes  
The best gifts to  
Everyone,  
Everywhere!*

